Ben Nock Limited

Abbreviated accounts

for the year ended 31 January 2010

WEDNESDAY

15/09/2010 COMPANIES HOUSE 177

Ben Nock Limited Registration number 03844187

Abbreviated balance sheet as at 31 January 2010

	2010		2009		
	Notes	£	£	£	£
Fixed assets					
Intangible assets	2		146,250		-
Tangible assets	2		166,399		
			312,649		-
Current assets					
Stocks		53,000		-	
Debtors		215,130		529,627	
Cash at bank and in hand		44,778		56,736	
		312,908		586,363	
Creditors: amounts falling					
due within one year		(161,267)		(148,471)	
Net current assets			151,641	-	437,892
Total assets less current habilities			464,290		437,892
Provision for liabilities			(15,491)		-
Net assets			448,799		437,892
			<u> </u>		
Capital and reserves	_		_		_
Called up share capital	3		2		2
Profit and loss account			448,797		437,890
Shareholders' funds			448,799		437,892
			====		=====

The directors' statements required by Sections 475(2) and (3) of the Companies Act 2006 are shown on the following page which forms part of this balance sheet

Ben Nock Limited Registration number 03844187

Abbreviated balance sheet (continued)

Directors' statements required by Sections 475(2) and (3) of the Companies Act 2006 for the year ended 31 January 2010

In approving these abbreviated accounts as directors of the company we hereby confirm

- (a) that for the year stated above the company was entitled to the exemption conferred by Section 477 of the Companies Act 2006,
- (b) that no notice has been deposited at the registered office of the company pursuant to Section 476 requesting that an audit be conducted for the year ended 31 January 2010, and
- (c) that we acknowledge our responsibilities for
 - (1) ensuring that the company keeps accounting records which comply with Section 386, and
 - (2) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the year then ended in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the provisions of the Companies Act 2006 relating to financial statements, so far as applicable to the company

These abbreviated accounts are prepared in accordance with the provisions applicable to companies subject to the small companies' regime

The abbreviated accounts were approved by the board on

25/8/10

and signed on its behalf by

Mr B D Nock

Director

Mrs R J Nock

Director

The notes on pages 3 to 4 form an integral part of these abbreviated accounts.

Ben Nock Limited

Notes to the abbreviated accounts for the year ended 31 January 2010

1. Accounting policies

1.1. Accounting convention

The accounts are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

1.2. Turnover

Turnover represents the total invoice value, excluding value added tax, of sales made during the year and derives from the provision of goods and services falling within the company's ordinary activities

1.3. Goodwill

Acquired goodwill is written off in equal annual instalments over its estimated useful economic life of 10 years

1.4. Tangible fixed assets and depreciation

Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows

Plant and machinery - 15% reducing balance
Computer equipment - 33% reducing balance

Motor vehicles - 25% reducing balance

1.5. Stock

Stock is valued at the lower of cost and net realisable value

1.6. Deferred taxation

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date

2.	Fixed assets	Intangible assets £	Tangible assets £	Total £
	Cost	~	~	•
	Additions	150,000	174,636	324,636
	At 31 January 2010	150,000	174,636	324,636
	Depreciation and			
	amortisation			
	Charge for the year	3,750	8,237	11,987
	At 31 January 2010	3,750	8,237	11,987
	Net book values	 _		
	At 31 January 2010	146,250 ======	166,399	312,649

Ben Nock Limited

Notes to the abbreviated accounts for the year ended 31 January 2010

continued

3.	Share capital	2010	2009
		£	£
	Allotted, called up and fully paid		
	2 Ordinary shares of £1 each	2	2

4. Advances to directors

The following directors received a loan from the company last year. This loan bore interest at a commercial rate. The balance on this loan was as follows

	Amoun	Amount owing	
	2010	2009	
	£	£	
Mr B D Nock and Mrs R J Nock	<u> </u>	382,777	