

REGISTERED NUMBER: 08060335 (England and Wales)

**REPORT OF THE DIRECTORS AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 SEPTEMBER 2014
FOR
BODY POWER FITNESS LIMITED**

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for the Year Ended 30 SEPTEMBER 2014**

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BODY POWER FITNESS LIMITED
COMPANY INFORMATION
for the Year Ended 30 SEPTEMBER 2014

DIRECTORS:

A Spurdle
Mrs D Spurdle

SECRETARY:

REGISTERED OFFICE:

Closefield House
21a Burley Road
Oakham
Rutland
LE15 6DH

REGISTERED NUMBER:

08060335 (England and Wales)

ACCOUNTANTS:

Presland & Co
Certified Public Accountants
Closefield House
21a Burley Road
Oakham
Rutland
LE15 6DH

**REPORT OF THE DIRECTORS
for the Year Ended 30 SEPTEMBER 2014**

The directors present their report with the financial statements of the company for the year ended 30 September 2014.

CESSATION OF TRADING

The company ceased trading on 31 March 2014.

DIRECTORS

The directors shown below have held office during the whole of the period from 1 October 2013 to the date of this report.

A Spurdle
Mrs D Spurdle

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

ON BEHALF OF THE BOARD:

Mrs D Spurdle - Director

26 May 2015

BODY POWER FITNESS LIMITED (REGISTERED NUMBER: 08060335)**PROFIT AND LOSS ACCOUNT
for the Year Ended 30 SEPTEMBER 2014**

		Year Ended 30.9.14 £	Period 8.5.12 to 30.9.13 £
	Notes		
TURNOVER		11,051	13,659
Cost of sales		<u>(68)</u>	<u>(3,760)</u>
GROSS PROFIT		10,983	9,899
Administrative expenses		<u>(15,643)</u>	<u>(20,142)</u>
OPERATING LOSS and LOSS ON ORDINARY ACTIVITIES BEFORE TAXATION	2	(4,660)	(10,243)
Tax on loss on ordinary activities	3	<u>-</u>	<u>-</u>
LOSS FOR THE FINANCIAL YEAR		(4,660)	(10,243)
Deficit brought forward		<u>(10,243)</u>	<u>-</u>
DEFICIT CARRIED FORWARD		<u>(14,903)</u>	<u>(10,243)</u>

The notes form part of these financial statements

**BALANCE SHEET
30 SEPTEMBER 2014**

	Notes	30.9.14 £	30.9.13 £
FIXED ASSETS			
Tangible assets	4	96	120
CURRENT ASSETS			
Debtors	5	2,478	440
Cash at bank and in hand		<u>4,046</u>	<u>2,889</u>
		6,524	3,329
CREDITORS			
Amounts falling due within one year	6	<u>(1,614)</u>	<u>(1,368)</u>
NET CURRENT ASSETS		<u>4,910</u>	<u>1,961</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		5,006	2,081
CREDITORS			
Amounts falling due after more than one year	7	<u>(19,809)</u>	<u>(12,224)</u>
NET LIABILITIES		<u>(14,803)</u>	<u>(10,143)</u>
CAPITAL AND RESERVES			
Called up share capital	8	100	100
Profit and loss account		<u>(14,903)</u>	<u>(10,243)</u>
SHAREHOLDERS' FUNDS		<u>(14,803)</u>	<u>(10,143)</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 September 2014.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 September 2014 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.
- (b)

BALANCE SHEET - continued
30 SEPTEMBER 2014

The financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

The financial statements were approved by the Board of Directors on 26 May 2015 and were signed on its behalf by:

Mrs D Spurdle - Director

**NOTES TO THE FINANCIAL STATEMENTS
for the Year Ended 30 SEPTEMBER 2014**

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Exemption from preparing a cash flow statement

Exemption has been taken from preparing a cash flow statement on the grounds that the company qualifies as a small company.

Turnover

Turnover represents net invoiced sales of goods, excluding value added tax.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the profit and loss account on a straight line basis over the period of the lease.

2. OPERATING LOSS

The operating loss is stated after charging:

	Year Ended 30.9.14 £	Period 8.5.12 to 30.9.13 £
Depreciation - owned assets	<u>24</u>	<u>-</u>
Directors' remuneration and other benefits etc	<u>-</u>	<u>1,180</u>

3. TAXATION

Analysis of the tax charge

No liability to UK corporation tax arose on ordinary activities for the year ended 30 September 2014 nor for the period ended 30 September 2013.

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 30 SEPTEMBER 2014**

4. TANGIBLE FIXED ASSETS

	Plant and machinery £	
COST		
At 1 October 2013		
and 30 September 2014		<u>120</u>
DEPRECIATION		
Charge for year		<u>24</u>
At 30 September 2014		<u>24</u>
NET BOOK VALUE		
At 30 September 2014		<u>96</u>
At 30 September 2013		<u>120</u>

5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	30.9.14	30.9.13
	£	£
Trade debtors	440	440
VAT	<u>2,038</u>	<u>-</u>
	<u>2,478</u>	<u>440</u>

6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	30.9.14	30.9.13
	£	£
Trade creditors	<u>1,614</u>	<u>1,368</u>

7. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	30.9.14	30.9.13
	£	£
Directors' loan accounts	<u>19,809</u>	<u>12,224</u>

8. CALLED UP SHARE CAPITAL

Allotted, issued and fully paid:				
Number:	Class:	Nominal value:	30.9.14	30.9.13
			£	£
100	Ordinary	£1	<u>100</u>	<u>100</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.