AR01 (ef)

Annual Return

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Received for filing in Electronic Format on the: **13/06/2013**

Company Name:	**BODYSTRETCH (UK) LIMITED**
Company Number:	**04456530**
Date of this return:	**07/06/2013**
SIC codes:	**14132**
Company Type:	**Private company limited by shares**
Situation of Registered Office:	**UNIT 1 GENESIS BUSINESS PARK RAINSFORD ROAD LONDON NW10 7RG**

Officers of the company

Company Secretary 1

Type: **Person**

Full forename(s): **PARVEZ**

Surname: **AHMAD**

Former names:

Service Address: **20 HESSEL STREET**
LONDON
E1 2LP

Company Director 1

Type: **Person**

Full forename(s): **MR OMAR SHAHZAAD**

Surname: **NADEEM**

Former names:

Service Address: **8 GREYSTOKE PARK TERRACE**
LONDON
W5 1JL

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **26/11/1975** *Nationality:* **BRITISH**

Occupation: **DIRECTOR**

Statement of Capital (Share Capital)

Class of shares	**ORDINARY**	*Number allotted*	**2**
		Aggregate nominal value	**2**
Currency	**GBP**	*Amount paid per share*	**0**
		Amount unpaid per share	**0**

Prescribed particulars

ORDINARY SHARES WITH NO SPECIAL VOTING OR DIVIDEND RIGHTS BEYOND THOSE PRESCRIBED IN THE COMPANIES ACT 2006

Statement of Capital (Totals)

Currency	**GBP**	*Total number of shares*	**2**
		Total aggregate nominal value	**2**

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 07/06/2013 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **2 ORDINARY shares held as at the date of this return**
Name: **OMAR NADEEM**

Name: **SAQIBAH OMAR SHSHZAAD**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.