



363a_(ef)

Companies House

— for the record —

Annual Return

Company Name: CALSO HEALTH AND FITNESS LIMITED

Company Number: 06374587



Received for filing in Electronic Format on the: 07/11/2009

XXVGDERN

Company Details

Period Ending: 18/09/2009

Company Type: PRIVATE COMPANY LIMITED BY SHARES

Principal Business Activities:

SIC Codes 9133

*Registered Office
Address:*

28-30
LETCHWORTH DRIVE
BROMLEY
KENT
BR2 9BE

*Register of
Members Address:*

At Registered Office

*Register of Debenture
Holders Address:*

Not Applicable

Details of Officers of the Company

Company Secretary:

Name: REBECCA NICHOLAS

Address: 21
TREEBOURNE ROAD
BIGGIN HILL
WESTERHAM
KENT TN16 3QW

Director 1:

Name: **GARY NICHOLAS** *Address:* **21**
Date of Birth: **09/07/1964** **TREEBOURNE ROAD**
Nationality: **BRITISH** **BIGGIN HILL**
Occupation: **PHYSICAL TRAINING** **WESTERHAM**
INSTRUCTOR **KENT TN16 3QW**

Director 2:

Name: **REBECCA NICHOLAS** *Address:* **21**
Date of Birth: **29/09/1973** **TREEBOURNE ROAD**
Nationality: **BRITISH** **BIGGIN HILL**
Occupation: **PHYSICAL TRAINING** **WESTERHAM**
INSTRUCTOR **KENT TN16 3QW**

Share Capital

Issued Share Capital Details:

<i>Class of share</i>	<i>Number of shares issued</i>	<i>Aggregate nominal value of issued shares</i>
ORDINARY	100	GBP 100
TOTALS	100	GBP 100.000

Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 18/09/2009, or that had ceased to be shareholders since the made up date of the previous Annual Return.

Shareholding 1:

50 ORDINARY Shares held as at 18/09/2009

Name: **REBECCA NICHOLAS**

Shareholding 2:

50 ORDINARY Shares held as at 18/09/2009

Name: **GARY NICHOLAS**

Authorisation

Authoriser Designation: **DIRECTOR** *Date Authorised:* **07/11/2009** *Authenticated:* **Yes (E/W)**

Presenters Details

Presenters Reference: **1**
Name: **WEBFILER WEBFILER**