

REGISTERED NUMBER: 5013003 (England and Wales)

Abbreviated Unaudited Accounts for the Year Ended 31st January 2008

for

Believe In Yourself Limited

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Believe In Yourself Limited

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for the Year Ended 31st January 2008**

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Believe In Yourself Limited
Company Information
for the Year Ended 31st January 2008

DIRECTORS: Miss C M Bradshaw
R W Beardmore

SECRETARY: Miss C M Bradshaw

REGISTERED OFFICE: 94 Cedar Road
Priory Estate
Dudley
West Midlands
DY1 3JT

REGISTERED NUMBER: 5013003 (England and Wales)

ACCOUNTANTS: Fredericksons
First Floor
Polymer Court
Hope Street
Dudley
West Midlands
DY2 8RS

Believe In Yourself Limited

Abbreviated Balance Sheet
31st January 2008

	Notes	2008 £	2007 £
FIXED ASSETS			
Tangible assets	2	177	266
CURRENT ASSETS			
Debtors		875	4,907
Cash at bank		475	163
		<u>1,350</u>	<u>5,070</u>
CREDITORS			
Amounts falling due within one year		<u>1,434</u>	<u>5,269</u>
NET CURRENT LIABILITIES		(84)	(199)
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>93</u>	<u>67</u>
CAPITAL AND RESERVES			
Called up share capital	3	60	60
Profit and loss account		<u>33</u>	<u>7</u>
SHAREHOLDERS' FUNDS		<u>93</u>	<u>67</u>

The company is entitled to exemption from audit under Section 249A(1) of the Companies Act 1985 for the year ended 31st January 2008.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st January 2008 in accordance with Section 249B(2) of the Companies Act 1985.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Section 221 of the Companies Act 1985 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Section 226 and which otherwise comply with the requirements of the Companies Act 1985 relating to financial statements, so far as applicable to the company.

Believe In Yourself Limited

Abbreviated Balance Sheet - continued
31st January 2008

These abbreviated accounts have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies.

The financial statements were approved by the Board of Directors on 30th October 2008 and were signed on its behalf by:

R W Beardmore

R W Beardmore - Director

C M Bradshaw

Miss C M Bradshaw - Director

The notes form part of these abbreviated accounts

Believe In Yourself Limited

Notes to the Abbreviated Accounts **for the Year Ended 31st January 2008**

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2007).

Turnover

Turnover represents net invoiced sales of services, excluding value added tax.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment - 33% on reducing balance

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

2. TANGIBLE FIXED ASSETS

	Total £
COST	
At 1st February 2007	
and 31st January 2008	900
DEPRECIATION	
At 1st February 2007	634
Charge for year	89
	<hr/>
At 31st January 2008	723
NET BOOK VALUE	
At 31st January 2008	177
	<hr/>
At 31st January 2007	266
	<hr/>

3. CALLED UP SHARE CAPITAL

Authorised:				
Number:	Class:	Nominal value:	2008	2007
			£	£
1,000	ordinary	£1	1,000	1,000
			<hr/>	<hr/>
Allotted, issued and fully paid:				
Number:	Class:	Nominal value:	2008	2007
			£	£
60	ordinary	£1	60	60
			<hr/>	<hr/>