



Companies House

AR01 (ef)

Annual Return



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X4GVST75

Company Name: **FITNESS4LESS (WATFORD) LIMITED**

Company Number: **06635553**

Date of this return: **02/07/2015**

SIC codes: **93130**

Company Type: **Private company limited by shares**

Situation of Registered Office: **1 WINDSOR CLOSE
WEST CROSS CENTRE
BRENTFORD
MIDDLESEX
TW8 9DZ**

Single Alternative Inspection Location (SAIL)

The address for an alternative location to the company's registered office for the inspection of registers is:

1 WINDSOR CLOSE
BRENTFORD
MIDDLESEX
UNITED KINGDOM
TW8 9DZ

The following records have moved to the single alternative inspection location:

Register of members (section 114)
Register of directors (section 162)
Directors' service contracts (section 228)
Records of resolutions and meetings (section 358)

Officers of the company

Company Director **1**

Type: **Person**
Full forename(s): **MR MATTHEW CROFTER**

Surname: **HARRIS**

Former names:

Service Address recorded as Company's registered office

Country/State Usually Resident: **ENGLAND**

Date of Birth: **01/07/1967** *Nationality:* **BRITISH**

Occupation: **COMPANY DIRECTOR**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	2
		<i>Aggregate nominal value</i>	2
<i>Currency</i>	GBP	<i>Amount paid per share</i>	0
		<i>Amount unpaid per share</i>	0

Prescribed particulars

RIGHT TO VOTE. ENTITLEMENT TO RECEIVE DIVIDENDS. RIGHT TO DISTRIBUTION OF ASSETS ON WINDING UP.

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	2
		<i>Total aggregate nominal value</i>	2

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 02/07/2015 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **2 ORDINARY shares held as at the date of this return**
Name: **MH HEALTHCLUBS LTD**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.