

REGISTERED NUMBER: 08415333 (England and Wales)

**ABBREVIATED UNAUDITED ACCOUNTS**  
**FOR THE YEAR ENDED 31 MARCH 2015**  
**FOR**  
**HELMER HEALTH LIMITED**

SATURDAY



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31/10/2015

#83

COMPANIES HOUSE

**HELMER HEALTH LIMITED**

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**for the Year Ended 31 MARCH 2015**

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**HELMER HEALTH LIMITED**  
**COMPANY INFORMATION**  
**for the Year Ended 31 MARCH 2015**

**DIRECTOR:**

Dr J H Sterland

**REGISTERED OFFICE:**

23 Juniper Gardens  
Shenley  
Radlett  
Hertfordshire  
WD7 9LA

**REGISTERED NUMBER:**

08415333 (England and Wales)

ABBREVIATED BALANCE SHEET  
31 MARCH 2015

|                                              | Notes | 31.3.15<br>£  | £            | 31.3.14<br>£  | £            |
|----------------------------------------------|-------|---------------|--------------|---------------|--------------|
| <b>FIXED ASSETS</b>                          |       |               |              |               |              |
| Tangible assets                              | 2     |               | 401          |               | 601          |
| <b>CURRENT ASSETS</b>                        |       |               |              |               |              |
| Debtors                                      |       | 44,497        |              | 17,797        |              |
| Cash at bank                                 |       | <u>3,037</u>  |              | <u>6,374</u>  |              |
|                                              |       | 47,534        |              | 24,171        |              |
| <b>CREDITORS</b>                             |       |               |              |               |              |
| Amounts falling due within one year          |       | <u>41,538</u> |              | <u>16,138</u> |              |
| <b>NET CURRENT ASSETS</b>                    |       |               | <u>5,996</u> |               | <u>8,033</u> |
| <b>TOTAL ASSETS LESS CURRENT LIABILITIES</b> |       |               | <u>6,397</u> |               | <u>8,634</u> |
| <b>CAPITAL AND RESERVES</b>                  |       |               |              |               |              |
| Called up share capital                      | 3     |               | 100          |               | 100          |
| Profit and loss account                      |       |               | <u>6,297</u> |               | <u>8,534</u> |
| <b>SHAREHOLDERS' FUNDS</b>                   |       |               | <u>6,397</u> |               | <u>8,634</u> |

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2015.

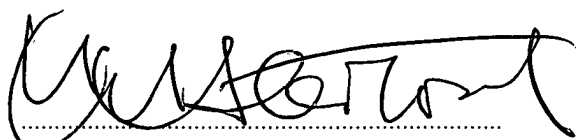
The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2015 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for:

- ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the director on 23rd October 2015 and were signed by:

  
Dr J H Sterland - Director

# **HELMER HEALTH LIMITED**

## **NOTES TO THE ABBREVIATED ACCOUNTS** for the Year Ended 31 MARCH 2015

### **1. ACCOUNTING POLICIES**

#### **Accounting convention**

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

#### **Turnover**

Turnover represents net invoiced sales of services, excluding value added tax.

#### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

#### **Deferred tax**

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

#### **Pension costs and other post-retirement benefits**

The company operates a defined contribution pension scheme. Contributions payable to the company's pension scheme are charged to the profit and loss account in the period to which they relate.

### **2. TANGIBLE FIXED ASSETS**

|                       | Total<br>£        |
|-----------------------|-------------------|
| <b>COST</b>           |                   |
| At 1 April 2014       |                   |
| and 31 March 2015     | <u>802</u>        |
| <b>DEPRECIATION</b>   |                   |
| At 1 April 2014       | 201               |
| Charge for year       | <u>200</u>        |
| At 31 March 2015      | <u>401</u>        |
| <b>NET BOOK VALUE</b> |                   |
| At 31 March 2015      | <u><u>401</u></u> |
| At 31 March 2014      | <u><u>601</u></u> |

### **3. CALLED UP SHARE CAPITAL**

Allotted, issued and fully paid:

| Number: | Class:   | Nominal<br>value: | 31.3.15<br>£      | 31.3.14<br>£      |
|---------|----------|-------------------|-------------------|-------------------|
| 100     | Ordinary | £1                | <u><u>100</u></u> | <u><u>100</u></u> |