

ONE GOAL SPORTS & FITNESS LIMITED

**Company Registration Number:
08632033 (England and Wales)**

Abbreviated (Unaudited) Accounts

Period of accounts

Start date: 01st August 2014

End date: 31st July 2015

SUBMITTED

ONE GOAL SPORTS & FITNESS LIMITED

Company Information for the Period Ended 31st July 2015

Director:	MR MATTHEW JUDGE
	MR STEPHEN JUDGE
	MR MATTHEW JUDGE
Registered office:	77 Freshwell Avenue
	Romford
	RM6 5DR
Company Registration Number:	08632033 (England and Wales)

ONE GOAL SPORTS & FITNESS LIMITED

Abbreviated Balance sheet As at 31st July 2015

	Notes	2015 £	2014 £
Fixed assets			
Intangible assets:		0	0
Tangible assets:	2	600	600
Total fixed assets:		<u>600</u>	<u>600</u>
Current assets			
Stocks:		0	0
Debtors:		0	0
Cash at bank and in hand:		0	0
Total current assets:		<u>0</u>	<u>0</u>
Creditors			
Creditors: amounts falling due within one year		500	500
Net current assets (liabilities):		<u>(500)</u>	<u>(500)</u>
Total assets less current liabilities:		100	100
Creditors: amounts falling due after more than one year:		0	0
Provision for liabilities:		0	0
Total net assets (liabilities):		<u><u>100</u></u>	<u><u>100</u></u>

The notes form part of these financial statements

ONE GOAL SPORTS & FITNESS LIMITED

Abbreviated Balance sheet As at 31st July 2015 continued

	Notes	2015 £	2014 £
Capital and reserves			
Called up share capital:	3	100	100
Revaluation reserve:		0	0
Profit and Loss account:		0	0
Total shareholders funds:		<u>100</u>	<u>100</u>

For the year ending 31 July 2015 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime and in accordance with the Financial Reporting Standard for Smaller Entities (effective 2008).

The financial statements were approved by the Board of Directors on 01 August 2015

SIGNED ON BEHALF OF THE BOARD BY:

Name: MR STEPHEN JUDGE

Status: Director

The notes form part of these financial statements

ONE GOAL SPORTS & FITNESS LIMITED

Notes to the Abbreviated Accounts for the Period Ended 31st July 2015

1. Accounting policies

Basis of measurement and preparation of accounts

Preparation of own accounts by recording all income through the means of invoices & expenses for travel & equipment.

ONE GOAL SPORTS & FITNESS LIMITED

Notes to the Abbreviated Accounts for the Period Ended 31st July 2015

2. Tangible assets

	Total
Cost	£
At 01st August 2014:	600
At 31st July 2015:	600
Depreciation	
At 01st August 2014:	0
Charge for year:	0
On disposals:	0
Other adjustments	0
At 31st July 2015:	0
Net book value	
At 31st July 2015:	600
At 31st July 2014:	600
