



Companies House
— for the record —

AR01 (ef)

Annual Return



XYHCUETP

Received for filing in Electronic Format on the: **09/11/2009**

Company Name: **SPORTS MEDICINE WALES LIMITED**

Company Number: **06718825**

Date of this return: **08/10/2009**

SIC codes: **8514**

Company Type: **Private company limited by shares**

Situation of Registered Office: **145 WINDSOR ROAD
PENARTH
VALE OF GLAMORGAN
UNITED KINGDOM
CF64 1JF**

Officers of the company

Company Secretary **I**

Type: **Person**

Full forename(s): **MR DYFRI AP RHYSART**

Surname: **OWEN**

Former names:

Service Address: **145 WINDSOR ROAD
PENARTH
VALE OF GLAM
CF64 1JF**

Company Director **1**

Type: **Person**

Full forename(s): **MR HYWEL RHYS**

Surname: **GRIFFITHS**

Former names:

Service Address: **5 WOODSTOCK HOUSE
HIGH STREET
COWBRIDGE
VALE OF GLAM
CF71 7AF**

Country/State Usually Resident: **WALES**

Date of Birth: **28/10/1969** *Nationality:* **BRITISH**

Occupation: **PHYSIOTHERAPIST**

Company Director **2**

Type: **Person**
Full forename(s): **MR DYFRI AP RHYSART**
Surname: **OWEN**
Former names:
Service Address: **145 WINDSOR ROAD**
 PENARTH
 VALE OF GLAM
 CF64 1JF

Country/State Usually Resident: **WALES**

Date of Birth: **15/08/1974** *Nationality:* **BRITISH**
Occupation: **PHYSIOTHERAPIST**

Company Director **3**

Type: **Person**
Full forename(s): **DR MARK CHARLES**
Surname: **RIDGEWELL**
Former names:
Service Address: **61 HENDREFOILAN ROAD**
 SKETTY
 SWANSEA
 WEST GLAMORGAN
 SA2 9LU

Country/State Usually Resident: **WALES**

Date of Birth: **13/04/1963** *Nationality:* **BRITISH**
Occupation: **MEDICAL PRACTITIONER**

Company Director **4**

Type: **Person**
Full forename(s): **DR ANGUS**
Surname: **ROBERTSON**
Former names:
Service Address: **BRYNHEULOG HOUSE NANTYDERRY**
 ABERGAVENNY
 MONMOUTHSHIRE
 NP7 9DW

Country/State Usually Resident: **WALES**

Date of Birth: **01/07/1971** *Nationality:* **BRITISH**
Occupation: **MEDICAL PRACTITIONER**

Company Director **5**

Type: **Person**
Full forename(s): **DR NICHOLAS PAUL REX**
Surname: **TRAVAGLIA**
Former names:
Service Address: **36 ST MICHAELS ROAD**
 LLANDAFF
 CARDIFF
 UNITED KINGDOM
 CF5 2AP

Country/State Usually Resident: **WALES**

Date of Birth: **01/04/1969** *Nationality:* **BRITISH**
Occupation: **MEDICAL PRACTITIONER**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	100
	GBP	<i>Aggregate nominal value</i>	100
<i>Currency</i>		<i>Amount paid</i>	1
		<i>Amount unpaid</i>	0
<i>Prescribed particulars</i>	PER MEMORANDUM AND ARTICLES		

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	100
		<i>Total aggregate nominal value</i>	100

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 08/10/2009 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for a private or non-traded public company are shown below

Shareholding 1:

20 ORDINARY Shares held as at 08/10/2009

Name:

MR HYWEL RHYS GRIFFITHS

Address:

Shareholding 2:

20 ORDINARY Shares held as at 08/10/2009

Name:

MR DYFRI AP RHISIART OWEN

Address:

Shareholding 3:

20 ORDINARY Shares held as at 08/10/2009

Name:

DR MARK RIDGEWELL

Address:

Shareholding 4:

20 ORDINARY Shares held as at 08/10/2009

Name:

DR ANGUS ROBERTSON

Address:

Shareholding 5:

20 ORDINARY Shares held as at 08/10/2009

Name:

DR NICHOLAS PAUL REX TRAVAGLIA

Address:

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.