AR01

Annual Return



A fee is payable with this form Please see 'How to pay' on the last page

You can use the WebFiling service to file this form online. Please go to www companieshouse gov uk

What this form is for You may use this form to confirm that the company information is correct as at the date of this return You must file an Annual Return at least once every year

What this form is NOT for You cannot use this form to gi notice of changes to the comp officers, registered office addrcompany type or information relating to the company recor-



A05

14/12/2010

COMPANIES HOUSE

Part 1

Date of this return @

Company details

The section must be completed by all companies

Filling in this form Please complete in typescript or in bold black capitals

All fields are mandatory unless

specified or indicated by * **Company details A1** O Company name change Company number If your company has recently Company name in full changed its name, please provide the company name as at the date of this return A2 Return date 2 Date of this return Please give the annual return made up date. The return date must not be a future

date The annual return must be delivered within 28 days of the date given below 12101110 **"2**

Your company's return date is usually the anniversary of incorporation or the anniversary of the last annual return filed at Companies House You may choose an earlier return date but it must not be a later date

A3 Principal business activity Please show the trade classification code number(s) for the principal activity or activities 9 Classification code 1 Classification code 2 Classification code 3 Classification code 4 If you cannot determine a code, please give a brief description of your business activity below Principal activity RETAIL OPTICIANS description

Principal business activity You must provide a trade classification code (SIC code) or a description of your company's main business in this section

A full list of the trade classification codes are available on our website www.companieshouse.gov.uk

A4	Company type®							
	Please confirm your company type by ticking the appropriate box below (only one box must be ticked) Public limited company Private company limited by shares Private company limited by guarantee Private company limited by shares exempt under section 60 Private company limited by guarantee exempt under section 60 Private unlimited company with share capital Private unlimited company without share capital					Ocompany type If you are unsure of your company type, please check your latest certificate of incorporation or our website www.companieshouse.gov.uk		
A5	Regis	stered	offic	ce a	ddres	s 🛭		
Building name/number Street	95 HILL ROAD						② Change of registered office This must agree with the address that is held on the Companies Hous record at the date of this return	
Post town County/Region	CLEVEDON NORTH SOMERSET						If the registered office address has changed, you should complete form AD01 and submit it together with this annual return	
Postcode	BS 21 FPN							
	Single alternative inspection location (SAIL) of the company records (if applicable) •							<u> </u>
Building name/number	r						⊕ SAIL address	
Street								This must agree with the address that is held on the Companies House record at the date of this return
Post town County/Region						If the address has changed, you should complete form AD02 and submit it together with this annual return		
Postcode				_		L	t-Andreader	Yelum
							- 0	
	Please tick the appropriate box to indicate which records are kept at the SAIL address in Section A6 Register of members Register of directors Directors' service contracts Directors' indemnities Register of secretaries Records of resolutions etc Contracts relating to purchase of own shares Documents relating to redemption or purchase of own share out of capital by private company Register of debenture holders Report to members of outcome of investigation by public company into interests in its shares Register of interests in shares disclosed to public company Instruments creating charges and register of charges England and Wales				Decation of company records If the company records are held at the registered office address, do not tick any of the boxes in this section Certain records must be kept by every company while other records are only kept by certain company types where appropriate If the records are not kept at the SAIL address, they must be available at the registered office If any of the company records have moved from the registered office to the address in Section A6 since the last annual return, you must complete form AD03 and submit it together with this annual return			

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Part 2	Officers of the company	
	This section should include details of the company at the date to which this annual return is made up → For a secretary who is an individual, go to Section B1 → For a corporate secretary, go to Section C1 → For a director who is an individual, go to Section D1 → For a corporate director, go to Section E1	Continuation pages Please use a continuation page if you need to enter more officer details
Secretary	7 For a corporate director, go to section 21	
B1	Secretary's details •	
	Please use this section to list all the secretaries of the company For a corporate secretary, complete Section C1-C4	O Secretary appointments You may not use this form to appoint a secretary To do this,
Title* MR		please complete form APO3 and submit it together with this annual
Full forename(s)		
Surname	ADAMS	Corporate details Please use Section C1-C4 to enter
Former name(s)		Secretary details All details must agree with those previously notified to Companies House If you have made changes since the last annual return and have not notified us, please complete form CH03 • Former name(s) Please provide any previous names which have been used for business purposes during the period of this return Married women do not need to give former names unless previously used for business purposes
B2	Secretary's service address ®	
Building name/number		Service address If you have previously notified
Street	THE RUSSETS	Companies House that the service address is at 'The Company's Registered Office', please state 'The
Post town	PORTISHEAD	 Company's Registered Office' in the address.
County/Region	NORTH SOMERSET	This information will appear on the public record
Postcode	B520 7LP	
Country	ENGLAND	_

Corporate secretary

C1.	Corporate secretary's details •			
Corporate body/firm name	Please use this section to list all the corporate secretaries of the company	◆ Corporate secretary appointments You cannot use this form to appoint a corporate secretary To do this, please complete form AP04 and submit it together with this annual		
Building name/number		return Corporate secretary details		
Street		All details must agree with those previously notified to Companies House If you have made changes since the last annual return and have		
Post town		not notified us, please complete form CH04		
County/Region		This information will appear on the		
Postcode		public record		
Country				
C2	Location of the registry of the corporate body or firm			
	Is the corporate secretary registered within the European Economic Area (EEA)? → Yes Complete Section C3 only → No Complete Section C4 only			
C3	EEA companies ®			
	Please give details of the register where the company file is kept (including the relevant state) and the registration number in that register	⊘EEA A full list of countries of the EEA can be found in our guidance www.companieshouse.gov.uk		
Where the company/ firm is registered 9		This is the register mentioned in Article 3 of the First Company Law		
Registration number		Directive (68/151/EEC)		
C4	Non-EEA companies	·		
	Please give details of the legal form of the corporate body or firm and the law by which it is governed. If applicable, please also give details of the register in which it is entered (including the state) and its registration number in that register.	Non-EEA Where you have provided details of the register (including state) where the company or firm is registered, you must also provide its number in		
Legal form of the corporate body or firm		that register		
Governing law				
If applicable, where the company/firm is registered •				
If applicable, the registration number				

Director

D1	Director's details •	
	Please use this section to list all the directors of the company For a corporate director, complete Section E1-E4.	Ourector appointments You cannot use this form to appoint a director To do this, please
Title*	MR	complete form APO1 and submit it together with this annual return
Full forename(s)	KETTH IAN	Corporate details
Surname	TUDBALL	Please use Section E1-E4 to enter corporate director details.
Former name(s) 9		Director details All details must agree with those previously notified to Companies
Country/State of residence	ENGUAD	House If you have made changes since the last annual return and have not notified us, please
Nationality	BRITISH	complete form CH01 Prormer name(s)
Date of birth	12 7 17 2 11 19 13	Please provide any previous names
Business occupation (if any)	12 1 1 2 1/9 5/3 OPTICIAN	which have been used for business purposes during the period of this return. Married women do not need to give former names unless previously used for business purposes
D2	Director's service address ⁹	
Building name/number	9	Service address If you have previously notified
Street	WINFORD CLOSE	Companies House that the service address is at 'The Company's Registered Office', please state 'The
Post town	PORTISHEAD	Company's Registered Office' in the address.
County/Region	NORTH SOMERSET	This information will appear on the public record
Postcode	B520 946.	public record
Country	ENGLAND	

Director

For a corporate director, complete Section E1-E4 Title* Full forename(s) Surname Former name(s) Country/State of residence Nationality Date of birth d d m m m y y y y y Business occupation (if any) You cannot appoint a d complete for together will together wi	Section E1-E4 to enter lirector details.
Full forename(s) Surname Former name(s) Country/State of residence Nationality Date of birth Business occupation (if any) together with	oth this annual return details Section E1-E4 to enter director details.
Sumame Former name(s) Country/State of residence Nationality Date of birth Business occupation (if any) Please use corporate of All details repreviously represented the same and recomplete for	Section E1-E4 to enter lirector details.
Sumame Former name(s) Country/State of residence Nationality Date of birth Business occupation (if any) Corporate de Corporate de Corporate de All details repreviously represented the since the last previously represented the last previously repr	lirector details.
Country/State of residence Nationality Date of birth Business occupation (if any) All details repreviously repreviously representation previously representation previously representation previously representation representation previously representation previously representation represen	etails
Country/State of residence Nationality Date of birth Business occupation (if any) Since the la have not no complete for y y y y y Promer na Please prov which have purposes do this return not need to unless prev	nust agree with those notified to Companies ou have made changes
Date of birth Date of birth	st annual return and otified us, please
Business occupation (if any) Please prov which have purposes di this return not need to unless prev	
Business occupation (if any) purposes di this return not need to unless prev	ride any previous names
not need to unless prev	been used for business uring the period of
l l	Married women do give former names lously used for business
D2 Director's service address [©]	
Building name/number	dress previously notified
Street Companies address is a Registered	House that the service at 'The Company's Office', please state 'The Registered Office' in the
Post town address.	riegistered Office in the
County/Region This informs public record	ation will appear on the
Postcode	
Country	

Corporate director

E1	Corporate director's details •			
	Please use this section to list all the corporate director's of the company	Ocorporate director appointments You cannot use this form to appoint a corporate director To do this,		
Corporate body/firm name		please complete form APO2 and submit it together with this annual return		
Building name/number		Corporate director details All details must agree with those		
Street		previously notified to Companies House If you have made changes since the last annual return and have not notified us, please complete		
Post town		form CH02 This information will appear on the		
County/Region		public record		
Postcode				
Country				
E2	Location of the registry of the corporate body or firm			
	Is the corporate director registered within the European Economic Area (EEA)? → Yes Complete Section E3 only → No Complete Section E4 only			
E3	EEA companies [®]			
	Please give details of the register where the company file is kept (including the relevant state) and the registration number in that register	● EEA A full list of countries of the EEA can be found in our guidance		
Where the company/ firm is registered •		www companieshouse gov uk This is the register mentioned in		
mini is registered •		Article 3 of the First Company Law		
Registration number		Directive (68/151/EEC)		
E4	Non-EEA companies			
	Please give details of the legal form of the corporate body or firm and the law by which it is governed. If applicable, please also give details of the register in which it is entered (including the state) and its registration number in that register.	Non-EEA Where you have provided details of the register (including state) where the company or firm is registered, you must also provide its number in		
Legal form of the corporate body or firm		that register		
Governing law				
If applicable, where the company/firm is registered •				
If applicable, the registration number				

Part 3	Statement of capital •							
	→ Yes (pany have share capital? Complete the sections beli Go to Part 5 (Signature)	capital	hould reflect the company's il status at the made up date o nnual return				
F1	Share capita	l in pound sterling ((£)	····	·			
		ow each class of shares he nly complete Section F1	eld in pound sterling and then go to Section F4					
Class of shares (E.g. Ordinary/Preference etc	c)	Amount paid up on each share	Amount (if any) unpaid on each share ②	Number of sha	res 🕄	Aggregate nominal value		
ORDINE	784	£ 1		2		£2_		
						£		
						£		
						£		
			Totals	2		£ 2_		
F2	Share capital	l in other currencies	5					
Please complete the to Please complete a sep		ow any class of shares held ach currency	d in other currencies					
Currency								
Class of shares (E.g. Ordinary/Preference etc.)		Amount paid up on each share 9	Amount (if any) unpaid on each share	Number of shar	.ez 6	Aggregate nominal value 9		
						<u></u>		
				1				
Currency								
Class of shares (E g Ordinary/Preference etc	c)	Amount paid up on each share	Amount (if any) unpaid on each share	Number of shar	es 🛭	Aggregate nomınal value ●		
			Totals					
F3	Totals							
	Please give the issued share car		nd total aggregate nominal v	value of	Please	aggregate nominal value list total aggregate values in		
Total number of shares	2					ent currencies separately For ple £100 + €100 + \$10 etc		
Total aggregate nominal value 😉	£2							
 Including both the nomishare premium Total number of issued s 		Number of shares issue nominal value of each	share Plea	ntinuation Page use use a Statern e if necessary		oital continuation		

F4	Statement of capital (Voting rights)
	Please give the prescribed particulars of rights attached to shares for each class of share shown in the statement of capital share tables in Sections F1 and F2
Class of share	ORDINARY
Voting rights	FULLY EQUAL VOTING.
Class of share	
Voting rights	
Class of share	
Voting rights	
Class of share	
Voting rights	

 Yes Complete the sections below No Go to Part 5 (Signature) Traded public companies ● Please tick the box if your company was a traded public company at any time during the period of this return Traded company definition		→ Yes Complete the sections below → No Go to Part 5 (Signature) Traded public companies Please tick the box if your company was a traded public company at any time during the period of this return	
Please tick the box if your company was a traded public company at any time during the period of this return Please tick the appropriate box below A list of shareholders hare class for a traded public companies see required to provide a 'full list' if one was not included with either of the last two returns Private and non-traded public companies are required to provide a 'full list' if one was not included with either of the last two returns Traded public companies are required to provide a list of shareholders who held at least 5% of the issued shares of any share class if a list was not provided with either of the last two returns Please tick the appropriate box below A full list of shareholders for a private or non-traded public company is enclosed Please complete Section G3, or A list of shareholders holding at least 5% of the issued shares of any share class for a traded public company is enclosed Please complete Section G4 A list of shareholder changes is enclosed For private or non-traded public companies, please complete Section G3 For traded public companies, please complete Section G4 There were no shareholder changes in this period Go to Part 5 (Signature) Please tick the appropriate box below to indicate the format of your shareholder details The list of shareholders is enclosed on paper		Please tick the box if your company was a traded public company at any time during the period of this return	A traded company means a compan
Please tick the box if your company was a traded public company at any time during the period of this return List of past and present shareholders Private and non-traded public companies are required to provide a 'full list' if one was not included with either of the last two returns Traded public companies are required to provide a list of shareholders who held at least 5% of the issued shares of any share class if a list was not provided with either of the last two returns Please tick the appropriate box below A full list of shareholders for a private or non-traded public company is enclosed Please complete Section G3, or A list of shareholders holding at least 5% of the issued shares of any share class for a traded public company is enclosed Please complete Section G4 A list of shareholder changes is enclosed For private or non-traded public companies, please complete Section G3 For traded public companies, please complete Section G4 There were no shareholder changes in this period Go to Part 5 (Signature) Please tick the appropriate box below to indicate the format of your shareholder details The list of shareholders is enclosed on paper		time during the period of this return	A traded company means a compan
Private and non-traded public companies are required to provide a 'full list' if one was not included with either of the last two returns Traded public companies are required to provide a list of shareholders who held at least 5% of the issued shares of any share class if a list was not provided with either of the last two returns Please tick the appropriate box below A full list of shareholders for a private or non-traded public company is enclosed Please complete Section G3, or A list of shareholders holding at least 5% of the issued shares of any share class for a traded public company is enclosed Please complete Section G4 A list of shareholder changes is enclosed For private or non-traded public companies, please complete Section G3 For traded public companies, please complete Section G4 There were no shareholder changes in this period Go to Part 5 (Signature) Please tick the appropriate box below to indicate the format of your shareholder details The list of shareholders is enclosed on paper	G2	1 to a firm and anarous absorb aldona	
one was not included with either of the last two returns Traded public companies are required to provide a list of shareholders who held at least 5% of the issued shares of any share class if a list was not provided with either of the last two returns Please tick the appropriate box below A full list of shareholders for a private or non-traded public company is enclosed Please complete Section G3, or A list of shareholders holding at least 5% of the issued shares of any share class for a traded public company is enclosed Please complete Section G4 A list of shareholder changes is enclosed → For private or non-traded public companies, please complete Section G3 → For traded public companies, please complete Section G4 There were no shareholder changes in this period → Go to Part 5 (Signature) Please tick the appropriate box below to indicate the format of your shareholder details The list of shareholders is enclosed on paper		LIST OF past and present snareholders	
at least 5% of the issued shares of any share class if a list was not provided with either of the last two returns Please tick the appropriate box below A full list of shareholders for a private or non-traded public company is enclosed Please complete Section G3, or A list of shareholders holding at least 5% of the issued shares of any share class for a traded public company is enclosed Please complete Section G4 A list of shareholder changes is enclosed For private or non-traded public companies, please complete Section G3 For traded public companies, please complete Section G4 There were no shareholder changes in this period Go to Part 5 (Signature) Please tick the appropriate box below to indicate the format of your shareholder details The list of shareholders is enclosed on paper			
A full list of shareholders for a private or non-traded public company is enclosed. Please complete Section G3, or A list of shareholders holding at least 5% of the issued shares of any share class for a traded public company is enclosed. Please complete. Section G4 A list of shareholder changes is enclosed. For private or non-traded public companies, please complete. Section G3. For traded public companies, please complete. Section G4 There were no shareholder changes in this period. Go to Part 5 (Signature) Please tick the appropriate box below to indicate the format of your shareholder details. The list of shareholders is enclosed on paper.		at least 5% of the issued shares of any share class if a list was not provided with	
enclosed Please complete Section G3, or A list of shareholders holding at least 5% of the issued shares of any share class for a traded public company is enclosed Please complete Section G4 A list of shareholder changes is enclosed → For private or non-traded public companies, please complete Section G3 → For traded public companies, please complete Section G4 There were no shareholder changes in this period → Go to Part 5 (Signature) Please tick the appropriate box below to indicate the format of your shareholder details The list of shareholders is enclosed on paper		Please tick the appropriate box below	
share class for a traded public company is enclosed Please complete Section G4 A list of shareholder changes is enclosed For private or non-traded public companies, please complete Section G3 For traded public companies, please complete Section G4 There were no shareholder changes in this period Go to Part 5 (Signature) Please tick the appropriate box below to indicate the format of your shareholder details The list of shareholders is enclosed on paper			
 → For private or non-traded public companies, please complete Section G3 → For traded public companies, please complete Section G4 There were no shareholder changes in this period → Go to Part 5 (Signature) Please tick the appropriate box below to indicate the format of your shareholder details □ The list of shareholders is enclosed on paper 		share class for a traded public company is enclosed. Please complete	
→ Go to Part 5 (Signature) Please tick the appropriate box below to indicate the format of your shareholder details The list of shareholders is enclosed on paper		→ For private or non-traded public companies, please complete Section G3	
shareholder details The list of shareholders is enclosed on paper			
i ,			

G3

Private or non-traded public companies – list of past and present shareholders

This section should only be completed by companies that have not traded on a regulated market at any time during the period of this return

Changes during this period to shareholders' particulars or details of the amount of stock or shares transferred must be completed each year

You must provide a 'full list' of all company shareholders on

- The company's first annual return following incorporation,
- Every third annual return after a full list has been provided

Please list the company shareholders in alphabetical order

Joint shareholders should be listed consecutively

Further shareholders

Please use a 'Private or non-traded public companies – list of past and present shareholders' continuation page if necessary

I		Shares or stock currently held	Shares or stock transferred (if appropriate)		
Shareholder's Name (Address not required)	Class of share	Number of shares or amount of stock	Number of shares or amount of stock	Date of registration of transfer	
				/ /	
				1 1	
				/ /	
				, ,	
				1 1	
				1 1	
				1 1	
				1 1	
				1 1	
				1 1	
		1		1 1	
				1 1	
			,	1 1	

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Traded public companies - list of past and present shareholders

This section should show the shareholders that hold at least 5% of any class of share(s) of the company at the date of this return. It should only be completed by public companies that have traded on a regulated market at any time during the period of this return.

Changes during this period to shareholders' particulars or details of the amount of stock or shares transferred must be completed each year

You must provide a 'full list' of all company shareholders on

- The company's first annual return following incorporation,
- Every third annual return after a full list has been provided

Please list the company shareholders in alphabetical order

Joint shareholders should be listed consecutively

Further shareholders Please use a 'Traded public companies – list of past and present shareholders' continuation page if necessary

		Shares or stock Shares or stock transferred (if app currently held		ed (if appropriate)
Shareholder's details	Class of share	Number of shares or amount of stock	Number of shares or amount of stock	Date of registration of transfer
Name				1 1
Address				1 1
				1 1
Name				, ,
Address				, ,
				1 1
Name				, ,
Address				1 1
				1 1
Name				1 1
Address				1 1
				1 1

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Part 5	Signature	
	This must be completed by all companies I am signing this form on behalf of the company	Societas Europaea If the form is being filed on behalf of a Societas Europaea (SE) please delete 'director' and insert details
Signature	X Mann	of which organ of the SE the person signing has membership Person authorised Under either section 270 or 274 of the Companies Act 2006
	This form may be signed by Director Secretary, Person authorised O, Charity commission receiver and manager, CIC manager, Judicial factor	die estilpaties Act 2000

Presenter information You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form The contact information you give will be visible to searchers of the public record Contact name TOHO ADAMS Company name TOBGALL OPTIGALS TO Address Post town Post town County/Region NORTH SOMBAST Postcode B 1 7 0 7 1 P

✓ Checklist

Country

Telephone

DX

We may return forms completed incorrectly or with information missing

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Please make sure you have remembered the following:

- ☐ The company name and number match the information held on the public Register
- You have completed your principal business activity
 You have not used this form to make changes to the
- registered office address

 You have not used this form to make changes to
- L. You have not used this form to make changes to secretary and director details
- You have fully completed the Statement of capital ' (if applicable)
- You have signed the form
- You have enclosed the correct fee

Important information

Please note that all information on this form will appear on the public record

£ How to pay

A fee of £30 is payable to Companies House in respect of an Annual Return

Make cheques or postal orders payable to 'Companies House.'

Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below

For companies registered in England and Wales The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ DX 33050 Cardiff

For companies registered in Scotland:

The Registrar of Companies, Companies House, Fourth floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, Scotland, EH3 9FF DX ED235 Edinburgh 1 or LP - 4 Edinburgh 2 (Legal Post)

For companies registered in Northern Ireland The Registrar of Companies, Companies House, Second Floor, The Linenhall, 32-38 Linenhall Street,, Belfast, Northern Ireland, BT2 8BG DX 481 N R Belfast 1

Further information

For further information, please see the guidance notes on the website at www companieshouse gov uk or email enquiries@companieshouse gov uk

This form is available in an alternative format. Please visit the forms page on the website at www.companieshouse.gov.uk