



Companies House

**AR01** (ef)

**Annual Return**



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*Company Name:* 1-2-1 PERSONAL TRAINING LTD

*Company Number:* 09473376

*Date of this return:* 05/03/2016

*SIC codes:* 96040

*Company Type:* Private company limited by shares

*Situation of Registered Office:* LANDMARK HOUSE 43-45  
MERTON ROAD  
LIVERPOOL  
MERSEYSIDE  
ENGLAND  
L20 7AP

**Officers of the company**

*Company Director*    ***I***

*Type:*                      **Person**

*Full forename(s):*        **MR COLIN**

*Surname:*                **LLOYD**

*Former names:*

*Service Address:*        **LANDMARK HOUSE 43-45  
MERTON ROAD  
LIVERPOOL  
MERSEYSIDE  
ENGLAND  
L20 7AP**

*Country/State Usually Resident:*    **ENGLAND**

*Date of Birth:*    **\*\*/06/1987**

*Nationality:*    **BRITISH**

*Occupation:*    **MANAGER**

## Statement of Capital (Share Capital)

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<b>Class of shares</b>	<b>ORD</b>	<i>Number allotted</i>	<b>100</b>
		<i>Aggregate nominal value</i>	<b>100</b>
<i>Currency</i>	<b>GBP</b>	<i>Amount paid per share</i>	<b>1</b>
		<i>Amount unpaid per share</i>	<b>0</b>

### *Prescribed particulars*

ONE SHARE EQUALS ONE VOTE, EACH HAVING RIGHTS TO DIVIDENDS. SO LONG AS THERE ARE NO RIGHTS ATTACHED TO SHARES ON WINDING-UP ETC OR REDEMPTION RIGHTS.

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## Statement of Capital (Totals)

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<i>Currency</i>	<b>GBP</b>	<i>Total number of shares</i>	<b>100</b>
		<i>Total aggregate nominal value</i>	<b>100</b>

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## *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 05/03/2016 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for the company are shown below*

*Shareholding 1* : 100 ORD shares held as at the date of this return  
*Name:* COLIN LLOYD

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## *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.