

Registered number
SC477934

21J Stress Solutions Limited

Abbreviated Accounts

31 May 2015

21J Stress Solutions Limited**Registered number:** SC477934**Abbreviated Balance Sheet****as at 31 May 2015**

	Notes	2015
		£
Current assets		
Debtors	7,260	
Cash at bank and in hand	63,159	
	70,419	
Creditors: amounts falling due within one year	(26,030)	
Net current assets		44,389
Net assets		
		44,389
Capital and reserves		
Called up share capital	2	100
Profit and loss account		44,289
Shareholders' funds		
		44,389

The director is satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The director acknowledges his responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

Mr Philip Joseph Beard

Director

Approved by the board on 14 December 2015

21J Stress Solutions Limited
Notes to the Abbreviated Accounts
for the period ended 31 May 2015

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

2 Share capital	Nominal value	2015 Number	2015 £
Alotted, called up and fully paid:			
Ordinary shares	£1 each	100	<u>100</u>
	Nominal value	Number	Amount £
Shares issued during the period:			
Ordinary shares	£1 each	100	<u>100</u>

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