



Companies House

AR01 (ef)

Annual Return



X4YKFKGH

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Company Name: **COMMUNITY NURSING OPTIONS LIMITED**

Company Number: **05419045**

Date of this return: **12/01/2016**

SIC codes: **86900**
88990

Company Type: **Private company limited by shares**

Situation of Registered Office: **THE MALTINGS**
EAST TYNDALL STREET
CARDIFF
CF24 5EA

Officers of the company

Company Secretary 1

Type: **Person**
Full forename(s): **MR PETER**

Surname: **MAX**

Former names:

Service Address: **14 CLIVE PLACE
PENARTH
SOUTH GLAMORGAN
WALES
CF64 1AY**

Company Director **1**

Type: **Person**

Full forename(s): **KATRYN ANGHARAD**

Surname: **MAX**

Former names:

Service Address: **14 CLIVE PLACE
PENARTH
SOUTH GLAMORGAN
WALES
CF64 1AY**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: ****/09/1973** *Nationality:* **BRITISH**

Occupation: **DIRECTOR**

Company Director 2

Type: **Person**
Full forename(s): **MR PETER**

Surname: **MAX**

Former names:

Service Address: **14 CLIVE PLACE
PENARTH
SOUTH GLAMORGAN
WALES
CF64 1AY**

Country/State Usually Resident: **WALES**

Date of Birth: ****/06/1973** *Nationality:* **BRITISH**
Occupation: **DIRECTOR**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	4
		<i>Aggregate nominal value</i>	4
<i>Currency</i>	GBP	<i>Amount paid per share</i>	0
		<i>Amount unpaid per share</i>	0
<i>Prescribed particulars</i>			
NONE			

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	4
		<i>Total aggregate nominal value</i>	4

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 12/01/2016 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **4 ORDINARY shares held as at the date of this return**
Name: **PETER MAX**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.