

**Registered Number 07286710**

**HEALTH CHAMPIONS TRAINING LIMITED**

**Abbreviated Accounts**

**30 June 2015**

## Abbreviated Balance Sheet as at 30 June 2015

	<i>Notes</i>	<i>2015</i>	<i>2014</i>
		£	£
<b>Fixed assets</b>			
Intangible assets	2	1,500	1,800
		<u>1,500</u>	<u>1,800</u>
<b>Current assets</b>			
Cash at bank and in hand		56,201	37,297
		<u>56,201</u>	<u>37,297</u>
<b>Creditors: amounts falling due within one year</b>		(29,097)	(23,920)
<b>Net current assets (liabilities)</b>		<u>27,104</u>	<u>13,377</u>
<b>Total assets less current liabilities</b>		<u>28,604</u>	<u>15,177</u>
<b>Accruals and deferred income</b>		(1,275)	(4,275)
<b>Total net assets (liabilities)</b>		<u>27,329</u>	<u>10,902</u>
<b>Capital and reserves</b>			
Called up share capital	3	100	100
Profit and loss account		27,229	10,802
<b>Shareholders' funds</b>		<u>27,329</u>	<u>10,902</u>

- For the year ending 30 June 2015 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 17 March 2016

And signed on their behalf by:

**P Denise Kennedy, Director**

## Notes to the Abbreviated Accounts for the period ended 30 June 2015

## 1 Accounting Policies

**Basis of measurement and preparation of accounts**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

**Turnover policy**

Turnover represents the total invoice value, excluding value added tax, of sales made during the year and derives from the provision of goods and services falling with the company's ordinary activities.

**Tangible assets depreciation policy**

Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Website - 25% straight line

**Intangible assets amortisation policy**

Goodwill

Acquired goodwill is written off in equal annual instalments over its estimated useful economic life of 10 years.

## 2 Intangible fixed assets

	£
<b>Cost</b>	
At 1 July 2014	3,000
Additions	-
Disposals	-
Revaluations	-
Transfers	-
At 30 June 2015	<u>3,000</u>
<b>Amortisation</b>	
At 1 July 2014	1,200
Charge for the year	300
On disposals	-
At 30 June 2015	<u>1,500</u>
<b>Net book values</b>	
At 30 June 2015	<u><u>1,500</u></u>
At 30 June 2014	<u><u>1,800</u></u>

## 3 Called Up Share Capital

Allotted, called up and fully paid:

	<i>2015</i>	<i>2014</i>
	<i>£</i>	<i>£</i>
100 Ordinary shares of £1 each	100	100

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