



Companies House

AR01 (ef)

Annual Return



Received for filing in Electronic Format on the: **24/10/2014**

X3J6G6AY

Company Name: **LICHFIELD HEALTH AND FITNESS LIMITED**

Company Number: **08243345**

Date of this return: **08/10/2014**

SIC codes: **99999**

Company Type: **Private company limited by shares**

Situation of Registered Office: **GROUND FLOOR WINDSOR HOUSE WINDSOR BUSINESS PARK
TRENT VALLEY ROAD
LICHFIELD
WS13 6EU**

Officers of the company

Company Director ***1***

Type: **Person**

Full forename(s): **MR. MICHAEL**

Surname: **PETROUIS**

Former names:

Service Address: **THE MILL HOUSE MILL LANE
SUTTON COLDFIELD
UNITED KINGDOM
WS9 0LZ**

Country/State Usually Resident: **ENGLAND**

Date of Birth: **07/09/1957**

Nationality: **BRITISH**

Occupation: **DIRECTOR**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	1
		<i>Aggregate nominal value</i>	1
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0

Prescribed particulars

ALL SHARES RANK EQUALLY WITH REGARDS TO VOTING RIGHTS, RIGHTS IN RESPECT OF DIVIDENDS, CAPITAL AND DISTRIBUTION OF CAPITAL IN THE EVENT OF THE COMPANY BEING WOUND UP.THE COMPANY MAY ISSUE SHARES WHICH ARE TO BE REDEEMED, OR ARE LIABLE TO BE REDEEMED AT THE OPTION OF THE COMPANY OR THE HOLDER, AND THE DIRECTORS MAY DETERMINE THE TERMS, CONDITIONS AND MANNER OF REDEMPTION OF ANY SUCH SHARES.

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	1
		<i>Total aggregate nominal value</i>	1

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 08/10/2014 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **1 ORDINARY shares held as at the date of this return**
Name: **MICHAEL PETROUIS**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.