In accordance with Section 87 of the Companies Act 2006

AD01

Change of registered office address



You can use the WebFiling service to file this form online. Please go to www.companieshouse.gov.uk

✓ What this form is for You may use this form to change a company's registered office address Y What this form is NOT for You cannot use this form to the registered office address Limited Liability Partnership do this, please use form LL A Change of registered office a limited liability partnership



03 06/11/2013 COMPANIES HOUSE

#18

	Change of registered office a limited liability partnership	COMPANIES HOUSE
1	Company details	
Company number	08154033	 → Filling in this form Please complete in typescript or in bold black capitals. All fields are mandatory unless specified or indicated by *
Company name in full	MUSCLE FACTORY LTD	
2	New registered office address •	
	The change in registered office address does not take effect until the Registrar has registered this notice A person may validly serve any document on the company at its previous	• Change of registered office For England and Wales companies, the address provided can either be in England or Wales. For Welsh companies, the address provided must be in Wales
	registered office for 14 days from the date that a change of registered office is registered	
Building name/number	137	For companies registered in Scotland or Northern Ireland, the address provided must be in Scotland or Northern Ireland respectively
Street	GREAT HORTON ROAD	
Post town	BRADFORD	
County/Region	WEST YORKSHIRE	
Postcode	B10171 111Q1G1	
3	Signature	
	I am signing this form on behalf of the company	signing has membership Person authorised Under either section 270 or 274 of the Companies Act 2006
Signature	Signature X N-Gilla:	
	This form may be signed by Director 9 , Secretary, Person Authorised 9 , Liquidator, Administrator, Administrative receiver, Receiver manager, Charity commission receiver and manager, CIC manager, Judicial factor	

AD01

Change of registered office address

Presenter information Important information Please note that all information on this form will You do not have to give any contact information, but if you do it will help Companies House if there is a query appear on the public record on the form The contact information you give will be visible to searchers of the public record. Company name Post town County/Region Postcode Country Checklist We may return forms completed incorrectly or with information missing

Where to send You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below

For companies registered in England and Wales¹ The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ DX 33050 Cardiff

For companies registered in Scotland The Registrar of Companies, Companies House, Fourth floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, Scotland, EH3 9FF DX ED235 Edinburgh 1 or LP - 4 Edinburgh 2 (Legal Post)

For companies registered in Northern Ireland The Registrar of Companies, Companies House, Second Floor, The Linenhall, 32-38 Linenhall Street, Belfast, Northern Ireland, BT2 8BG DX 481 NR Belfast 1

Further information

For further information, please see the guidance notes on the website at www companieshouse gov uk or email enquiries@companieshouse gov uk

This form is available in an alternative format. Please visit the forms page on the website at www.companieshouse.gov.uk

Please make sure you have remembered the

☐ The company name and number match the information held on the public Register

You have provided the new registered office

Wales, Scotland, Northern Ireland

☐ The registered office is in the location where the

company was registered e.g. England and Wales,

address in section 2

☐ You have signed the form

following: