



Companies House

AR01 (ef)

Annual Return



X55UE2LM

Received for filing in Electronic Format on the: **28/04/2016**

Company Name: **FLOW AND GO PHYSIO LTD**

Company Number: **09525478**

Date of this return: **02/04/2016**

SIC codes: **96090**

Company Type: **Private company limited by shares**

Situation of Registered Office: **445 ARCHWAY ROAD FLAT 1
LONDON
ENGLAND
N6 4HT**

Officers of the company

Company Director ***I***

Type: **Person**

Full forename(s): **MS FLORENTI**

Surname: **MIHALTEANU**

Former names:

Service Address: **445 ARCHWAY ROAD FLAT 1
LONDON
ENGLAND
N6 4HT**

Country/State Usually Resident: **ENGLAND**

Date of Birth: ****/10/1977** *Nationality:* **ROMANIAN**

Occupation: **PHYSIOTHERAPIST**

Statement of Capital (Share Capital)

| | | | |
|------------------------|-----------------|--------------------------------|----------|
| Class of shares | ORDINARY | <i>Number allotted</i> | 1 |
| | | <i>Aggregate nominal value</i> | 1 |
| <i>Currency</i> | GBP | <i>Amount paid per share</i> | 1 |
| | | <i>Amount unpaid per share</i> | 0 |

Prescribed particulars

FULL RIGHTS TO RECEIVE NOTICE OF, AND ATTEND VOTE AT GENERAL MEETINGS. ONE SHARE CARRIES ONE VOTE, AND FULL RIGHTS TO DIVIDENDS AND CAPITAL DISTRIBUTIONS (INCLUDING UPON WINDING UP).

Statement of Capital (Totals)

| | | | |
|-----------------|------------|--------------------------------------|----------|
| <i>Currency</i> | GBP | <i>Total number of shares</i> | 1 |
| | | <i>Total aggregate nominal value</i> | 1 |

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 02/04/2016 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **1 ORDINARY shares held as at the date of this return**
Name: **FLORENTI MIHALTEANU**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.