

Registered number
07775273

The Helpful Head Ltd

Abbreviated Accounts

30 September 2016

The Helpful Head Ltd

Report to the director on the preparation of the unaudited abbreviated accounts of The Helpful Head Ltd for the year ended 30 September 2016

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the abbreviated accounts of The Helpful Head Ltd for the year ended 30 September 2016 which comprise of the balance sheet and the related notes from the company's accounting records and from information and explanations you have given us.

As a practising member firm of the Association of Chartered Certified Accountants, we are subject to its ethical and other professional requirements which are detailed at <http://rulebook.accaglobal.com/>

It is your duty to ensure that The Helpful Head Ltd has kept adequate accounting records and to prepare statutory accounts that give a true and fair view of the assets, liabilities, financial position and profit of The Helpful Head Ltd. You consider that The Helpful Head Ltd is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the accounts of The Helpful Head Ltd. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the abbreviated accounts.

G C Forest & Co
Chartered Certified Accountants
190 Billet Road
London
E17 5DX

7 October 2016

The Helpful Head Ltd**Registered number:** 07775273**Abbreviated Balance Sheet****as at 30 September 2016**

	Notes	2016 £	2015 £
Fixed assets			
Tangible assets	2	1,323	1,557
Current assets			
Cash at bank and in hand		11,062	10,369
Creditors: amounts falling due within one year		(11,543)	(10,019)
Net current (liabilities)/assets		(481)	350
Net assets		<u>842</u>	<u>1,907</u>
Capital and reserves			
Called up share capital	3	2	2
Profit and loss account		840	1,905
Shareholders' funds		<u>842</u>	<u>1,907</u>

The director is satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

Members have not required the company to obtain an audit in accordance with section 476 of the Act.

The director acknowledges her responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

Fiona Reid

Director

Approved by the board on 7 October 2016

3	Share capital	Nominal value	2016 Number	2016 £	2015 £
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Allotted, called up and fully paid:

Ordinary shares	£1 each	2	<u>2</u>	<u>2</u>
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