Triskell Coaching Limited

Unaudited Abbreviated Accounts

31 March 2016

Triskell Coaching Limited

Registered number: 04620974

Abbreviated Balance Sheet

as at 31 March 2016

N	otes		2016		2015
			£		£
Current assets					
Cash at bank and in hand		2		2	
Creditors: amounts falling due					
within one year		(15,923)		(15,381)	
Net current liabilities			(15,921)		(15,379)
Net liabilities		-	(15,921)	-	(15,379)
Capital and reserves					
Called up share capital	3		2,000		2,000
Profit and loss account			(17,921)		(17,379)
Shareholder's funds		- -	(15,921)	- -	(15,379)

The director is satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The member has not required the company to obtain an audit in accordance with section 476 of the Act.

The director acknowledges her responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

Sandra Powley

Director

Approved by the board on 21 December 2016

Triskell Coaching Limited Notes to the Abbreviated Accounts for the year ended 31 March 2016

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant and machinery	3 years straight line
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2	Tangible fixed assets			£	
	Cost				
	At 1 April 2015			804	
	At 31 March 2016			804	
	Depreciation				
	At 1 April 2015			804	
	At 31 March 2016			804	
	Net book value				
	At 31 March 2016				
•	01	Newton	0040	0040	0045
3	Share capital	Nominal	2016	2016	2015
		value	Number	£	£
	Allotted, called up and fully paid:				
	Ordinary shares	£1 each	2,000	2,000	2,000

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