

Abbreviated Accounts
for the Year Ended 31 May 2016
for
A C Fitness Industries Ltd

Contents of the Abbreviated Accounts
for the Year Ended 31 May 2016

	Page
Company Information	1
Abbreviated Balance Sheet	2
Notes to the Abbreviated Accounts	3

A C Fitness Industries Ltd

Company Information
for the Year Ended 31 May 2016

DIRECTOR: A D Carr

REGISTERED OFFICE: 46-48 Long Street
Middleton
Manchester
M24 6UQ

REGISTERED NUMBER: 09049568 (England and Wales)

ACCOUNTANTS: Archwood Accountants
Archwood House
46-48 Long Street
Middleton
Manchester
M24 6UQ

Abbreviated Balance Sheet
31 May 2016

	Notes	31.5.16 £	31.5.15 £
CURRENT ASSETS			
Cash in hand		949	903
CREDITORS			
Amounts falling due within one year		<u>689</u>	<u>761</u>
NET CURRENT ASSETS		<u>260</u>	<u>142</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>260</u>	<u>142</u>
CAPITAL AND RESERVES			
Called up share capital	2	100	100
Profit and loss account		<u>160</u>	<u>42</u>
SHAREHOLDERS' FUNDS		<u>260</u>	<u>142</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 May 2016.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 May 2016 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.
- (b)

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the director on 9 November 2016 and were signed by:

A D Carr - Director

Notes to the Abbreviated Accounts
for the Year Ended 31 May 2016

1. **ACCOUNTING POLICIES**

Accounting convention

The financial statements have been prepared under the historical cost convention.

Financial reporting standard number 1

Exemption has been taken from preparing a cash flow statement on the grounds that the company qualifies as a small company.

Turnover

Turnover represents net invoiced sales of services, excluding value added tax.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

2. **CALLED UP SHARE CAPITAL**

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	31.5.16 £	31.5.15 £
100	Ordinary	£1	<u>100</u>	<u>100</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.