

Registered Number 01377479

FINANCIAL HEALTH LIMITED

Abbreviated Accounts

31 March 2016

Abbreviated Balance Sheet as at 31 March 2016

	<i>Notes</i>	<i>2016</i>	<i>2015</i>
		<i>£</i>	<i>£</i>
Fixed assets			
Tangible assets	2	19,698	17,773
		<u>19,698</u>	<u>17,773</u>
Current assets			
Debtors		22,996	17,259
Cash at bank and in hand		16,758	9,466
		<u>39,754</u>	<u>26,725</u>
Creditors: amounts falling due within one year		(16,816)	(12,676)
Net current assets (liabilities)		<u>22,938</u>	<u>14,049</u>
Total assets less current liabilities		<u>42,636</u>	<u>31,822</u>
Creditors: amounts falling due after more than one year		(10,448)	-
Total net assets (liabilities)		<u>32,188</u>	<u>31,822</u>
Capital and reserves			
Called up share capital	3	5,000	5,000
Profit and loss account		27,188	26,822
Shareholders' funds		<u>32,188</u>	<u>31,822</u>

- For the year ending 31 March 2016 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 23 May 2016

And signed on their behalf by:

Simon Williams, Director

Notes to the Abbreviated Accounts for the period ended 31 March 2016

1 Accounting Policies

Basis of measurement and preparation of accounts

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

Turnover policy

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

Tangible assets depreciation policy

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant & Machinery 33% straight line

2 Tangible fixed assets

	£
Cost	
At 1 April 2015	21,505
Additions	5,714
Disposals	-
Revaluations	-
Transfers	-
At 31 March 2016	<u>27,219</u>
Depreciation	
At 1 April 2015	3,732
Charge for the year	3,789
On disposals	-
At 31 March 2016	<u>7,521</u>
Net book values	
At 31 March 2016	<u>19,698</u>
At 31 March 2015	<u>17,773</u>

3 Called Up Share Capital

Allotted, called up and fully paid:

	2016	2015
	£	£
5,000 Ordinary shares of £1 each	5,000	5,000

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the Companies Act 2006.