

COMPANY REGISTRATION NUMBER 4799990

HEARTBEAT TRAINING LIMITED
UNAUDITED ABBREVIATED ACCOUNTS
30 JUNE 2016

THURSDAY



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30/03/2017

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COMPANIES HOUSE

ABRAMS ASHTON
Chartered Accountants
77 Corporation Street
St Helens
Merseyside
WA10 1SX

HEARTBEAT TRAINING LIMITED

ABBREVIATED ACCOUNTS

YEAR ENDED 30 JUNE 2016

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HEARTBEAT TRAINING LIMITED

CHARTERED ACCOUNTANTS' REPORT TO THE DIRECTORS ON THE PREPARATION OF THE UNAUDITED STATUTORY ACCOUNTS OF HEARTBEAT TRAINING LIMITED

YEAR ENDED 30 JUNE 2016

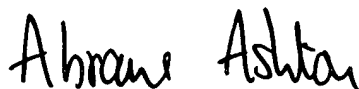
In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the abbreviated accounts of Heartbeat Training Limited for the year ended 30 June 2016 which comprise the Balance Sheet and the related notes from the company's accounting records and from information and explanations you have given us.

As a practising member firm of the Institute of Chartered Accountants in England and Wales (ICAEW), we are subject to its ethical and other professional requirements which are detailed at icaew.com/regulations.

This report is made solely to the Board of Directors of Heartbeat Training Limited, as a body, in accordance with the terms of our engagement letter. Our work has been undertaken solely to prepare for your approval the abbreviated accounts of Heartbeat Training Limited and state those matters that we have agreed to state to them, as a body, in this report in accordance with AAF 07/16 as detailed at icaew.com/en/members/regulations-standards-and-guidance/. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than Heartbeat Training Limited and its Board of Directors, as a body, for our work or for this report.

It is your duty to ensure that Heartbeat Training Limited has kept adequate accounting records and to prepare statutory abbreviated accounts that give a true and fair view of the assets, liabilities, financial position and profit of Heartbeat Training Limited. You consider that Heartbeat Training Limited is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the abbreviated accounts of Heartbeat Training Limited. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory abbreviated accounts.



ABRAMS ASHTON
Chartered Accountants

77 Corporation Street
St Helens
Merseyside
WA10 1SX

29/3/17

HEARTBEAT TRAINING LIMITED
ABBREVIATED BALANCE SHEET

30 JUNE 2016

	Note	2016	2015
		£	£
FIXED ASSETS	2		
Tangible assets		24,001	23,277
CURRENT ASSETS			
Debtors		440	-
Cash at bank and in hand		4,233	11,902
		4,673	11,902
CREDITORS: Amounts falling due within one year		(11,480)	(12,271)
NET CURRENT LIABILITIES		(6,807)	(369)
TOTAL ASSETS LESS CURRENT LIABILITIES		17,194	22,908
PROVISIONS FOR LIABILITIES		(393)	(148)
		16,801	22,760
CAPITAL AND RESERVES			
Called up equity share capital	3	100	100
Profit and loss account		16,701	22,660
SHAREHOLDERS' FUNDS		16,801	22,760

The Balance sheet continues on the following page.
The notes on pages 4 to 5 form part of these abbreviated accounts.

HEARTBEAT TRAINING LIMITED
ABBREVIATED BALANCE SHEET *(continued)*

30 JUNE 2016

For the year ended 30 June 2016 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These abbreviated accounts have been prepared in accordance with the special provisions applicable to companies subject to the small companies regime.

These abbreviated accounts were approved by the directors and authorised for issue on 29/03/2017, and are signed on their behalf by:


Mrs S Ralfs
Director

Company Registration Number: 4799990

The notes on pages 4 to 5 form part of these abbreviated accounts.

HEARTBEAT TRAINING LIMITED
NOTES TO THE ABBREVIATED ACCOUNTS
YEAR ENDED 30 JUNE 2016

1. ACCOUNTING POLICIES

1.1 Basis of accounting

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

1.2 Turnover

Turnover represents revenue earned under contracts to provide professional services to third parties.

Revenue is recognised as earned when and to the extent that, the firm obtains the right to consideration in exchange for its performance under those contracts. It is measured at the fair value of the right to consideration which represents amounts chargeable to clients, including recoverable expenses and disbursements.

1.3 Depreciation

Depreciation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows:

Freehold property	- 2% straight line
Fixtures, fittings & equipment	- 20% reducing balance
Computer equipment	- 33% straight line

1.4 Deferred taxation

Deferred tax is provided in full in respect of taxation deferred by timing differences between the treatment of certain items for taxation and accounting purposes. The deferred tax has not been discounted.

HEARTBEAT TRAINING LIMITED
NOTES TO THE ABBREVIATED ACCOUNTS
YEAR ENDED 30 JUNE 2016

2. FIXED ASSETS

	Tangible Assets £
COST	
At 1 July 2015	32,584
Additions	2,019
Disposals	<u>(186)</u>
At 30 June 2016	<u>34,417</u>
DEPRECIATION	
At 1 July 2015	9,307
Charge for year	1,213
On disposals	<u>(104)</u>
At 30 June 2016	<u>10,416</u>
NET BOOK VALUE	
At 30 June 2016	<u>24,001</u>
At 30 June 2015	<u>23,277</u>

3. SHARE CAPITAL

Authorised share capital:

	2016 £	2015 £
1,000 Ordinary shares of £1 each	<u>1,000</u>	<u>1,000</u>

Allotted, called up and fully paid:

	2016 No.	£	2015 No.	£
Ordinary shares of £1 each	<u>100</u>	<u>100</u>	<u>100</u>	<u>100</u>