

Registered number: 04383196

Jon Munroe Personal Training Limited

**ABBREVIATED ACCOUNTS
FOR THE YEAR ENDED 28/02/2016**

Prepared By:

GTA

8

Quarles Park Road

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ABBREVIATED ACCOUNTS
FOR THE YEAR ENDED 28/02/2016

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The company's registered number is 04383196

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BALANCE SHEET AT 28/02/2016

	Notes	2016 £	2015 £
CURRENT ASSETS			
Debtors (amounts falling due within one year)	2	2,116	6,204
Cash at bank and in hand		608	533
		<u>2,724</u>	<u>6,737</u>
CREDITORS: Amounts falling due within one year		<u>2,720</u>	<u>5,792</u>
NET CURRENT ASSETS		<u>4</u>	<u>945</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>4</u>	<u>945</u>
CAPITAL AND RESERVES			
Called up share capital	3	4	4
Profit and loss account		-	941
SHAREHOLDERS' FUNDS		<u>4</u>	<u>945</u>

For the year ending 28/02/2016 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

**Approved by the board on 10/11/2016 and signed on their behalf
by**

John Munroe
Director

NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 28/02/2016

1. ACCOUNTING POLICIES

1a. Basis Of Accounting

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

1b. Cash Flow Statement

The Company is exempt from including a statement of cash flows in its accounts in accordance with Financial Reporting Standard for Smaller Entities (effective January 2015).

1c. Taxation

Corporation tax payable is provided on taxable profits at the current rates.

Provision is made for deferred taxation in so far as a liability or asset has arisen as a result of transactions that had occurred by the balance sheet date and have given rise to an obligation to pay more tax in the future, or the right to pay less tax in the future. An asset has not been recognised to the extent that the transfer of economic benefits in the future is uncertain. Deferred tax assets and liabilities recognised have not been discounted.

1d. Turnover

Turnover represents the invoiced value of goods and services supplied by the company, net of value added tax and trade discounts.

2. DEBTORS	2016	2015
	£	£
Amounts falling due within one year:		
Trade debtors	4	4
Other debtors	2,112	6,200
	<u>2,116</u>	<u>6,204</u>

3. SHARE CAPITAL

	2016	2015
	£	£
Allotted, issued and fully paid:		
4 Ordinary shares of £1 each	<u>4</u>	<u>4</u>
	<u>4</u>	<u>4</u>

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