

Physio Force Limited
Abbreviated Unaudited Accounts
for the Year Ended
29 February 2016

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for the Year Ended 29 February 2016

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Physio Force Limited

Company Information
for the Year Ended 29 February 2016

DIRECTOR: SJ Poole

SECRETARY: Miss S G Starbuck

REGISTERED OFFICE: 10 Overbrook Way
North Baddesley
Hampshire
SO52 9GS

REGISTERED NUMBER: 06127088 (England and Wales)

ACCOUNTANTS: David Tilsley Limited
91 Lakewood Road
Chandlers Ford
Eastleigh
Hampshire
SO53 5AD

Abbreviated Balance Sheet
29 February 2016

	Notes	29.2.16 £	28.2.15 £
CURRENT ASSETS			
Debtors		30,438	19,809
Cash at bank		<u>600</u>	<u>1</u>
		31,038	19,810
CREDITORS			
Amounts falling due within one year		<u>9,455</u>	<u>8,966</u>
NET CURRENT ASSETS		<u>21,583</u>	<u>10,844</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>21,583</u>	<u>10,844</u>
CAPITAL AND RESERVES			
Called up share capital	2	100	100
Profit and loss account		<u>21,483</u>	<u>10,744</u>
SHAREHOLDERS' FUNDS		<u>21,583</u>	<u>10,844</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 29 February 2016.

The members have not required the company to obtain an audit of its financial statements for the year ended 29 February 2016 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the director on 26 July 2016 and were signed by:

SJ Poole - Director

Notes to the Abbreviated Accounts
for the Year Ended 29 February 2016

1. **ACCOUNTING POLICIES**

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover

Turnover represents net invoiced sales of services, excluding value added tax, except in respect of service contracts where turnover is recognised when the company obtains the right to consideration.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

2. **CALLED UP SHARE CAPITAL**

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	29.2.16 £	28.2.15 £
100	Ordinary	£1	<u>100</u>	<u>100</u>

3. **DIRECTOR'S ADVANCES, CREDITS AND GUARANTEES**

The following advances and credits to a director subsisted during the years ended 29 February 2016 and 28 February 2015:

	29.2.16 £	28.2.15 £
SJ Poole		
Balance outstanding at start of year	18,328	18,209
Amounts advanced	37,104	31,568
Amounts repaid	(30,094)	(31,449)
Balance outstanding at end of year	<u>25,338</u>	<u>18,328</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.