



*Companies House*  
— for the record —

**AR01** (ef)

**Annual Return**



XT4TJI1P

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*Company Name:* **CONSCIOUS HEALTHCARE LIMITED**

*Company Number:* **SC354690**

*Date of this return:* **06/02/2010**

*SIC codes:* **8514**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **FLAT 1/ 1 41 ST. VINCENT CRESCENT  
GLASGOW  
G3 8NG**

**Officers of the company**

*Company Secretary* **I**

*Type:* **Person**

*Full forename(s):* **MR STEPHEN JOHN**

*Surname:* **PATERSON**

*Former names:*

*Service Address:* **FLAT 1/ 1 41 ST. VINCENT CRESCENT  
GLASGOW  
G3 8NG**

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*Company Director* **1**

*Type:* **Person**

*Full forename(s):* **LYNN**

*Surname:* **ALEXANDER**

*Former names:*

*Service Address:* **FLAT 3/ 1 1083 SAUCHIEHALL STREET  
GLASGOW  
G3 7UE**

*Country/State Usually Resident:* **SCOTLAND**

*Date of Birth:* **1978-01-09**

*Nationality:* **BRITISH**

*Occupation:* **DIRECTOR**

*Company Director*      **2**

*Type:*                              **Person**  
*Full forename(s):*              **STEPHEN JOHN**  
*Surname:*                        **PATERSON**  
*Former names:*  
*Service Address:*              **FLAT 1/ 1**  
   **41 ST VINCENT CRESCENT**  
   **GLASGOW**  
   **G3 8NG**

*Country/State Usually Resident:*    **SCOTLAND**

*Date of Birth:*    **1982-01-23**                              *Nationality:*    **BRITISH**  
*Occupation:*    **DIRECTOR**

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## Statement of Capital (Share Capital)

|                               |                                       |                                |          |
|-------------------------------|---------------------------------------|--------------------------------|----------|
| <b>Class of shares</b>        | <b>ORDINARY</b>                       | <i>Number allotted</i>         | <b>2</b> |
|                               |                                       | <i>Aggregate nominal value</i> | <b>2</b> |
| <i>Currency</i>               | <b>GBP</b>                            | <i>Amount paid per share</i>   | <b>1</b> |
|                               |                                       | <i>Amount unpaid per share</i> | <b>0</b> |
| <i>Prescribed particulars</i> | <b>STANDARD ORDINARY SHARE RIGHTS</b> |                                |          |

## Statement of Capital (Totals)

|                 |            |                                      |          |
|-----------------|------------|--------------------------------------|----------|
| <i>Currency</i> | <b>GBP</b> | <i>Total number of shares</i>        | <b>2</b> |
|                 |            | <i>Total aggregate nominal value</i> | <b>2</b> |

### *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 06/02/2010 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for a private or non-traded public company are shown below*

*Shareholding* : 1

**1 ORDINARY Shares held as at 06/02/2010**

*Name:* **STEPHEN PATERSON**

*Address:*

*Shareholding* : 2

**1 ORDINARY Shares held as at 06/02/2010**

*Name:* **LYNN ALEXANDER**

*Address:*

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*Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.