

REGISTERED NUMBER: 07865772 (England and Wales)

ABBREVIATED UNAUDITED ACCOUNTS FOR THE YEAR ENDED 30 NOVEMBER 2016

FOR

MORES' OCCUPATIONAL HEALTH LIMITED

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for the Year Ended 30 November 2016

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MORES' OCCUPATIONAL HEALTH LIMITED

COMPANY INFORMATION

for the Year Ended 30 November 2016

DIRECTOR:

Ms R M Sibanda

REGISTERED OFFICE:

17 Conrad Gardens
Grays
Essex
RM16 2TN

REGISTERED NUMBER:

07865772 (England and Wales)

ACCOUNTANTS:

Access Accountants Limited
107A Ripple Road
Barking
England
IG11 7NY

ABBREVIATED BALANCE SHEET
30 November 2016

	Notes	30.11.16 £	£	30.11.15 £	£
FIXED ASSETS					
Tangible assets	2		1,350		1,353
CURRENT ASSETS					
Debtors		29,040		19,883	
Cash at bank and in hand		<u>2,296</u>		<u>273</u>	
		31,336		20,156	
CREDITORS					
Amounts falling due within one year		<u>11,863</u>		<u>9,690</u>	
NET CURRENT ASSETS			<u>19,473</u>		<u>10,466</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			<u>20,823</u>		<u>11,819</u>
CAPITAL AND RESERVES					
Called up share capital	3		1		1
Profit and loss account			<u>20,822</u>		<u>11,818</u>
SHAREHOLDERS' FUNDS			<u>20,823</u>		<u>11,819</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 November 2016.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 November 2016 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.
- (b)

ABBREVIATED BALANCE SHEET - continued
30 November 2016

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the director on 10 August 2017 and were signed by:

Ms R M Sibanda - Director

NOTES TO THE ABBREVIATED ACCOUNTS
for the Year Ended 30 November 2016

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover

Turnover represents net invoiced sales of services, excluding value added tax.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on reducing balance
Computer equipment	- 25% on reducing balance

2. TANGIBLE FIXED ASSETS

	Total £
COST	
At 1 December 2015	2,305
Additions	443
At 30 November 2016	<u>2,748</u>
DEPRECIATION	
At 1 December 2015	952
Charge for year	446
At 30 November 2016	<u>1,398</u>
NET BOOK VALUE	
At 30 November 2016	<u>1,350</u>
At 30 November 2015	<u>1,353</u>

3. CALLED UP SHARE CAPITAL

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	30.11.16 £	30.11.15 £
1	Ordinary	1	<u>1</u>	<u>1</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.