

**REGISTERED NUMBER: 07865772 (England and Wales)**

**ABBREVIATED UNAUDITED ACCOUNTS FOR THE YEAR ENDED 30 NOVEMBER 2013**

**FOR**

**MORES' OCCUPATIONAL HEALTH LIMITED**

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**for the Year Ended 30 NOVEMBER 2013**

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**MORES' OCCUPATIONAL HEALTH LIMITED**

**COMPANY INFORMATION**

**for the Year Ended 30 NOVEMBER 2013**

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**DIRECTOR:**

Ms R M Sibanda

**REGISTERED OFFICE:**

12 St. Awdrys Road  
Barking  
Essex  
IG11 7QD

**REGISTERED NUMBER:**

07865772 (England and Wales)

**ACCOUNTANTS:**

Access Accountants Limited  
Chartered Certified Accountants  
453 Ripple Road  
Barking  
London  
IG11 9Q

**MORES' OCCUPATIONAL HEALTH LIMITED (REGISTERED NUMBER: 07865772)****ABBREVIATED BALANCE SHEET****30 NOVEMBER 2013**

	Notes	30.11.13 £	£	30.11.12 £	£
<b>FIXED ASSETS</b>					
Tangible assets	2		645		861
<b>CURRENT ASSETS</b>					
Debtors		3,865		-	
Cash at bank and in hand		<u>2,844</u>		<u>8,140</u>	
		6,709		8,140	
<b>CREDITORS</b>					
Amounts falling due within one year		<u>6,683</u>		<u>7,913</u>	
<b>NET CURRENT ASSETS</b>			<u>26</u>		<u>227</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			<u>671</u>		<u>1,088</u>
<b>CAPITAL AND RESERVES</b>					
Called up share capital	3		1		1
Profit and loss account			<u>670</u>		<u>1,087</u>
<b>SHAREHOLDERS' FUNDS</b>			<u>671</u>		<u>1,088</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 November 2013.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 November 2013 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.
- (b)

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the director on 29 August 2014 and were signed by:

Ms R M Sibanda - Director

The notes form part of these abbreviated accounts

**NOTES TO THE ABBREVIATED ACCOUNTS**  
**for the Year Ended 30 NOVEMBER 2013**

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**1. ACCOUNTING POLICIES**

**Accounting convention**

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

**Turnover**

Turnover represents net invoiced sales of services, excluding value added tax.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment                      - 25% on reducing balance

**2. TANGIBLE FIXED ASSETS**

	Total £
<b>COST</b>	
At 1 December 2012	
and 30 November 2013	<u>988</u>
<b>DEPRECIATION</b>	
At 1 December 2012	127
Charge for year	<u>216</u>
At 30 November 2013	<u>343</u>
<b>NET BOOK VALUE</b>	
At 30 November 2013	<u>645</u>
At 30 November 2012	<u>861</u>

**3. CALLED UP SHARE CAPITAL**

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	30.11.13 £	30.11.12 £
1	Ordinary	1	<u>1</u>	<u>1</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.