

Oyez

Please complete in typescript,
or in bold black capitals.
CHFP041

288a

APPOINTMENT of director or secretary
(NOT for resignation (use Form 288b) or change
of particulars (use Form 288c))

Company Number 4560244

Company Name in full NATURAL FOODS LLANIDLOES LIMITED

Date of appointment Day Month Year 24 10 2005
† Date of Birth Day Month Year 11 03 1972

Appointment form

Appointment as director

X

as secretary

Please mark the appropriate box. If appointment is as a director and secretary mark both boxes.

NAME

*Style / Title

MISS

*Honours etc.

Forename(s)

FLEUR ANNA

Surname

HINKS

Previous Forename(s)

Previous Surname(s)

†† Usual residential address

5 VAN TERRACE VAN

Post town

LLANIDLOES

Postcode

SY18 6NW

County / Region

POWYS

Country

UK

† Nationality

BRITISH

† Business occupation

SHOP ASSISTANT

† Other directorships (additional space overleaf)

NONE

I consent to act as **director / secretary of the above named company

Consent signature

[Signature]

Date

18.10.05

*Voluntary details.

† Directors only.

**Delete as appropriate.

A director, secretary etc must sign the form below.

Signed

[Signature] MD Frost

Date

24.10.05

You do not have to give any contact information in the box opposite but if you do, it will help Companies House to contact you if there is a query on the form. The contact information that

HARRISONS

11 BERRIEW STREET, WELSHPOOL, POWYS

SY21 7SL

Tel 01938 552545

DX number DX 29215 DX exchange WELSHPOOL

When you have completed and signed the form please send it to the Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff
for companies registered in England and Wales or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB DX 235 Edinburgh
for companies registered in Scotland or LP - 4 Edinburgh 2



A11 COMPANIES HOUSE 09/11/2005
A53 COMPANIES HOUSE 27/10/2005

Company Number

†Directors only.

†Other directorships

NOTES

Show the full forenames. NOT INITIALS. If the director or secretary is a Corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years.

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname, and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.