

Reports and Financial Statements

For the year ended 31 March 2020

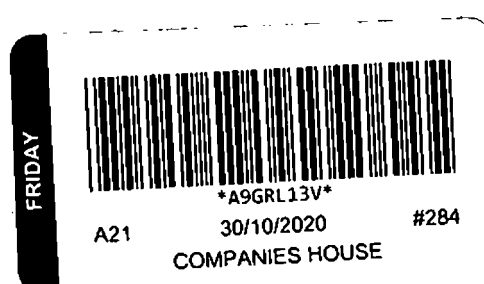
New Hope Christian Counselling

Registered in England and Wales

Registered Charity 1141104

Registered Company 07501815

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NEW HOPE CHRISTIAN COUNSELLING REPORT OF THE TRUSTEES YEAR ENDED 31 MARCH 2020

The directors of New Hope Christian counselling ("the charitable company") are its Trustees for the purpose of charity law and throughout this report are collectively referred to as its Trustees. The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015). The Trustees have pleasure in presenting the charitable company's report and financial statements for the year ended 31 March 2020.

1. OBJECTIVES AND ACTIVITIES

The object of the charity is:

To promote and protect the mental health of the public, in particular those living in Warwick, Leamington Spa, Kenilworth and Stratford Upon Avon and the surrounding area through the provision of counselling and support for people in need.

The trustees aim to pursue these objects through counselling offered mainly by volunteers who are either qualified to Diploma Level and above or are in the final year of their University/College course. New Hope has a few qualified counsellors who offer counselling as well as other services to the charity. No set fees are charged although donations are invited.

Counselling services are open to anyone from the local community who feels they may benefit from counselling. There are no restrictions on the grounds of age, gender, ethnicity, religious beliefs etc. If there are no counselling places available following initial assessment, clients are placed on a waiting list. When a counsellor is available those who have been on the waiting list the longest will be seen first. No preference is given to or discrimination made against clients with any particular issue. We request that clients make a donation appropriate to what they are able to afford. No one is refused counselling based on an inability to make a financial contribution.

Public Benefit

The trustees are committed to improving the organisation's practice and ensuring that it delivers public benefit as it fulfils its objectives through the provision of counselling services. The trustees have had regard to the guidance from the Charity Commission on reporting on Public Benefit. The Centre is open to all wishing to access its services, including those of other faiths or none.

2. ACHIEVEMENTS AND PERFORMANCE

2.1 Review of the activities of the Charity

In the past year, the charity has counselled 288 people (due to Covid-19 many of these clients were not able to finish face to face counselling).

Counselling is provided for many different issues including: depression, anxiety and stress, addictions, trauma and abuse, bereavement and relationship problems.

The mix of clients was 70% female and 30% male.

Referrals for counselling mainly came from:

- NHS – both GPs and IAPT (Improving Access to Psychological Therapy - 56% of referrals)
- Self (having used the service before)
- Friends, relatives and colleagues who have used the service
- Internet

NEW HOPE CHRISTIAN COUNSELLING REPORT OF THE TRUSTEES (CONT'D) YEAR ENDED 31 MARCH 2020

Counselling took place from four locations:

- The main office in Warwick at 70 Saltisford.
- The Salvation Army premises in Leamington Spa.
- 'Lifeways' in Stratford Upon Avon
- Kenilworth Methodist Church

All the counsellors who work at New Hope are qualified to Diploma Level and above or are completing a student placement as part of their University/College Course. The counselling team give their counselling services voluntarily but some of their supervision costs are covered by the charity. New Hope also provides the counselling team with up to three free training events each year.

2.2 Outcomes and Impact

During the year 2019/20, we are pleased to report:

- The number of counsellors ranged from 40 to 43. This varies at New Hope because some of our trainees only remain with us for short periods and leave after completion of training.
- We successfully gained a further grant from Leamington Town Trust in July 2019 to undertake phase 6 (the final phase) of the 'New Prospects' project counselling those with drug and alcohol problems and homelessness in Leamington Spa.
- We received a generous grant from The King Henry VIII Endowed Trust in March 2020 for counselling those in financial need in the town of Warwick in 2020/21.
- Warwickshire County Council and Kenilworth Town Council gave us grants to increase the provision of counselling from the centre in Kenilworth operating on one day a week.
- Warwickshire County Council also provided funding specifically for long term therapy work in Stratford.
- Our manager, Lyn Smailes, continued to attend the monthly Poverty Forum in Leamington Spa, networking with leaders from other charities who deliver services to the poor in the local community.
- Lyn Smailes continues to participate in the Training Development Group of the Association of Christian Counsellors - an organisation with which New Hope Counselling is affiliated.
- Continuing good relationships with Mental Health Services in Leamington Spa and Stratford upon Avon resulted in some longer-term therapy coming to New Hope.
- One of our assistant managers qualified in Counselling Supervision and is now able to provide that service to some of our counsellors.
- We were given a very generous gift from Lifeways, the charity running the building which is our base in Stratford, to support our work in that town.
- The benefit to those accessing the services is assessed using CORE (Clinical Outcomes in Routine Evaluation) sheets which measure the severity of emotional problems. These are completed by clients before and after counselling. In 2019/20 the improvement was over 40% averaged over all clients which is a substantial positive improvement.

The lock-down imposed towards the end of March 2020 as a result the COVID-19 pandemic has had a major impact on the way New Hope works and some details of our response are set out in paragraph 3.2.

NEW HOPE CHRISTIAN COUNSELLING REPORT OF THE TRUSTEES (CONT'D) YEAR ENDED 31 MARCH 2020

3. FINANCIAL REVIEW

3.1 Results

Details of the financial results for the financial year are given in the Statement of Financial Activities on Page 8, the Balance Sheet on Page 9 and the accompanying notes on Pages 10-13.

The charity has four main sources of funds:

- Voluntary donations by people receiving counselling
- Grants
- Church Donations
- Other Gifts and Donations

The main expenditure of the charity is on the provision of day to day management and administration of counsellors and clients and of premises to carry out counselling services.

During the year ending 31st March 2020, income totalled £79,105 (18/19: £75,275). Expenditure for the year was £81,473 (18/19: £74,769). So overall there was a total net shortfall in Unrestricted and Restricted Funds £2,368 (18/19: net income of £506) during the financial year. Details of any related party transactions are as set out in note 11 to the accounts.

3.2 Going Concern:

Having reviewed the level of funds available together with the future projected cash-flow, the trustees have reasonable expectation that the charity has adequate resources to continue its activities for the foreseeable future. Accordingly, they continue to adopt the going concern basis in preparing the financial statements.

The landscape for a charity offering face to face counselling such as New Hope has been transformed as a result of the COVID-19 pandemic.

The staff team adapted quickly to the challenges of lock-down and enabled counsellors to begin working remotely after organising on-line and telephone counselling. Training for this different way of working was offered and the acceptance of working this way, by most counsellors and clients, has led New Hope to see this as something to be adopted for the future. We applied for and have received some funding for the purchase of additional laptops, phones, headphones, online and telephone training for all staff and qualified counsellors, PPE equipment and enhanced internet provision to enable New Hope to continue to offer counselling all through this period. Risk assessments were undertaken prior to re-opening our head office for on-line and telephone counselling.

As of July 2020 we had most of our counsellors working via these mediums, whether remotely or from our Warwick office. Client referrals have continued and, since the beginning of COVID-19, referrals show 75% presented with severe anxiety and 70% with severe low mood. (Average figures from our 2019/20 statistics for severe anxiety at assessment were 30% and for severe low mood 35%.)

Face to face counselling will return in due course and we have a long waiting list. Online/telephone will remain, with many of our volunteer counsellors working remotely. Remote working has encouraged a higher number of qualified counsellors to remain volunteering for us - over 10 in total.

NEW HOPE CHRISTIAN COUNSELLING REPORT OF THE TRUSTEES (CONT'D) YEAR ENDED 31 MARCH 2020

3.3 Reserves Policy

The charity seeks to hold reserves equal to three to six months of expenditure of between £19,000 and £38,000. The free reserves as at 31st March 2020 were £41,596 which equate to more than six months running costs which it is estimated the charity requires. Increased staffing and associated costs are reducing these reserves and the Trustees are addressing the need to encourage more donations and seek other sources of support for the growing service.

4. FUTURE DEVELOPMENTS

The Trustees continue to focus on ensuring that staff and volunteer levels are sufficient as the number of people using the services continues to increase.

Specific future plans include:

- Strengthening the Trustee body. Interviews of potential candidates are ongoing.
- Offer of on-line and telephone counselling alongside face to face
- Increasing the capacity for internal supervision of counsellors.
- Reorganisation of staff responsibilities to support the growth of New Hope including the establishment of a funding committee composed of paid staff and volunteers.

5. STRUCTURE, GOVERNANCE AND MANAGEMENT

5.1 Constitution of the Charity and Status

New Hope Christian Counselling is an incorporated charity limited by guarantee, having no share capital and is governed by its Articles of Association incorporated on 21/01/2011 as amended by special resolution dated 24/03/2011 and registered at Companies House on 01/04/2011. The company number is 07501815. The charity was registered with the Charity Commission on 4th April 2011 with the number 1141104. The charity is exempt from corporation tax under part 10 of the Income tax Act 2007. The charity also uses the name New Hope Counselling.

5.2 Trustees (Directors):

The trustees (who are also directors for the purpose of Company Law), who held office during the year and to the date of this report are listed on page 5, Reference and Administrative Information.

Trustees are appointed and elected in accordance with the Articles of Association through a vote of members at the AGM and after an appropriate amendment to the Articles of Association are now able to stand for more than two three year terms. All potential trustees are only nominated to stand for election following a skills analysis and suitable references.

Caroline Boyd resigned as a trustee of New Hope on 31st March 2020 and John Baly has given notice that he will resign in September 2020. We are actively seeking replacements and one potential trustee has been interviewed and we are awaiting references. There is other interest for the position of trustee involved in HR.

5.3 Trustee meetings and procedures

All new trustees are given information relating to the responsibilities of trustees and orientation to the work of the Charity. All trustees are encouraged to read the guidance on public benefit issued by the Charities Commission and this is taken into account when making decisions about the charity's activities and in the day to day running of the counselling service.

Trustees are encouraged to visit the counselling centre on a regular basis. Trustees and management personnel have attended various training events during the year. Trustees and staff organised and attended an Away Day to help with collaborative working.

NEW HOPE CHRISTIAN COUNSELLING REPORT OF THE TRUSTEES (CONT'D) YEAR ENDED 31 MARCH 2020

The trustees normally schedule four meetings each year and are joined for most of the meetings by the manager and bookkeeper. In addition trustees met four times for extra-ordinary meetings to discuss strategy and staffing. All meetings are fully recorded with clear decisions and action points. During 2019/20 there was a change in the person fulfilling the role of bookkeeper.

The trustees have a programme to ensure that policies and procedures are regularly updated and reviewed. Legal advice is sought when necessary.

Current policies include:-

- Statement of counselling policy
- Volunteer policy
- Child protection policy
- Vulnerable adults policy
- Confidentiality and Data Protection
- Employee Privacy notices for staff and volunteers, and for recruitment
- Grievance procedure for employees and volunteers
- Disciplinary procedure
- Complaints procedure for clients
- Equality and Diversity policy

Related party issues are fully declared in the financial statements. The trustees have a clear procedure that if there is a potential conflict of interest on any matter, the trustee with the potential conflict of interest is asked to leave the room and take no part in the debate or decision.

5.4 Organisation of the Charity

The operations of the charity are conducted in accordance with the policies and strategy approved by the trustees. There are no standing sub-committees but expert advice concerning a revision to the Articles of Association was sought and appropriate amendments are in the process of being agreed. The trustees are also actively involved in the running of the charity to try to keep overheads and costs as low as possible. Trustees help with interviewing paid staff, with finances, HR including appraisals of the manager and assistant managers and with negotiations around the lease of the Warwick head office. They seek to provide ongoing support to the paid management and volunteers. The charity currently has a manager, two assistant managers, an administrator and three caretaker/mentors as well as volunteer counsellors and administrative assistants. All management personnel and administrators are part time. The managers, caretakers and administrator receive payment for their services.

5.5 Risk Management

The trustees review risk and seek to ensure all major risks to which the charity might be exposed are identified, in particular those relating to the operations and finances of the charity. The trustees are satisfied that there are systems in place to mitigate the exposure to major risks.

6. REFERENCE AND ADMINISTRATIVE INFORMATION

Legal Registration

Registered in England and Wales

Company limited by guarantee – Number 07501815

Registered Charity – Number 1141104

Trustees

Alison Oliver (Chair)

Caroline Boyd (resigned on 31st March 2020)

Ian Tilford

Jane Haygreen

John Baly (has given notice to resign in September 2020)

**NEW HOPE CHRISTIAN COUNSELLING
REPORT OF THE TRUSTEES (CONT'D)
YEAR ENDED 31 MARCH 2020**

Principal Address

70 Saltisford

Warwick

CV34 4TT

Tel: 07799015650

E-mail: lyn@newhopecounselling.org.uk

Website: newhopecounselling.org.uk

Bankers

HSBC

and

CAF Bank Ltd

126 The Parade

25 Kings Hill Avenue

Leamington Spa

Kings Hill

CV32 4BU

West Malling

Kent ME19 4JQ

Independent Examiner

Ian English

38 Sambourn Close

Solihull

B91 2SA

7. STATEMENT OF TRUSTEES' RESPONSIBILITIES

Company law requires the trustees prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the balance sheet date and of its income and expenditure for the financial year. In preparing those financial statements, the trustees are required to:-

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- comply with applicable accounting standards, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume the charity will continue in business.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The financial statements have been prepared in accordance with the special provisions of the Companies Act 2006 relating to small companies.

ON BEHALF OF THE TRUSTEES

Alison Oliver

Alison Oliver (Chair)

Date: 21/10/2020

INDEPENDENT EXAMINERS REPORT TO THE TRUSTEES OF NEW HOPE CHRISTIAN COUNSELLING ('THE Company') YEAR ENDED 31 MARCH 2020

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2020, which are set out on pages 8 to 13.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent Examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed



**Ian English
38 Sambourn Close
Solihull
B91 2SA**

Date: 1/10/2020

NEW HOPE CHRISTIAN COUNSELLING
STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING AN INCOME AND EXPENDITURE ACCOUNT)
YEAR ENDED 31 MARCH 2020

	Note	2019/20			2018/19		
		Unrestricted	Restricted	Total Funds	Unrestricted	Restricted	Total Funds
		Funds	Funds	2019/20	Funds	Funds	2018/19
		£	£	£	£	£	£
INCOME FROM:							
Donations, legacies and grants	2	64,710	14,395	79,105	63,775	11,500	75,275
Charitable activities	3	-	-	-	-	-	-
TOTAL INCOME		64,710	14,395	79,105	63,775	11,500	75,275
EXPENDITURE ON:							
Raising Funds		83	-	83	138	-	138
Charitable activities	4	74,000	7,390	81,390	56,332	18,299	74,631
TOTAL EXPENDITURE		74,083	7,390	81,473	56,470	18,299	74,769
NET INCOME AND NET MOVEMENT IN FUNDS		(9,373)	7,005	(2,368)	7,305	(6,799)	506
RECONCILIATION OF FUNDS							
Total funds brought forward		50,969	-	50,969	43,664	6,799	50,463
TOTAL FUNDS CARRIED FORWARD		41,596	7,005	48,601	50,969	-	50,969

The Statement of Financial Activities includes all gains and losses recognised in the year.

**NEW HOPE CHRISTIAN COUNSELLING
BALANCE SHEET
AS AT 31 MARCH 2020**

	Note	<u>2020</u>		<u>2019</u>	
		£	£	£	£
FIXED ASSETS					
Tangible Fixed Assets	8	-	-	-	-
CURRENT ASSETS					
Debtors	6	4,863		1,684	
Cash at Bank and in hand		45,002		50,768	
		<u>49,865</u>		<u>52,452</u>	
CREDITORS					
Amounts falling due within one year	7	1,264		1,483	
NET CURRENT ASSETS			<u>48,601</u>		<u>50,969</u>
NET ASSETS			<u>48,601</u>		<u>50,969</u>
<hr/>					
FUNDS					
Unrestricted Funds			41,596		50,969
Restricted Funds			7,005		-
TOTAL FUNDS			<u>48,601</u>		<u>50,969</u>

The notes on pages 10 to 13 form part of these financial statements.

For the year ended 31 March 2020 the company was entitled to exemption from audit under section 477 of the Companies Act 2016 relating to small companies.

Responsibilities of directors/trustees:

(a) The members have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006 - however, in accordance with section 145 of the Charities Act 2011 the accounts have been examined by an independent examiner whose report appears on page 7.

(b) The directors/trustees acknowledge their responsibility for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the Trustees on
and signed on their behalf by :

DATE:

2/10/2020

Alison Oliver (Chair of Trustees)

Alison Oliver

**NEW HOPE CHRISTIAN COUNSELLING
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2020**

1. ACCOUNTING POLICIES

1.1. Status of the company

The charitable company is registered in England and is limited by guarantee and does not have share capital. The liability of members is limited to £1 per member.

1.2 Accounting Convention

The financial statements have been prepared in accordance with the Charities Statement of Recommended Practice (Charities SORP FRS 102) as amended by Update Bulletin 1, Financial Reporting Standard 102 (FRS 102) and the Charities Act 2011. The particular accounting policies adopted are described below.

The financial statements have been prepared under the historical cost convention. The charity meets the definition of a public benefit entity under FRS 102.

1.3 Going concern

Having reviewed the level of funds available together with the future projected cashflows, the trustees have reasonable expectation that the charity has adequate resources to continue its activities for the foreseeable future. Accordingly, they continue to adopt the going concern basis in preparing the financial statements.

1.4 Income

Income is shown on an accruals basis. Donations are recognised when received. Income tax recoverable on Gift Aid donations is recognised when the income is recognised. Grants and legacies are accounted for as soon as any conditions for receipt have been met. Contractual income and performance related grants are only included in the SoFA once the related goods or services have been delivered.

Dividends and interest are accounted for when receivable and allocated to the appropriate fund.

Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for use by the charity are included in income when receivable. Gifts in kind for sale or distribution are only included in the accounts when sold or distributed by the charity.

Donated services and facilities are only included in income (with an equivalent amount in expenditure) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received. The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

1.5 Expenditure

Expenditure is accounted for on an accruals basis. Charitable expenditure comprises of expenditure directly related to the objects of the Charity. Other than fundraising costs, all expenditure including ongoing support, administration and governance costs form an integral part of the cost of carrying out the direct charitable objectives of the charity.

Irrecoverable VAT is charged against the category of expenditure for which it was incurred.

Fundraising and publicity expenditure comprises all the expenditure in relation to fundraising and publicity for the Charity.

1.6 Fixed Assets and Depreciation

Tangible Fixed Assets are stated at historical cost less depreciation. Depreciation is provided on all assets at 25% of cost per annum and is intended to write off the assets over their estimated useful lives. The percentage so written off is subject to annual review. Expenditure on the acquisition of fixed assets over £1,000 (approximately) is capitalised at cost. There are currently no fixed assets.

NEW HOPE CHRISTIAN COUNSELLING
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
YEAR ENDED 31 MARCH 2020

1.7 Fund Accounting

Funds held by the charity are classified as one of:-

Unrestricted General Funds – These are funds which can be used in accordance with the charitable objects at the discretion of the trustees.

Designated Funds – These are funds set aside by the trustees out of unrestricted general funds for specific purposes or projects. There are currently no designated funds.

Restricted Funds – These are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

1.8 Debtors

Grants receivable and other debtors are included at the settlement amount due. Prepayments are valued at the amount prepaid.

1.9 Cash at bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of opening of the deposit.

1.10 Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation arising from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are recognised at their settlement amount.

2. DONATIONS AND SIMILAR INCOME

	2019/20			2018/19		
	Unrestricted Funds	Restricted Funds	Total Funds	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£			£
Donations*	64,710	-	64,710	63,775	-	63,775
Grants	-	14,395	14,395	-	11,500	11,500
	64,710	14,395	79,105	63,775	11,500	75,275

* Including the donation re peppercorn rent of No 70 Salford charged at £3800 less than market rent.

3. INCOME FROM CHARITABLE ACTIVITIES

	2019/20			2018/19		
	Unrestricted Funds	Restricted Funds	Total Funds	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£	£	£	£
Charitable activities	-	-	-	-	-	-

NEW HOPE CHRISTIAN COUNSELLING
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
YEAR ENDED 31 MARCH 2020

	2019/20			2018/19		
	Unrestricted	Restricted	Total Funds	Unrestricted	Restricted	Total Funds
	Funds	Funds		Funds	Funds	
	£	£	£	£	£	£
4. CHARITABLE EXPENDITURE						
Running Costs						
Management Costs	40,214	4,039	44,253	28,679	9,529	38,208
Property Costs	15,648	1,572	17,220	13,013	4,324	17,337
Administration Costs	6,530	656	7,186	4,079	1,356	5,435
	<u>62,392</u>	<u>6,267</u>	<u>68,659</u>	<u>45,771</u>	<u>15,209</u>	<u>60,980</u>
Counselling Costs						
Supervision Costs	7,917	795	8,712	6,809	2,262	9,071
Counsellor training and expenses	2,013	202	2,215	1,934	643	2,577
Insurance & ACC affiliation	993	100	1,093	391	130	521
	<u>10,923</u>	<u>1,097</u>	<u>12,020</u>	<u>9,134</u>	<u>3,035</u>	<u>12,169</u>
Other Charitable Costs						
Other Costs	262	26	288	166	55	221
	<u>262</u>	<u>26</u>	<u>288</u>	<u>166</u>	<u>55</u>	<u>221</u>
Governance Costs						
Independent Examination Fee	400	-	400	400	-	400
Trustees' training & Companies House fee	23	-	23	861	-	861
	<u>423</u>	<u>-</u>	<u>423</u>	<u>1,261</u>	<u>-</u>	<u>1,261</u>
TOTAL CHARITABLE EXPENDITURE	<u>74,000</u>	<u>7,390</u>	<u>81,390</u>	<u>56,332</u>	<u>18,299</u>	<u>74,631</u>

5. STAFF AND TRUSTEES COSTS

	2019/20	2019/20
	£	£
Salaries	47,353	37,840
Social security costs		
Pension costs	238	57
Expenses	<u>1,277</u>	<u>2,715</u>
	<u>48,868</u>	<u>40,612</u>

No remuneration was paid to, or waived by, any Trustee in respect of such office. No expenses were paid to any trustee (2018/19: £ nil).

	2019/20	2018/19
	£	
6. DEBTORS		
Gift Aid receivable	3,815	1,684
Prepayments	<u>1,048</u>	<u>-</u>
	<u>4,863</u>	<u>1,684</u>
7. CREDITORS: Amounts falling due within one year	£	£
General Creditors	<u>1,264</u>	<u>1,483</u>
	<u>1,264</u>	<u>1,483</u>

NEW HOPE CHRISTIAN COUNSELLING
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
YEAR ENDED 31 MARCH 2020

8. FIXED ASSETS

The charity currently holds no fixed assets that have been capitalised.

9. MOVEMENTS OF RESTRICTED FUNDS

	<u>At 1 April</u> <u>2019</u>	<u>Income</u> <u>2019/20</u>	<u>Expenditure</u> <u>2019/20</u>	<u>At 31 March</u> <u>2020</u>
	£	£	£	£
Leamington Town Council (for Prospects project phase 6)	-	1,740	1,740	-
Warwickshire County Council (for Kenilworth)	-	800	800	-
Lifeways Trust (for work from Lifeways in Stratford)	-	4,000	4,000	-
Warwickshire County Council (for Stratford long term)	-	355	90	265
Southam College (for Warwick clients)	-	500	500	-
Kenilworth Town Council	-	1,000	260	740
King Henry V111 Endowment Trust (for 2020/21)	-	6,000	-	6,000
	-	14,395	-	7,005

Leamington Town Council grant is part funding a project called New Prospects which was set up to counsel the homeless and those recovering from drug and alcohol problems living in Leamington Spa.

Warwickshire County Council grant for Kenilworth is for supporting those who live in CV8 (Kenilworth) and experience financial hardship, including provision of a service in Kenilworth one day a week.

Lifeways Trust - the charity running the premises used by New Hope in Stratford made a gift to New Hope out of the surplus from their commercial rent receipts for our work in Stratford.

Warwickshire County Council grant for Stratford was awarded to part fund long term therapy work in Stratford.

Southam College, where one of our staff works, made a gift to New Hope for counselling those in financial need in Warwick.

Kenilworth Town Council grant is for supporting those who live in CV8 (Kenilworth) and experience financial hardship, including provision of a service in Kenilworth one day a week.

King Henry VIII Endowment Trust grant was given to subsidise counselling of residents in CV34 (Warwick) and to buy filing cabinets to retain paper documents for a longer period due to GDPR.

10. ANALYSIS OF NET ASSETS BETWEEN FUNDS

Fund balances at 31 March are represented by:	<u>Unrestricted</u> <u>funds</u>	<u>Restricted</u> <u>funds</u>	<u>Total 31</u> <u>March 2020</u>	<u>Unrestricted</u> <u>funds</u>	<u>Restricted</u> <u>funds</u>	<u>Total 31</u> <u>March 2019</u>
	£	£	£	£	£	£
Tangible fixed assets	-	-	-	-	-	-
Current assets	41,596	7,005	48,601	50,969	-	50,969
	41,596	7,005	48,601	50,969	-	50,969

11. RELATED PARTY DISCLOSURES

Trustees register any related party interests before there is discussion on any grants and trustees do not take part in any decisions when there is a conflict of interest.

During the year gifts totalling £520 (2018/19: £350) were received from trustees.