

Please complete in typescript, or in bold black capitals.

Form revised March 1995

Appointment of director or secretary

Company Number	3390704						
Company Name in full	OPTIMAL MEDIA LIMITES						
★F288A018 ★ Pappoin	Day Month Year Pate of Itment 23 6 97 †Date of Birth						
Appointment Appointment as director	as secretary Please mark the appropriate box. If appointment is as a director and secretary mark both boxes.						
form NAME *Style / Title	*Honours etc						
Notes on completion appear on reverse. Forename(s)	HEATHER ANNE						
Surname	LENCH.						
Previous Forename(s)	Previous Surname(s)						
Usual residential address	HILLCOT, FIR TREE HILL, CHAMBLERS CROSS						
Post town	PICKMANSWORTH. Postcode WESS HLZ						
County / Region	HERES Country ENGLAND						
†Nationality ENCLISH. †Business occupation							
†Other directorships (additional space overleaf)	l control of the cont						
Consent signature * Voluntary details.	Leal 23/6/97						
† Directors only.	A director, secretary etc must sign the form below.						
Signed	Date 23/6/97						
** Please delete as appropriate	(**a director / secretary / administrator / administrative receiver / receiver manager / receiver)						
Please give the name, address, telephone number and, if available,	ALPHA SEAHOILO A FORMATIONS LTD						
a DX number and Exchange of the person Companies House should	2nd FLQOR						
contact if there is any query.	C2 CLEDICENIWELL ROAD						
A03 *A1ZV8WV4* 269	When you have completed and signed the form please send it to the Registrar of Companies at: Companies House, Crown Way, Cardiff, CF4 3UZ DX 33050 Cardiff						
Companies House, Crown Way, Cardiff, CF4 3UZ DX 3305 for companies registered in England and Wales or							

for companies registered in England and Wales

for companies registered in Scotland

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

DX 235 Edinburgh

	Company Number			(
† Directors only.	[†] Other directorships		 	· .	
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NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or preceded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.