



Companies House
— for the record —

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Annual Return



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Company Name: **PERSONAL BEST (GB) LIMITED**

Company Number: **05222970**

Company Details

Period Ending: **06/09/2009**

Company Type: **PRIVATE COMPANY LIMITED BY SHARES**

Principal Business Activities:

SIC codes:

9304

*Registered Office
Address:*

*Register of
Members Address:*

*Register of Debenture
Holders Address:*

**2 VICARAGE CLOSE
NORTHAW
POTTERS BAR
HERTS
EN6 4NY**

Details of Officers of the Company

Company Secretary 1:

Name: **MR PETER EDWARD
SOUTHGATE**

Address: **3 DELLA COURT, WEST LODGE ROAD
COLCHESTER
GBR
CO3 3NW**

Director 1 :

Name: **MR ANDREW JAMES SMITH** *Address:* **2 VICARAGE CLOSE
NORTHAW
POTTERS BAR
HERTFORDSHIRE
EN6 4NY**

Date of Birth: **07/01/1960** *Nationality:* **BRITISH** *Occupation:* **FINANCIAL CONSULTANT**

Director 2 :

Name: **STEPHEN JAMES TREW** *Address:* **144 FOX LANE
PALMERS GREEN
LONDON
N13 4BA**

Date of Birth: **18/03/1947** *Nationality:* **BRITISH** *Occupation:* **FITNESS CONSULTANT**

Share Capital

Issued Share Capital Details:

<i>Class of Share</i>	<i>Number of Shares issued</i>	<i>Aggregate Nominal value of issued Shares</i>
ORDINARY	2	GBP2
<i>TOTALS</i>		
	2	GBP2.000

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 06/09/2009 or that had ceased to be shareholders since the made up date of the previous Annual Return

Shareholding 1:

1 ORDINARY Shares held as at 06/09/2009

Name: **STEPHEN JAMES TREW**

Address:

Shareholding 2:

1 ORDINARY Shares held as at 06/09/2009

Name: **ANDREW JAMES SMITH**

Address:

Authorisation

Authoriser Designation: **secretary**

Date Authorised: **27/01/2010**

Authenticated: **Yes**