

Registered number
09963923

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RACHEL WEEPING FAMILIES INTERNATIONAL

(Private Limited Company by guarantee without share capital use of 'Limited' exemption)

Report and Accounts

31 January 2017

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RACHEL WEeping FAMILIES INTERNATIONAL

(Private Limited Company by guarantee without share capital use of 'Limited' exemption)

Company Information

Directors

Beryl Doreen AMANZE
Marylee LOUBA-LOUBA
Henrietta WILLIAMS
Marcia THOMAS

Accountants

DIVINE CONSULT LIMITED
159 BOUNDFIELD ROAD
LONDON
SE6 1PE

Bankers

Barclays Bank
London

Registered office

Walworth Road Methodist
Church 54 Camberwell Road
London
SE5 0EN

Registered number

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RACHEL WEEPING FAMILIES INTERNATIONAL

(Private Limited Company by guarantee without share capital use of 'Limited' exemption) Registered number: 09963923
Directors' Report

The directors present their report and accounts for the year ended 31 January 2017.

Principal activities

The company's principal activity during the year continued to be empowering mentally challenged individuals to lead fulfilled lives.

Structure, governance and management

Rachel Weeping Families International is a National Mental Health Membership Organisation that works to support residents of Southwark and Lambeth as well as the surrounding Areas affected by Mental Illness achieve a better quality of life. Founded 5 years ago with an aim to support parents living with Mental Illness whose Children were removed from their care and placed in the Social Services Care System. Over recent years our work was expanded and we now support anyone living with a Mental Illness which gave birth to Palm Tree Recovery Club.

Achievements and Performance

Palm Tree Recovery Club has a Membership of over 50 Members both residents of Southwark and Lambeth hosting Peer Network Social Clubs in both Borough on a weekly basis with our Strong and dedicated Members we are determine to let our Voice be heard both Nationally and Globally on issues relating to Mental Illness.



Our aim is to become the Leading Catalyst for Positive changes in the lives of people living with Mental Illness and we hope to achieve this by making a Practical and positive difference by providing our members with a sense of hope and empowerment through effective services, Information and support to those who needs it in our communities.

Our members are at the heart of our vision and we believe that people who experience Mental Illness should be treated with respect and as equal citizens and we are also dedicated to influencing the shaping of a Century where Stigma, prejudice and discrimination will be eradicated and eliminated out of our Societies and Communities.

Rachel Weeping Families Int. was founded in September 2012 in Camberwell of South London is now a Registered Company managed through a regional structure by two Operation Directors who oversees all Company Activities. We now have two Social Clubs and a Floating Support Service named Palm Tree Recovery Club.

Our Directors Board are made of People with a Mental Illness Lived Experience and A Responsible Officer Director. All potential new directors are invited to join the Board for a probationary period of six months they undergo a DBS check and on satisfactory completion and approved references they are appointed by the Board of Directors.

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Directors' Report

With a mission of leading the way to a better quality of life and wellbeing state for people living with mental illness we welcome people to take up membership with Palm Tree Recovery Club and encourage our attendees to join us as members and become actively involved. We provide the opportunity for people to come together who have a shared interest in Mental Illness.

Our Social Clubs are facilitated by two paid staff and as the Clubs grow and develop, it is hope that it will become less reliant on paid Staff and be capably operated by the members as a Peer Network Support Service entirely.

Within the last 2 years there has been a growth in our membership with is contributed to by a lack of Social Opportunities in the local communities as our Service Users only Clubs provides the type of Support that was previously offered by Day Centres and Drop Ins.



Between 2014 – 2016 we were able to help over 50 Adults living with Mental Illness directly as our work fills a gap especially as more and more Service Users are being discharged from Secondary Support Services to Primary Support Services. There has been a reported increase of Service Users experiencing Suicidal Thoughts.

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Directors' Report



Palm Tree Recovery Club provides a safe space for Service Users to undo the Stigma of Mental Illness attached to their identity. our Activities encourages and motivates Service Users to stay well and be in charge of their own Self Care as well as reach their personal goals and aspiration and lead a more improved quality of Life. Our Programmes are aimed at tackling Isolation and offer Community Activities that helps Service Users to better manage their Mental Health Conditions and remain well.



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Directors' Report



How Palm Tree Recovery Club fits In Government Policy

Mental Illness Conditions are mostly connected with other problems which includes poor physical health and other issues relating to Relationships, education, finances, homelessness, immigration, and work prospects. The Government says that they will need to make improvements to Mental Health Services as they recognises that there is now a Crisis in 2015 alone 3 Major Day Centre in Southwark were Closed Down due to lack of funding. Guardian reported in February 2015 that MP'S says the detention of more than 6000 Mentally Ill People in Police cell last year is a continuing scandal that urgently needs to end.

Challenges and Current local needs

29,600 are identified as having recognised Mental Health Needs of which 549 qualify for Social Care as the income from Local Government is dropped by almost 50 percent and it has increasing become harder for us to reach the most Vulnerable people in Mental Health Crisis or distress.

Palm Tree Recovery Club Day Opportunity Social Club and Support Services helps by reducing this cost and fills a gap in the Government Health and Social Care Provision. Some of the Challenges we face are some policies on personalisation and the long process sometimes for Service Users to be access and granted Personal Budgets which actually hinders and in most cases prevents us from helping as many Service Users as we aim to.

Palm Tree Recovery Club Public Benefits

Palm Tree Recovery Club is a Service Users Lead Organisation which was set up by People Living with a Mental Illness and or recovered from Mental Illness for People Living with Mental Illness many of whom lives in poverty and experiences long and short term unemployment.

We provide a Lunch Club serving Hot Nutritious meals Mondays – Thursdays, Advocacy as well as Health and Wellbeing Activities. Mini Mental Health workshops around Anxiety and Depression, Bipolar, Schnophrenia, an Healthy Living Club discussing the different foods, fruits and vegetables and the tremendous health benefits a balance diet brings to one's body.

We run a broad programme of activities tackling isolation and promoting social inclusion for people living with Mental Illness. we aim to help people to get out of their home and get involved into their local community, find a new hobby, make new friends or learn a new skill such as Cookery or African Drumming, Art and Craft, Keep Fit, Men 2 Men Club and Women 2 Women Club, Hair and Beauty, Friends Connected Social Games, one to one support with CV Writing, looking for paid work or Volunteering Opportunities.

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Directors' Report



Referral System

Palm Tree Recovery Club operates from a Referral System Majority of Referrals comes from Mental Hospitals, Health Care Professionals,, CMHT, Family and Friends and other local projects.

Income

We receive income from Personal Budgets Payment and Monthly Membership fees for those we provide a direct service who are beneficiaries requiring continuing support from our Day Opportunity Social Club Services which we use for cash flow by having a float for day to day operations and paying our wages and creditors.

A New Business Plan is in progress which will enable us to achieve long term sustainability for the coming years.

Aims and Objectives for the Future:

"Rachel Weeping Families International aim to dominate the market through excellence".

- Grow our Membership
- Increase Social Clubs and open Franchises across London and Nationally
- Gain our own Premises which will become our Headquarter
- To become the Leading provider of Mental Health Services and Peer Support Services
- To maximising full potentials of all our staff.
- To maximising all our yearly increases whilst operating best value
- To be the industry leader in quality and service performance and standard.
- To develop, enhance and apply the intellectual resources within the Organisation in order to maximise both personal and company growth.
- To be the largest not for profit status provider of Support and Befriending Staffing and resource management solutions within the UK.

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Directors' Report

Plans for Future Periods

Rachel Weeping Families International Mission remains to exist to encourage and empower Mentally Challenged People to lead fulfilled lives and to become active Citizens in our Society. we aim to endorse this by the Activities and Services the Company Provides and for Palm Tree Recovery Club to be an Exemplary Social Club offering Creativity and Wellbeing Activities run by and for people living with Mental Health needs in the community. We aim to achieve an outcome of Better Mental Health and an improve quality of Life for the Families and Communities we serve.

Directors

The following persons served as directors during the

year: Beryl Doreen AMANZE

Marylee LOUBA-LOUBA

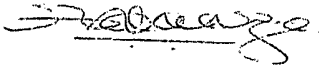
Henrietta WILLIAMS

Marcia THOMAS

Small company provisions

This report has been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

This report was approved by the board on 31 August 2017 and signed on its behalf.



Marylee LOUBA-LOUBA
Director

RACHEL WEEPING FAMILIES INTERNATIONAL

(Private Limited Company by guarantee without share capital use of 'Limited' exemption) Accountants' Report

Accountants' report to the directors of

RACHEL WEEPING FAMILIES INTERNATIONAL

You consider that the company is exempt from an audit for the year ended 31 January 2017. You have acknowledged, on the balance sheet, your responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts. These responsibilities include preparing accounts that give a true and fair view of the state of affairs of the company at the end of the financial year and of its profit or loss for the financial year.

In accordance with your instructions, we have prepared the accounts which comprise the Profit and Loss Account, the Balance Sheet and the related notes from the accounting records of the company and on the basis of information and explanations you have given to us.

We have not carried out an audit or any other review, and consequently we do not express any opinion on these accounts.

DIVINE CONSULT LIMITED

Accountants

**159 BOUNDFIELD
ROAD LONDON
SE6 1PE**

31 August 2017

RACHEL WEEPING FAMILIES INTERNATIONAL

(Private Limited Company by guarantee without share capital use of 'Limited' exemption) Profit and Loss Account
for the year ended 31 January 2017

	Notes	2017 £
Turnover		35,191
Cost of sales		(8,632)
Gross profit		<u>26,559</u>
Administrative expenses		(26,307)
Operating profit		<u>252</u>
Surplus on ordinary activities before taxation		<u>252</u>
Tax on profit on ordinary activities		(50)
Surplus for the financial year		<u><u>202</u></u>

RACHEL WEeping FAMILIES INTERNATIONAL

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Balance Sheet

as at 31 January 2017

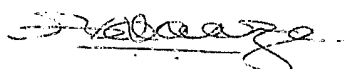
	Notes		2017 £
Current assets			
Debtors	2	1,384	
Cash at bank and in hand		<u>2,584</u>	
		3,968	
Creditors: amounts falling due within one year	3	(3,766)	
Net current assets		<u></u>	202
Net assets		<u></u>	<u>202</u>
Capital and reserves			
Surplus for the financial year			202
Reserves		<u></u>	<u>202</u>

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The member has not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared and delivered in accordance with the special provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.



Marylee LOUBA-LOUBA

Director

Approved by the board on 31 August 2017

RACHEL WEEPING FAMILIES INTERNATIONAL
(Private Limited Company by guarantee without share capital use of 'Limited'
exemption) Notes to the Accounts
for the year ended 31 January 2017

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland.

Turnover

Turnover includes revenue earned from personal budgets payments, voluntary donations and rendering of day opportunity social club services. Turnover from the sale of goods is recognised when the significant risks and rewards of ownership of the goods have transferred to the buyer. Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs.

Tangible fixed assets

Tangible fixed assets are measured at cost less accumulative depreciation and any accumulative impairment losses. Depreciation is provided on all tangible fixed assets, other than freehold land, at rates calculated to write off the cost, less estimated residual value, of each asset evenly over its expected useful life, as follows:

Plant and machinery	over 5 years
Fixtures, fittings, tools and equipment	over 5 years

Debtors

Short term debtors are measured at transaction price (which is usually the invoice price), less any impairment losses for bad and doubtful debts. Loans and other financial assets are initially recognised at transaction price including any transaction costs and subsequently measured at amortised cost determined using the effective interest method, less any impairment losses for bad and doubtful debts.

Creditors

Short term creditors are measured at transaction price (which is usually the invoice price). Loans and other financial liabilities are initially recognised at transaction price net of any transaction costs and subsequently measured at amortised cost determined using the effective interest method.

2 Debtors	2017
	£
Trade debtors	<u>1,384</u>
3 Creditors: amounts falling due within one year	2017
	£
Accrued Salaries	2,022
Accountancy fee	500
Trade creditors	900
Corporation tax	50
Other taxes and social security costs	44
Other creditors	<u>250</u>
	<u>3,766</u>

RACHEL WEEPING FAMILIES INTERNATIONAL

**(Private Limited Company by guarantee without share capital use of 'Limited' exemption) Notes to the Accounts
for the year ended 31 January 2017**

4 Other information

RACHEL WEEPING FAMILIES INTERNATIONAL is a private company limited by guarantee and incorporated in England. Its registered office is: Walworth Road Methodist Church, 54 Camberwell Road, London, England, SE5 0EN

RACHEL WEeping FAMILIES INTERNATIONAL

(Private Limited Company by guarantee without share capital use of 'Limited' exemption) Detailed profit and loss account
for the year ended 31 January 2017

	2017 £
Income	35,191
Cost of sales	(8,632)
Gross profit	<u>26,559</u>
Administrative expenses	(26,307)
Operating profit	<u>252</u>
Surplus on ordinary activities before taxation	<u><u>252</u></u>

RACHEL WEEPING FAMILIES INTERNATIONAL

(Private Limited Company by guarantee without share capital use of 'Limited' exemption) Detailed profit and loss account
for the year ended 31 January 2017

	2017 £
Income	
Southwark Council Clients	25,803
Project Activities Income	6,451
Southside Partnership	2,400
Voluntary Donations	530
Other Income	7
	<u>35,191</u>
Cost of sales	
Purchases	5,829
Other direct costs	2,803
	<u>8,632</u>
Administrative expenses	
Employee costs:	
Wages and salaries	11,024
Employer's NI	116
Travel and subsistence	512
Motor expenses	250
	<u>11,902</u>
Premises costs:	
Rent	9,360
	<u>9,360</u>
General administrative expenses:	
Telephone and fax	493
Stationery and printing	582
Donations	1,365
Bank charges	8
Insurance	663
Equipment expensed	1,335
	<u>4,446</u>
Legal and professional costs:	
Accountancy fees	599
	<u>599</u>
	<u>26,307</u>