

Company Registration No. SC275314

Charity Registration No. SC036055

PARTNERSHIPS FOR WELLBEING LIMITED
TRUSTEES REPORT AND FINANCIAL
STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2013

SIGNPOST INC
Highland Rail House
Station Square
Inverness
IV1 1LE

TUESDAY



S2KHTKXV

SCT

05/11/2013

#177

COMPANIES HOUSE

**PARTNERSHIPS FOR WELLBEING LTD
(COMPANY LIMITED BY GUARANTEE)**

CONTENTS	PAGE
Trustees Annual Report	2-12
Independent Examiner's report	13
Statement of Financial Activities (Incorporating the income and expenditure account)	14
Balance Sheet	15
Notes to the Financial Statements	16-22

**PARTNERSHIPS FOR WELLBEING LTD
(COMPANY LIMITED BY GUARANTEE)**

**TRUSTEES ANNUAL REPORT
YEAR ENDED 31 MARCH 2013**

The trustees, who are also directors for the purpose of company law, have pleasure in presenting their annual report financial statements of the charity for the year ended 31 March 2013.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered charity name	Partnerships for Wellbeing Limited
Charity registration number	SC036055
Company registration number	SC275314
Registered office	31-33 Wells Street Inverness Inverness-shire Inverness IV3 5JU

THE TRUSTEES

The trustees under charity law, who are also the directors under company law, who served the charity during the period were as follows:

A McWilliam (*resigned 28 November 2012*)
C Claridge (*resigned 28 November 2012*)
G Rivett (*resigned 28 November 2012*)
H Keiro (*appointed 29 January 2013*)
H Wood
J Douglas (*appointed 5 March 2013*)
J Fotheringham
P Clark (*appointed 29 January 2013*)
P Crowe (*resigned 28 November 2012*)
P Selby
R Lee
R Marr (*appointed 29 January 2013*)
S Dickinson (*appointed 29 January 2013*)

Bankers	The Royal Bank of Scotland Inverness Chief Office 29 Harbour Road Inverness IV1 1NU
----------------	---

Independent Examiner	Mohamed Ashour ACIE Signpost INC Highland Rail House Station Square Inverness, IV1 1LE
-----------------------------	--

**PARTNERSHIPS FOR WELLBEING LTD
(COMPANY LIMITED BY GUARANTEE)**

**TRUSTEES ANNUAL REPORT (*continued*)
YEAR ENDED 31 MARCH 2013**

Governing Document

Partnerships for Wellbeing is a charitable company limited by guarantee, incorporated on 28th October 2004 and registered as a charity on 25th October 2004

The company was established under a Memorandum of Association, which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

Recruitment and Appointment of Board of Directors

The Directors of the company are also charity trustees for the purposes of charity law and under the company's Articles. Under the requirements of the Memorandum and Articles of Association, at the Annual General Meeting one third of the Directors retire on a rotational basis but may stand for re-election. The Board of Directors meets six times a year and minutes are taken of all meetings.

The Organisation strives to ensure that a wide range of interests and experience from within the statutory services, the voluntary sector and the private sector is represented on the Board of Directors. Prior to joining the Board of Directors, all nominees are required to present for consideration, a short personal profile highlighting their areas of expertise and interest.

A Directors' Code of Conduct and outline of the Roles and Responsibilities of Partnerships for Wellbeing Directors exists. Quarterly strategy meetings provide Directors and management an opportunity to regularly review operational issues and strategic developments.

Partnerships for Wellbeing Ltd has currently a Board of Directors of 9 members who met six times this year and are responsible for the strategic direction and policy of the charity. At present, the Board of Directors are actively seeking to recruit additional directors from a variety of professional backgrounds relevant to the work of the charity.

This year Chris Claridge, Paul Crowe, Angus McWilliam and Gerald Rivett decided not to seek re-election at the AGM, but we were fortunate to recruit Anne Clark, Sally Dickinson, Jaci Douglas, Hazel Keiro, and Roy Marr as replacements.

**PARTNERSHIPS FOR WELLBEING LTD
(COMPANY LIMITED BY GUARANTEE)**

**TRUSTEES ANNUAL REPORT (*continued*)
YEAR ENDED 31 MARCH 2013**

Risk Management

The Directors have considered the major risks to which the organisation is exposed and a risk profile for the organisation has been established.

Systems and procedures have been established to mitigate the risks the organisation faces. Comprehensive recruitment and induction procedures ensure that the organisation is served, at all levels, by the appropriate mix of skills and has representation from all sectors. All staff and Volunteers involved in the delivery of activities are recruited and checked in accordance with Partnerships for Wellbeing) policy and receive on-going training to comply with Health and Safety and Insurance requirements. As the organisation develops, individual Project Risk assessments are undertaken by each project Co-ordinator to ensure that all activities delivered by the organisation have been reviewed and procedures are in place to mitigate any risks identified in this process.

A dedicated database provides a robust means of monitoring and evaluating the range of Partnerships for Wellbeing's activities.

A strategic business plan has been developed by the trustees and the manager of the organisation. This is being updated annually to ensure that the aims and objectives of the organisation continue to reflect those of the funders and are in line with government policy.

Steps have been taken to minimise the financial risks to the organisation. Greater diversification of income has been achieved through the creation of new partnerships. A decision has also been made that, funds permitting, a figure representing 10% of the annual income should be held in reserve to cover staff redundancy. Internal control risks are minimised by the implementation of procedures for authorisation of all transactions.

Organisational Structure

Following the AGM the Directors took the decision to introduce two permanent Sub Committees. One named the Audit to ensure strict compliance with all the financial aspects and to minimise all risks. The second Governance to ensure our policies, procedures, and protocols mirror current legislation and give all concerned with our charity proper direction and guidance.

At the start of this year Michelle Cowie one of our job share Managers resigned and was not replaced. Lynne Bannister our Step it Up Highland Co-ordinator was off most of the year due to illness, and Nicola Dunnet the administrative support was on Maternity leave from September. To compensate for these losses we employed Joanne McCoy as administrator after her role as LGOWIT Co-ordinator ended.

Funding had been secured in 2011/12 to employ resources to promote Step it Up Highland in the rural areas of Skye and Caithness, and we recruited Sue Wood in the former, and entered into a partnership with the Pulteneytown Peoples Project in the latter.

**PARTNERSHIPS FOR WELLBEING LTD
(COMPANY LIMITED BY GUARANTEE)**

**TRUSTEES ANNUAL REPORT *(continued)*
YEAR ENDED 31 MARCH 2013**

We secured funding from NHS Highland to run the Patient Participation Group Development Project on a trial 9 month basis and Bob Pollock was employed to co-ordinate this activity.

Day to day responsibility for the provision of services rests with the project co-ordinators, supported by the manager. Lynne Bannister's absence meant that the Manager, Ian Amott took over her role assisted by Joanne McCoy. They are responsible for ensuring that the charity delivers the specified services and that key performance indicators are met. The Directors have introduced an outcomes based reporting procedure.

Objectives and Activities

The charity's objectives are:

- To contribute to the development of health, wellbeing and social care in a sustainable way throughout the Highlands of Scotland, and as resources permit the United Kingdom, through active partnerships with individuals, communities, and private, statutory and voluntary sectors, tackling isolation and social exclusion in urban, rural and transient populations, facilitating independent and active living.
- The provision of advice and assistance with regard to the establishment and operation of enterprises whose activities are directed towards the aims of above.
- The provision of training opportunities for those referred to above with a view to such residents within the region acquiring skills which will assist them in obtaining paid employment

Statement of Current Strategy

In undertaking these objectives, the organisation aims to add value to health and social care provision, through the effective management and support of volunteers engaged in activities within the health and social care sector.

This is achieved in accordance with the following:

- Establish and maintain positive links with those involved in the development of principles and strategies on Volunteering in health and social care.
- Develop appropriate programmes for Volunteers to contribute to the implementation of strategic health plans.
- Identify partners and establish operational partnerships to further Volunteering within health and social care sector
- Recruit Volunteers to operate within the health and social care sector, and implement induction and training programs in accordance with best practice.
- Establish support network for sustaining Volunteers in their activities.
- Maintain and develop IT systems to further the aims and objectives of Partnerships for Wellbeing.
- Ensure the effective management of Partnerships for Wellbeing

**PARTNERSHIPS FOR WELLBEING LTD
(COMPANY LIMITED BY GUARANTEE)**

**TRUSTEES ANNUAL REPORT (*continued*)
YEAR ENDED 31 MARCH 2013**

Achievements and Performances

The main focus of activities for Partnerships for Wellbeing has been in the delivery of volunteer-led initiatives, which support and encourage individuals to effect positive lifestyle changes and promote independent and active living.

Our website has been successful in educating and informing our volunteer's, users and the public alike.

The Transport Scheme has recruited both new volunteers and users leading to a substantial increase in income and although not yet self-sufficient continues to flourish securing a 50% increase in takings.

Step it Up Highland, our flagship project has gone from strength to strength, securing funding till 2015 from SNH, Paths for All and NHS. As a result of continued dialogue with our Volunteers the project is being extended to encourage new recruits and those that require a longer walk. We have appointed a part time Co-ordinator in Skye and Lochalsh, and collaborated in Caithness with Pulteney Town People's Project to build on the achievements previously funded by the Robertson Trust and the Well North Project.

The Let's Get On with it Together Partnership achieved significant recognition for those with long term conditions in the NHS Highland, but failed to secure further funding on completion of the initial period and has closed meantime pending further work by the Core Committee.

We have continued to examine opportunities to restart Food First, and two Directors with a Food Industry background are currently preparing proposals on the subject.

An appointment of a Co-ordinator for the Patient Participation Group on a 9 month trial basis has been made.

Initiatives currently delivered by Partnerships for Wellbeing:

Inverness Voluntary Transport Scheme

The aim of this scheme is to provide a service for patients who are registered with a GP practice in Inverness, to access primary care facilities in the community. In addition to the 11 GP practices and the services they provide, transport is also offered to patients to attend primary care appointments such as physiotherapy, podiatry, dentistry, occupational therapy and any appropriate support group that may be requested by referring staff.

An audit of our client database was completed in September 2012. Through liaison with Practice Managers, we identified any clients who were either deceased or were no longer registered with the practice. We archived any clients who had not used our service for over a year. At the end of the exercise the total number of clients stood at 335. This exercise was undertaken to ensure we met the data standards we are required to achieve in respect of keeping personal information.

**PARTNERSHIPS FOR WELLBEING LTD
(COMPANY LIMITED BY GUARANTEE)**

**TRUSTEES ANNUAL REPORT (*continued*)
YEAR ENDED 31 MARCH 2013**

During the year, we extended the opening hours of our office to 5 days per week from 4. The transport service has also extended its operating hours and is now available Monday to Friday, 9am till 4.30pm. We have a very obliging team of volunteers who are often willing to drive out with these hours if a client has an early/late appointment. This was particularly beneficial during the 'flu vaccination period.

We now have 11 regular volunteer drivers, plus 2 relief drivers. Three of our drivers use their own vehicles; the remainder drive the PFW car on a rotational basis.

A Service Level Agreement with NHS Highland provides financial support for the Scheme, together with all income generated through patient charges. The NHS Highland Health and Social Care Partnership South and Mid Operational Unit agreed to fund the Inverness Voluntary Transport Scheme, and a sum of £5050 has been ring-fenced by the NHS for this agreement -- £3050 of which is credited to Partnerships for Wellbeing, with £2000 retained by the NHS as payment for vehicle costs. This agreement has been confirmed for a further two years. Inverness Common Good Fund also has agreed to contribute £6500 per annum for 3 years to support the scheme subject to satisfactory annual reports.

We have maintained the cost to patients at £3 for a single fare and £5 for a return for another year and have no intention of raising our charges as we are acutely aware of the high incidence of elderly, disabled, and disadvantaged passengers that use the Scheme.

A steady increase in demand for transport has meant that our income from clients has risen by over 50% this year following a 25% increase last year, but despite this we continue to have to subsidise the project although the amount is now minimal. We will however have to find an additional source of funding if we are to finally break even.

Fiona MacInnes our Transport Co-ordinator has been the catalyst to achieving the remarkable success the project has enjoyed in the past 2 years. Targets for takings set for 2013/14 and 2014/15 have been surpassed so she now has the task of maintaining levels consistently at this high level.

Step it Up Highland

Step It Up Highland is our programme of health walks. The walks are designed to encourage more people, to get more active, more often as a way of improving their health and wellbeing. The project was started in 2001 under the banner of Volunteering Highland before Partnerships for Wellbeing Ltd took over in 2004. SIUH continues to deliver 22 health walks across the Highlands in Lochaber, Skye and Lochalsh, Inverness and Ross-shire.

Walks, which are free to participants, are led by trained volunteers. The walks take place throughout the year, at a number of locations which are risk assessed for safety. The walks are only part of what SIUH offers. A significant element of the benefits our walks deliver is the socialisation and companionship of meeting people.

**PARTNERSHIPS FOR WELLBEING LTD
(COMPANY LIMITED BY GUARANTEE)**

**TRUSTEES ANNUAL REPORT (*continued*)
YEAR ENDED 31 MARCH 2013**

At the outset of the year, there were some significant challenges to overcome with the project. Our co-ordinator, Lynne Bannister was on long term sick leave. As it turned out, Lynne was off for the whole of the year. Ian Arnott took over the role of co-ordinator and was initially supported by Nicola Dunnett. Nicola went on Maternity Leave in July 2012 and her role was thereafter covered by Joanne McCoy until the year end.

During the year, PwW introduced a new model of walks. This new model involved classifying groups into three different criteria; STEP OUT – short walks of up to 20 minutes to create opportunities for people with low levels of fitness to begin walking; STEP IT UP – this is our original walking group concept of up to one hours duration and STEP IT UP FURTHER, which are walks of up to two hours duration for people who have developed their fitness levels to a higher degree. The model is intended to create opportunities for people to progress as well as allowing people whose fitness regresses either temporarily or over time to continue to participate. This new model was in response to feedback we received from our groups.

As a direct result of the change in model we saw a 45% increase in the number of walkers participating in our walks

A series of meetings in Fort William, Strathpeffer and Inverness were held with our volunteers to allow them to contribute to our plans. 56 walk leaders attended these meetings.

To ensure we had the resources to deliver our walks in the future we were able to secure sufficient funding from three key supporters. We are grateful to NHS Highland for their support during 2012/13 and their continued commitment to support us in 2013/14. We are also grateful for Paths for All for their support in 2012/13 and for them funding us for 2012/15. Scottish Natural Heritage has also committed to fund us for 2012/15.

It is important to acknowledge the time and commitment our volunteers give in making the walks such a success. Several of our volunteers have been with us since SIUH was founded, a fitting tribute to the value and worth of the project.

Food First

This healthy food initiative aims to improve the accessibility availability and affordability of fruit and vegetables for disadvantaged communities in Inverness. Initial scoping exercise revealed a higher demand than was first anticipated. Problem areas identified the supply of fresh food at the point of sale and education of people in the community about links between food and health as well as food and behaviour and basic cookery sales. This led to the Veg Out! initiative, bringing vegetable stalls to the community and involving volunteers in delivery.

Communities are at the heart of the project and are encouraged to participate from the initial consultation, to the delivery of a vegetable stall on a weekly basis in their area. However the loss of our Co-ordinator at the end of 2009 has meant that only one vegetable stall has continued.

**PARTNERSHIPS FOR WELLBEING LTD
(COMPANY LIMITED BY GUARANTEE)**

**TRUSTEES ANNUAL REPORT (*continued*)
YEAR ENDED 31 MARCH 2013**

Two of our new Directors Roy Marr and Sally Dickinson who both have a professional background in the food industry are currently exploring a number of innovative approaches to restart the project, and we look forward to their proposals in due course.

Let's Get on with it Together (LGOWIT)

LGOWIT is a collection of organisations, in Highland, Argyll and Bute, motivated to work in partnership to deliver a comprehensive approach to supported Self Management for people living with long term conditions, within NHS Highland. Partners include:- NHS Highland, Highland Council, Chest Heart and Stroke, Arthritis Care, Multiple Sclerosis Society, University of the Highlands and Islands, Partnerships for Wellbeing, & Signpost.

In November 2010 Partnerships for Wellbeing successfully bid for a project worth £27000 to employ a Co-ordinator on behalf of the LGOWIT Core Committee with the aim of:

- Mapping of self-management services in voluntary and public sector
- Identify key contacts
- Develop local networks
- Programme of awareness raising and information events
- Identify funding streams

and a Co-ordinator was appointed to start in March 2011. He resigned on 26th September 2011, and to assist the Partnership to complete the project we proposed that we extend the project until August 2012 albeit with reduced hours and an agreement to commit their remaining reserves to secure a suitable candidate.

Joanne McCoy was appointed and started as the LGOWIT Co-ordinator on 6th December 2011.

Three main funding streams have been identified to secure the future of the project namely the Change Fund, the Innovation Fund, and LTCAS however, challenges encountered in obtaining funding for future work has meant that our hosting of the Project co-ordinator's post ended in August 2012. Further work is being undertaken by the Project Core Committee and PFW's future involvement will be determined once this work has developed.

The Patient Participation Group Project

Partnerships for Wellbeing and NHS Highland Health and Social Care Partnership South and Mid Operational Unit agreed to collaborate on a project promoting the development of Patient Participation Groups within the Inverness, Badenoch, Strathspey and Nairn areas.

Patient Participation Groups are a voluntary collaboration between General Practitioners, their staff and patients who work together on mutually agreed issues with the intention of involving patients in decisions about services and allowing for feedback to improve services.

**PARTNERSHIPS FOR WELLBEING LTD
(COMPANY LIMITED BY GUARANTEE)**

**TRUSTEES ANNUAL REPORT (*continued*)
YEAR ENDED 31 MARCH 2013**

They are not in Scotland, unlike in England and Wales a statutory requirement; however there is a strong desire to improve patient involvement, hence the drive behind the project

There was a delay in making this appointment until November 2012, when Bob Pollock was appointed to the role. As a result of the delay in appointing Bob, it was agreed to extend the project until June 2013 and to increase the amount of hours Bob would work on the project from 30 to 45 per month.

Bob began by carrying out research into current PPG's. He gathered information about best practise from other areas and prepared some bespoke leaflets that set out the principles of what a PPG was and how it would benefit, General Practitioners, Practise staff and Patients.

Efforts so far to engage with Practice Managers have not proved wholly successful, but it is hoped that progress by the end of the project will persuade NHS Highland to reinvest in continuing the project.

Financial Review

NHS Highland, the principal core funder, has continued to support Partnerships for Wellbeing's administrative function. This year it has been necessary to expand this function to provide additional supervision and clerical support, but we have been able to allocate this charge to individual projects.

During the year the charity incurred a surplus on unrestricted funds of **£14,271** (2012 surplus £12,161) and a deficit on restricted funds of **£8,633** (2012 deficit £31,921).

During this year, we had ongoing discussions with NHS Highland, the principal core funder, to secure a formal Service Level Agreement for core activities for three years, and at a level that reflects Partnerships for Wellbeing's output, but although so far we have been unsuccessful, NHS Highland have intimated that they will continue to support us for 2012/13 but at the same level as previous years whilst continuing the dialogue on a SLA for 3 years.

The Inverness Voluntary Transport Service Level Agreement ends on 31st March 2013, but we have been informed that funding and support will continue for 2013/14. The Inverness Common Good Fund have allocated £6500 per year for the next 3 years subject to satisfactory reports.

Step It Up Highland received an award of £31,535 from SNH on 8th March 2012. The award, made under the Natural Heritage (Scotland) Act 1991, is to cover the period 2012/15. The first payment of £5,927.00 is due following our claiming same by 15th October 2012. A further similar claim is due in April 2013. The four remaining claims which are for approx. £4,900.00 each are thereafter due at six monthly intervals with the last payment being on 15th April 2015.

**PARTNERSHIPS FOR WELLBEING LTD
(COMPANY LIMITED BY GUARANTEE)**

**TRUSTEES ANNUAL REPORT *(continued)*
YEAR ENDED 31 MARCH 2013**

A further award of £10,000 from NHS Highland was agreed for 2013/14. This funding has no specific conditions other than the focus should be on getting more people, more active more of the time. The monies are for use on the STEP OUT and STEP IT UP elements of the project.

A grant award of £30,000 was made to SIUH by PfA on 30th March 2012. This is to cover the period 2012/15. This grant is subject to Paths for All standard conditions of grant dated August 2011 (which were circulated at the PfW Board meeting on 28th March 2012) plus a special condition that additional funding as detailed in the grant application is also obtained.

NHS Highland has awarded us £7000 to employ a Co-ordinator for the Patient Participation Group for 1 year commencing 1st April 2012.

Reserves

The Trustees have examined the organisation's requirement for reserves in light of the main risks to the organisation. A decision was made, funds permitting, to allow 10% of the annual income to be held in reserve to cover such events as staff redundancies, all of which has been utilised in this year.

Plans for future Periods

The organisation plans to continue pursuing the aims and objectives outlined previously, with greater focus on identifying opportunities for improvements and synergies between community needs and Scottish Government Health policy. While working closely with NHS Highland to assist in the implementation of their public involvement policy, the organisation will continue to develop new partnerships to take forward the health improvement agenda, in its broadest sense, and at grass roots level.

We have introduced a business plan to promote and monitor our activities over the next 3 years.

We are acutely aware of our vulnerability in being over reliant on the public sector for funding and are seeking opportunities to attract new partners from the private sector whilst holding on-going negotiations with NHS Highland as core funders, with a view to securing a 3-year funding agreement which would facilitate longer term strategic planning.

**PARTNERSHIPS FOR WELLBEING LTD
(COMPANY LIMITED BY GUARANTEE)**

**TRUSTEES ANNUAL REPORT (*continued*)
YEAR ENDED 31 MARCH 2013**

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the annual report and the financial statements in accordance with applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under that law the trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and Applicable Law). Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for that year. In preparing these financial statements, the trustees are required to:


- select suitable accounting policies and then apply them consistently;
- make judgement and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is appropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Independent Examiner

Mohamed Ashour, of Signpost INC, was re-appointed to serve as Independent Examiner.

This report was approved by the Trustees on 27 September 2013 and signed on their behalf by

A handwritten signature in black ink, appearing to read 'P Selby', with a horizontal line extending to the right.

P Selby – Secretary

**PARTNERSHIPS FOR WELLBEING LTD
(COMPANY LIMITED BY GUARANTEE)**

**INDEPENDENT EXAMINER'S REPORT
YEAR ENDED 31 MARCH 2013**

I report on the accounts of the charity for the years ended 31 March 2013 which are set out on pages 14 to 22.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors of the company for the purposes of company law responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (a) to (c) of the 2006 Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

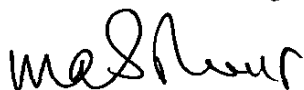
Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity, and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no matter has come to my attention

- 1- which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with Section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations
 - to prepare accounts which accord with the accounting records and comply with Regulation 8 of the 2006 Accounts Regulationshave not been met, or
- 2- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Mohamed Ashour ACIA

Signpost INC

Date 04 / 11 / 2013

**PARTNERSHIPS FOR WELLBEING LTD
(COMPANY LIMITED BY GUARANTEE)**

**STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING THE INCOME AND
EXPENDITURE ACCOUNT)**

YEAR ENDED 31 MARCH 2013

	Not e	Unrestrict ed Funds £	Restricted Funds £	Total Funds 2013 £	Total Funds 2012 £
INCOMING RESOURCES					
Incoming resources from generated funds					
Voluntary Income	2	37,636	32,125	69,761	81,507
Investment income	3	23	-	23	32
Incoming resources from charitable activities	4	6,252	19,767	26,019	5,684
TOTAL INCOMING RESOURCES		43,911	51,892	95,803	87,223
RESOURCES EXPENDED					
Charitable activities	5	(27,464)	(62,201)	(89,665)	(105,647)
Governance costs	6	(500)	-	(500)	(1,336)
TOTAL RESOURCES EXPENDED		(27,964)	(62,201)	(90,165)	(106,983)
NET INCOME RESOURCES BEFORE TRANSFERES		15,947	(10,309)	5,638	(19,760)
TRANSFER BETWEEN ACCOUNTS		(1,676)	1,676	-	
NET INCOME FOR THE YEAR		14,271	(8,633)	5,638	(19,760)
RECONCILIATION OF FUNDS					
12 Total funds brought forward		31,769	43,758	75,527	95,287
TOTAL FUNDS CARRIED FORWARD		46,040	35,125	81,165	75,527

The charitable company's operations are classed as continuing and recognised gains and losses and movement on reserves are shown above.

**PARTNERSHIPS FOR WELLBEING LTD
(COMPANY LIMITED BY GUARANTEE)**

BALANCE SHEET

YEAR ENDED 31 MARCH 2013

		2013		2012	
	Note	£	£	£	£
FIXED ASSETS					
Tangible Assets	9		9,208		79
CURRENT ASSETS					
Debtors	10	27,249		3,700	
Cash at Bank and in hand		<u>71,566</u>		<u>73,630</u>	
		98,815		77,330	
CREDITORS: Amounts due within one year	11	<u>(26,858)</u>		<u>(1,882)</u>	
NET CURRENT ASSETS			<u>71,957</u>		<u>75,448</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			<u>81,165</u>		<u>75,527</u>
NET ASSETS			<u><u>81,165</u></u>		<u><u>75,527</u></u>
FUNDS	12				
Restricted funds			35,125		43,758
Unrestricted funds			<u>46,040</u>		<u>31,769</u>
Total Funds			<u><u>81,165</u></u>		<u><u>75,527</u></u>

The directors are satisfied that the company is entitled to exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2013. No member of the company has deposited a notice, pursuant to section 476, requiring an audit of these accounts.

The directors acknowledge their responsibilities for:

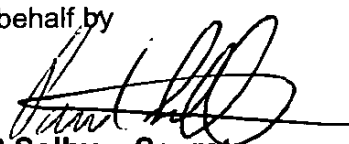
(i) ensuring that the company keeps proper accounting records which comply with section 386 of the Act, and

(ii) preparing financial statements which give a true and fair view of the state of the affairs of the company as at the end of the financial year and if its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable the company.

These financial statements have been prepared in accordance with provisions applicable to companies subject to the small companies regime within Part 15 of the Companies Act 2006 and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Approved by the trustees on 27 September 2013 and signed on their behalf by


J Fotheringham - Chair


P Selby - Secretary

**PARTNERSHIPS FOR WELLBEING LTD
(COMPANY LIMITED BY GUARANTEE)**

NOTES TO THE ACCOUNTS

YEAR ENDED 31 MARCH 2013

1 Accounting policies

The financial statements have been prepared under the historical cost convention and in accordance with applicable United Kingdom accounting standards, the Statement of Recommended Practice, "Accounting and Reporting by Charities" issued in March 2005 (SORP 2005) and the Companies Act 2006, and in accordance with the Financial Reporting Standard for Smaller Entities (effective 2008).

Incoming Resources

Incoming resources are recognised in the statement of financial activities when entitlement has passed to the charitable company and the amounts are certain and measurable. Any incoming resources received in an accounting period that relate exclusively to future periods are deferred on the Balance Sheet.

Resources Expended

Expenditure is recognised in the statement of financial activities when a liability is incurred or increased without a commensurate increase in recognised assets or a reduction in liabilities.

Funds

Restricted Funds

These represent income received that is subject to specific restrictions for use determined by the donor which are narrower than the charitable company's general objects.

General Funds

These represent all other funds held for the general purposes of the charitable company.

Fixed Assets

Items of a capital nature are capitalised and depreciated in equal instalments over their expected useful life as follows:

Office Equipment – 25% straight line

Vehicles – 10 % straight line

**PARTNERSHIPS FOR WELLBEING LTD
(COMPANY LIMITED BY GUARANTEE)**

NOTES TO THE ACCOUNTS *(continued)*

YEAR ENDED 31 MARCH 2013

2 Voluntary income

	Unrestricted Funds	Restricted Funds	Total 2013	Total 2012
	£	£	£	£
Donations				
Other donations	-	60	60	4,035
Grants receivable				
NHS Highland	33,813	12,000	45,813	58,232
Path to Health	-	-	-	7,000
Paths for All	-	8,572	8,572	
Forestry Commission Scotland	-	-	-	5,000
Highland Cross	-	-	-	-
Highland Council	-	6,500	6,500	-
Scottish Natural Heritage	3,823	4,993	8,816	-
Scottish Association for Mental Health	-	-	-	7,240
Total	37,636	32,125	69,761	81,507

3 Investment income

	Unrestricted Funds	Total 2013	Total 2012
	£	£	£
Bank interest	23	23	32
Total	23	23	32

4 Incoming resources from charitable activities

	Unrestricted Funds	Restricted Funds	Total 2013	Total 2012
	£	£	£	£
Other income	6,252	-	6,252	623
Inverness Voluntary Transport Scheme	-	8,257	8,257	5,061
Previous Year Adjustment	-	11,510	11,510	-
Total	6,252	19,767	26,019	5,684

**PARTNERSHIPS FOR WELLBEING LTD
(COMPANY LIMITED BY GUARANTEE)**

NOTES TO THE ACCOUNTS (continued)

YEAR ENDED 31 MARCH 2013

5 Costs of charitable activities by fund type

	Unrestricted Funds	Restricted Funds	Total 2013	Total 2012
	£	£	£	£
Core	27,464	-	27,464	29,341
Step It Up	-	25,602	25,602	23,476
Transport	-	24,248	24,248	25,021
Volunteer Development Fund	-	-	-	205
Healthy Highland	-	606	606	1,600
Let's Get On With It Together	-	8,268	8,268	20,346
Wellbeing Walks	-	917	917	6,994
Patient Participation Group	-	2,560	2,560	-
Total	27,464	62,201	89,665	106,983

6 Governance costs

	Unrestricted Funds	Total 2013	Total 2012
	£	£	£
Accountancy fees	500	500	1,436
	500	500	1,436

7 Net Incoming Resources

These are stated after charging

	2013	2012
	£	£
Depreciation	2,381	1,056
Total	2,381	1,056

**PARTNERSHIPS FOR WELLBEING LTD
(COMPANY LIMITED BY GUARANTEE)**

NOTES TO THE ACCOUNTS (*continued*)

YEAR ENDED 31 MARCH 2013

8 Staff Costs

	2013	2012
	£	£
Wages and salaries	49,779	49,780
Social security	1,735	7,265
	<hr/>	<hr/>
	51,514	57,045

Particulars of Employees

The average number of employees during the year, calculated on the basis of full-time equivalent, was **as follows**:

	2013	2012
Number of Administrative staff	5	5
	<hr/>	<hr/>
	5	5

No employees received remuneration of more than £60,000 during the year (2012 – Nil).

PARTNERSHIPS FOR WELLBEING LTD
(COMPANY LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS *(continued)*

YEAR ENDED 31 MARCH 2013

9 Fixed Assets

	Equipment & Vehicle £
Cost	
At 1 Apr 2012	8,763
Additions in Year (vehicle)	11,510
At 31 Mar 2013	20,273
Depreciation	
At 1 Apr 2012	8,684
Charged in Year	2,381
At 31 Mar 2013	11,065
Net Book Value	
At 31 Mar 2013	9,208
At 31 Mar 2012	79

10 Debtors

	2013	2012
	£	£
Trade debtors	27,249	68
Other debtors	-	3,192
Prepayments	-	440
Total	27,249	3,700

11 Creditor: Amounts due within one year

	2013	2012
	£	£
Trade creditors	230	741
Accruals	500	1,141
Deferred income	26,128	-
	26,858	1,882

**PARTNERSHIPS FOR WELLBEING LTD
(COMPANY LIMITED BY GUARANTEE)**

NOTES TO THE ACCOUNTS *(continued)*

YEAR ENDED 31 MARCH 2013

12 Movement on Funds

	At 1 Apr 2012 £	Incoming Resource s £	Resource s Expended £	Transfer s £	At 31 Mar 2013 £
Restricted Funds					
Step it up Highland	12,639	23,565	(25,602)	2,608	13,210
Voluntary Transport Scheme	6,611	28,327	(24,248)	-	10,690
Food 1st	6,785	-	-	-	6,785
Volunteer Development Fund	2,790	-	-	(2,790)	-
Healthy Highland	1,807	-	(606)	(1,201)	-
Let's Get On With It Together	9,601	-	(8,268)	(1,333)	-
Wellbeing Walks	3,525	-	(917)	(2,608)	-
Patient Participation Group	-	-	(2,560)	7,000	4,440
Sub total	43,758	51,892	(62,201)	1,676	35,125
Unrestricted Funds					
General Fund	31,769	43,911	(27,964)	(1,676)	46,040
Sub total	31,769	43,911	(27,964)	(1,676)	46,040
Total Funds	75,527	95,803	(90,165)	5,638	81,165

13 Related Party Transactions

The trustees neither received nor waived any emoluments during the year. A total of £690 was paid to trustees for reimbursement of travel expenses during the year (2012 - £233).

No trustees or other person related to the charity had any personal interest in any contract or transaction entered into by the charity during the year.

**PARTNERSHIPS FOR WELLBEING LTD
(COMPANY LIMITED BY GUARANTEE)**

NOTES TO THE ACCOUNTS *(continued)*

YEAR ENDED 31 MARCH 2013

14 Company Limited by Guarantee

The liability of members is limited by guarantee. In the event of the charity being wound up during the period of membership or in the following year, members would be required to contribute an amount not exceeding £1.

15 Taxation

As a charity, Partnerships For Wellbeing, is exempt from tax on income and gains falling within Section 505 of the Taxes Act 1988 or S256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity. The charity is not registered for VAT.