

Health4life CIC

Unaudited Financial Statements

Accounts for the period 1st February 2019 to 31st January 2020

Company Registration 11154473



Health4life CIC

Company Information

Director Alistair Robert Slater appointed 17th January 2018

Registered Office

2 Pevensey Bridge Cottages
Wallsend Road
Pevensey
East Sussex
BN24 5JS

Signed

A handwritten signature in black ink that reads "A. Slater". The signature is written in a cursive style with a horizontal line underneath the name.

Alistair Slater

Director

HEALTH4LIFE CIC

BALANCE SHEET

As of 31st January 2020

FIXED ASSETS

Tangible Assets	£ 0.00
------------------------	---------------

CURRENT ASSETS

Debtors	£ 0.00
----------------	---------------

Cash in Hand and at Bank	£ 559.00
---------------------------------	-----------------

CREDITORS

Amounts falling due within 1 year	£ 0.00
--	---------------

NETT CURRENT ASSETS	£ 559
----------------------------	--------------

TOTAL ASSETS - TOTAL LIABILITIES	£559.00
---	----------------

NET ASSETS	£559.00
-------------------	----------------

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime

For the financial year in question the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies
No members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006

The Directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and preparation of accounts.

The financial statements were approved and issued on 15th October 2020

Signed



Alistair Slater - Director

HEALTH4LIFE

Profit and Loss Account Period 1st Feb 2019 - 31st January 2020

Paid In

Grant	£500.00
Fundraising	£3570.00

TOTAL **£4070.00**

Payments Out

Licenses and Fees	£16 .00
Fuel, travel etc. Costs	£28.00
Prizes for Quizzes Raffles etc	£227.00
Electrical Work and parts etc	£125.00
Printing	£163.00
Display Equipment and adverts etc	£125.00
Defibrillators purchase	£2124.00
Project Delivery for events	£690.00
Post costs etc	£13.00

Allocated for Defibs to be purchased £559.00

TOTAL **£4070.00**

PROFIT for the period (Income – Expenses) £4070 – £4070 = £0.00

Signed



Alistair Slater (Director)

1000005/15

CIC 34

Community Interest Company Report

For official use
(Please leave blank)

--

**Please
complete in
typescript, or
in bold black
capitals.**

**Company Name in
full**

Health4Life CIC

Company Number

11154473

Year Ending

31st January 2020

(The date format is required in full)

Please ensure the company name is consistent with the company name entered on the accounts.

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

The Company has raised money for the purchase and fitting of public accessible Defibrillators in the local area. A Defibrillator and case has been purchased and fitted for Pevensy and installed at the Cattle Market car Park and a Defibrillator and case also purchased and fitted at Ethel Wood Hall in Pevensy Bay

Further fundraising is underway for the purchase of more local Defibrillators

In conjunction training and related health promotion events have been organised and delivered

(If applicable, please just state "A social audit report covering these points is attached").

(Please continue on separate continuation sheet if necessary.)

PART 2 – CONSULTATION WITH STAKEHOLDERS – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

Money has been raised for Defibrillators where local community express the need. Training and Health Promotion events have also been run according to the same requirements.

(If applicable, please just state "A social audit report covering these points is attached").

PART 3 – DIRECTORS' REMUNERATION – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

No remuneration was received

PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below.

"no transfer of assets other than for full consideration has been made" below.

(Please continue on separate continuation sheet if necessary.)

PART 5 – SIGNATORY (Please note this must be a live signature)

(DD/MM/YY)

The original report must be signed by a director or secretary of the company

Signed

A. Stok

Date

20/01/21

Please note that it is a legal requirement for the date format to be provided in full throughout the CIC34 report.

Applications will be rejected if this information is incorrect.

Office held (delete as appropriate) Director/Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

2 Pevensey Br. Cott's.	
Wallsend Rd.	
Pevensey	BN24 5JS
	Tel 07740 828215
DX Number	DX Exchange

When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ
DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4th Floor, Edinburgh Quay 2, 139
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38
Linenhall Street, Belfast, BT2 8BG

(N.B. Please enclose a cheque for £15 payable to Companies House)