



Companies House
— for the record —

AR01 (ef)

Annual Return



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Company Name: **TOTAL WEIGHT SOLUTIONS LIMITED**

Company Number: **06570489**

Date of this return: **18/04/2011**

SIC codes: **8512**

Company Type: **Private company limited by shares**

Situation of Registered Office: **41 WINDSOR ROAD
RICHMOND
SURREY
TW9 2EJ**

Officers of the company

Company Secretary 1

Type: **Person**
Full forename(s): **DR JONATHAN MARK**

Surname: **COUSINS**

Former names:

Service Address: **41 WINDSOR ROAD
RICHMOND
SURREY
TW9 2EJ**

Company Director ***1***

Type: **Person**

Full forename(s): **DOCTOR AHMED**

Surname: **AHMED**

Former names:

Service Address: **16A MOSS HALL GROVE
LONDON
N12 8BB**

Country/State Usually Resident: **ENGLAND**

Date of Birth: **19/12/1972**

Nationality: **BRITISH**

Occupation: **DOCTOR**

Company Director **2**

Type: **Person**

Full forename(s): **DR JONATHAN MARK**

Surname: **COUSINS**

Former names:

Service Address: **41 WINDSOR ROAD
RICHMOND
SURREY
TW9 2EJ**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **30/04/1970**

Nationality: **BRITISH**

Occupation: **DOCTOR**

Company Director **3**

Type: **Person**
Full forename(s): **DR CAREL WYNAND**

Surname: **LE ROUX**

Former names:

Service Address: **14 FRIARS WAY**
 LONDON
 W3 6QE

Country/State Usually Resident: **ENGLAND**

Date of Birth: **31/08/1972** *Nationality:* **IRISH**
Occupation: **DOCTOR**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	3
		<i>Aggregate nominal value</i>	3
<i>Currency</i>	GBP	<i>Amount paid per share</i>	0
		<i>Amount unpaid per share</i>	0

Prescribed particulars

THESE SHARES CARRY VOTING RIGHTS AS SET OUT IN THE ARTICLES OF ASSOCIATION AND RANKING PARI PASSU WITH ALL OTHER CLASSES OF SHARES. THESE SHARES CARRY RIGHTS TO DIVIDENDS AND CAPITAL IN ANY DISTRIBUTION ON A PRO RATA BASIS.

Class of shares	OTHER	<i>Number allotted</i>	2
		<i>Aggregate nominal value</i>	2
<i>Currency</i>	GBP	<i>Amount paid per share</i>	0
		<i>Amount unpaid per share</i>	0

Prescribed particulars

THESE SHARES CARRY VOTING RIGHTS AS SET OUT IN THE ARTICLES OF ASSOCIATION AND RANKING PARI PASSU WITH ALL OTHER CLASSES OF SHARES. THESE SHARES CARRY RIGHTS TO DIVIDENDS AND CAPITAL IN ANY DISTRIBUTION ON A PRO RATA BASIS.

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	5
		<i>Total aggregate nominal value</i>	5

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 18/04/2011 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for a private or non-traded public company are shown below

Shareholding 1 : 1 ORDINARY shares held as at 2011-04-18
Name: JONATHAN COUSINS

Shareholding 2 : 1 ORDINARY shares held as at 2011-04-18
Name: AHMED AHMED

Shareholding 3 : 1 ORDINARY shares held as at 2011-04-18

Name: CAREL LE ROUX

Shareholding 4 : 1 OTHER shares held as at 2011-04-18

Name: WILDMAN & BATTELL LTD

Shareholding 5 : 1 OTHER shares held as at 2011-04-18

Name: SAME DAY COMPANY SERVICES LTD

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.