



Companies House
— for the record —

AR01 (ef)

Annual Return



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Received for filing in Electronic Format on the: **22/12/2011**

Company Name: **TRISKELL COACHING LTD**

Company Number: **04620974**

Date of this return: **18/12/2011**

SIC codes: **90030**
70229

Company Type: **Private company limited by shares**

Situation of Registered Office: **CASA CACTUS**
43 LANGDALE STREET
ELLAND
WEST YORKSHIRE
HX5 0JL

Officers of the company

Company Secretary 1

Type: **Person**
Full forename(s): **HILLARY**

Surname: **ROBINSON**

Former names:

Service Address: **10 RAILWAY TERRACE
YORK
YO24 4BN**

Company Director ***1***

Type: **Person**

Full forename(s): **SANDRA MICHELLE**

Surname: **POWLEY**

Former names:

Service Address: **43 LANGDALE STREET
ELLAND
WEST YORKSHIRE
HX5 0JL**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **14/10/1961** *Nationality:* **IRISH**

Occupation: **CONSULTANT, COACH MENTOR
& WRITER**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	2000
		<i>Aggregate nominal value</i>	2000
<i>Currency</i>	GBP	<i>Amount paid per share</i>	0
		<i>Amount unpaid per share</i>	0
<i>Prescribed particulars</i>			
NONE			

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	2000
		<i>Total aggregate nominal value</i>	2000

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 18/12/2011 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **2000 ORDINARY shares held as at the date of this return**
Name: **SANDRA POWLEY**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.