In accordance with Section 167 of the Companies Act 2006

AP01

Appointment of director

Companies House — for the record

You can use the WebFiling service to file this form online
Please go to www companieshouse gov uk

✓ **What this form is for**
You may use this form to appoint an individual as a director

✗ **What this form is NOT for**
You cannot use the form to appoint a corporate director To do this, please use form AP02 'Appointment of corporate director'

WEDNESDAY

AV1EGYPN
A12 26/10/2011 134
COMPANIES HOUSE

1 Company details

Company number	07502964
Company name in full	SOUTH ESSEX MANAGED CARE LTD

→ **Filling in this form**
Please complete in typescript or in bold black capitals

All fields are mandatory unless specified or indicated by *

2 Date of director's appointment

Date of appointment	d 01 m 09 y 2011

3 New director's details

Title*	DR
Full forename(s)	DINESH NIRANJAN.
Surname	DE SILVA
Former name(s) ❶	
Country/State of residence ❷	ENGLAND
Nationality	BRITISH.
Date of birth	d 30 m 03 y 1978.
Business occupation (if any) ❸	GENERAL PRACTITIONER

❶ **Former name(s)**
Please provide any previous names which have been used for business purposes in the past 20 years

Married women do not need to give former names unless previously used for business purposes

Continue in section 6 if required

❷ **Country/State of residence**
This is in respect of your usual residential address as stated in Section 4a

❸ **Business occupation**
If you have a business occupation, please enter here If you do not, please leave blank

4 New director's service address ❹

Please complete your service address below You must also complete your usual residential address in **Section 4a**

Building name/number	ROBERT FREW MEDICAL PARTNERS
Street	SILVA ISLAND WAY
Post town	WICKFORD
County/Region	ESSEX
Postcode	SS12 9NR
Country	ENGLAND

❹ **Service address**
This is the address that will appear on the public record This does not have to be your usual residential address

Please state 'The Company's Registered Office' if your service address is recorded in the company's register of directors as the company's registered office

If you provide your residential address here it will appear on the public record

AP01
Appointment of director

5 Signatures

I consent to act as director of the above named company

New director's signature

Signature
X X

Authorising signature

Signature
X X

This form may be signed and authorised by
Director ❶, Secretary, Person authorised ❷, Administrator, Administrative Receiver, Receiver, Receiver manager, Charity commission receiver and manager, CIC manager, Judicial factor

❶ **Societas Europaea**
If the form is being filed on behalf of a Societas Europaea (SE) please delete 'director' and insert details of which organ of the SE the person signing has membership

❷ **Person authorised**
Under either section 270 or 274 of the Companies Act 2006

6 Additional former names (continued from Section 3)

Former names ❸

❸ **Additional former names**
Use this space to enter any additional names

AP01
Appointment of director

Presenter information

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form The contact information you give will be visible to searchers of the public record

Contact name

Company name

Address

Post town

County/Region

Postcode

Country

DX

Telephone

Checklist

We may return forms completed incorrectly or with information missing

Please make sure you have remembered the following

- ☐ The company name and number match the information held on the public Register
- ☐ You have provided a business occupation if you have one
- ☐ You have provided a correct date of birth
- ☐ You have completed the date of appointment
- ☐ You have completed the nationality box in Section 3
- ☐ You have provided both the service address and the usual residential address
- ☐ Addresses must be a physical location They cannot be a PO Box number (unless part of a full service address), DX or LP (Legal Post in Scotland) number
- ☐ You have included all former names used for business purposes over the last 20 years
- ☐ You have enclosed a relevant section 243 application if applying for this at the same time as completing this form
- ☐ The new director has signed the form
- ☐ You have provided an authorising signature

Important information

Please note that all information on this form will appear on the public record, apart from information relating to usual residential addresses

Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below

For companies registered in England and Wales
The Registrar of Companies, Companies House,
Crown Way, Cardiff, Wales, CF14 3UZ
DX 33050 Cardiff

For companies registered in Scotland
The Registrar of Companies, Companies House,
Fourth floor, Edinburgh Quay 2,
139 Fountainbridge, Edinburgh, Scotland, EH3 9FF
DX ED235 Edinburgh 1
or LP - 4 Edinburgh 2 (Legal Post)

For companies registered in Northern Ireland
The Registrar of Companies, Companies House,
Second Floor, The Linenhall, 32-38 Linenhall Street,
Belfast, Northern Ireland, BT2 8BG
DX 481 N R Belfast 1

Section 243 exemption
If you are applying for, or have been granted a section 243 exemption, please post this whole form to the different postal address below
The Registrar of Companies, PO Box 4082,
Cardiff, CF14 3WE

Further information

For further information please see the guidance notes on the website at www companieshouse gov uk
or email enquiries@companieshouse gov uk

This form is available in an alternative format. Please visit the forms page on the website at www.companieshouse.gov.uk