



Companies House

AR01 (ef)

Annual Return



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X3H5J8B4

Company Name: **SPORTS MEDICINE WALES LIMITED**

Company Number: **06718825**

Date of this return: **25/09/2014**

SIC codes: **86220**

Company Type: **Private company limited by shares**

Situation of Registered Office: **FAIRWATER HEALTH CENTRE PLASMAWR ROAD
CARDIFF
WALES
CF5 3JT**

Single Alternative Inspection Location (SAIL)

The address for an alternative location to the company's registered office for the inspection of registers is:

**36 ST. MICHAELS ROAD
CARDIFF
WALES
CF5 2AP**

The following records have moved to the single alternative inspection location:

Register of members (section 114)
Register of directors (section 162)
Directors' service contracts (section 228)
Directors' indemnities (section 237)
Register of secretaries (section 275)
Records of resolutions and meetings (section 358)
Register of debenture holders (section 743)
Contracts relating to purchase of own shares (section 702)
Documents relating to redemption or purchase of own shares out of capital by private company (section 720)

Officers of the company

Company Secretary 1

Type: **Person**
Full forename(s): **MR DYFRI AP RHYSART**

Surname: **OWEN**

Former names:

Service Address: **145 WINDSOR ROAD
PENARTH
VALE OF GLAM
CF64 1JF**

Company Director **1**

Type: **Person**

Full forename(s): **MR HYWEL RHYS**

Surname: **GRIFFITHS**

Former names:

Service Address: **37 TYN YR HEOL ROAD
BRYNCOCH
NEATH
WEST GLAMORGAN
WALES
SA10 7EB**

Country/State Usually Resident: **WALES**

Date of Birth: **28/10/1969** *Nationality:* **BRITISH**

Occupation: **PHYSIOTHERAPIST**

Company Director **2**

Type: **Person**

Full forename(s): **MR DYFRI AP RHYSART**

Surname: **OWEN**

Former names:

Service Address: **145 WINDSOR ROAD
PENARTH
VALE OF GLAM
CF64 1JF**

Country/State Usually Resident: **WALES**

Date of Birth: **15/08/1974** *Nationality:* **BRITISH**

Occupation: **PHYSIOTHERAPIST**

Company Director **3**

Type: **Person**
Full forename(s): **DR MARK CHARLES**

Surname: **RIDGEWELL**

Former names:

Service Address: **61 HENDREFOILAN ROAD**
 SKETTY
 SWANSEA
 WEST GLAMORGAN
 SA2 9LU

Country/State Usually Resident: **WALES**

Date of Birth: **13/04/1963** *Nationality:* **BRITISH**
Occupation: **MEDICAL PRACTITIONER**

Company Director 4

Type: **Person**

Full forename(s): **DR ANGUS**

Surname: **ROBERTSON**

Former names:

Service Address: **BRYNHEULOG HOUSE NANTYDERRY
ABERGAVENNY
MONMOUTHSHIRE
NP7 9DW**

Country/State Usually Resident: **WALES**

Date of Birth: **01/07/1971** *Nationality:* **BRITISH**

Occupation: **MEDICAL PRACTITIONER**

Company Director **5**

Type: **Person**

Full forename(s): **DR NICHOLAS PAUL REX**

Surname: **TRAVAGLIA**

Former names:

Service Address: **FAIRWATER HEALTH CENTRE PLASMAWR ROAD
CARDIFF
WALES
CF5 3JT**

Country/State Usually Resident: **WALES**

Date of Birth: **01/04/1969** *Nationality:* **BRITISH**

Occupation: **MEDICAL PRACTITIONER**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	100
		<i>Aggregate nominal value</i>	100
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0
<i>Prescribed particulars</i>			
PER MEMORANDUM AND ARTICLES			

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	100
		<i>Total aggregate nominal value</i>	100

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 25/09/2014 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : 20 ORDINARY shares held as at the date of this return
Name: MR HYWEL RHYS GRIFFITHS

Shareholding 2 : 20 ORDINARY shares held as at the date of this return
Name: MR DYFRI AP RHISIART OWEN

Shareholding 3 : 20 ORDINARY shares held as at the date of this return
Name: DR MARK RIDGEWELL

Shareholding 4 : 20 ORDINARY shares held as at the date of this return
Name: DR ANGUS ROBERTSON

Shareholding 5 : 20 ORDINARY shares held as at the date of this return
Name: DR NICHOLAS PAUL REX TRAVAGLIA

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.