

Company Registration No. 05869013 (England and Wales)

**FRESH BEGINNINGS LIMITED**  
**ABBREVIATED ACCOUNTS**  
**FOR THE YEAR ENDED 31 JULY 2010**

FRIDAY



\*AMSWJONE\*

A22

29/10/2010

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COMPANIES HOUSE

# **FRESH BEGINNINGS LIMITED**

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# FRESH BEGINNINGS LIMITED

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## ABBREVIATED BALANCE SHEET AS AT 31 JULY 2010

	Notes	2010 £	£	2009 £	£
<b>Fixed assets</b>					
Intangible assets	2		-		1,750
Tangible assets	2		-		338
			-		2,088
<b>Current assets</b>					
Debtors		32		500	
Cash at bank and in hand		3		41	
		35		541	
<b>Creditors: amounts falling due</b>		(5,054)		(6,547)	
<b>Net current liabilities</b>			(5,019)		(6,006)
<b>Total assets less current liabilities</b>			(5,019)		(3,918)
<b>Capital and reserves</b>					
Called up share capital	3		2		2
Profit and loss account			(5,021)		(3,920)
<b>Shareholders' funds</b>			(5,019)		(3,918)

In preparing these financial statements

(a) The director is of the opinion that the company is entitled to the exemption from audit conferred by Section 477 of the Companies Act 2006,

(b) No notice has been deposited under Section 276 of the Companies Act 2006, and

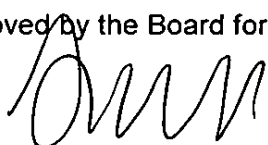
(c) The director acknowledges her responsibilities for

(i) ensuring that the company keeps accounting records which comply with Section 386 of the Companies Act 2006, and

(ii) preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of Sections 394 and 395, and which otherwise comply with the requirements of this Act relating to accounts, so far as applicable to the company

These abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies and with the Financial Reporting Standard for Smaller Entities (effective April 2008)

Approved by the Board for issue on 29 October 2010



Mrs A L Croft  
Director

**2.**

## 1 Accounting policies

The financial statements are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

Turnover represents amounts receivable for goods and services

Acquired goodwill is written off in equal annual instalments over its estimated useful economic life of four years

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

### Computer equipment

33 3% Straight line

	Intangible Assets £	Tangible Assets £	Total £
<b>2 Fixed assets</b>			
<b>Cost</b>			
At 1 August 2009	7,000	1,012	8,012
Disposals	(7,000)	(1,012)	(8,012)
At 31 July 2010	-	-	-
<b>Depreciation</b>			
At 1 August 2009	5,250	674	5,924
Charge for the year	1,750	338	2,088
Disposals	(7,000)	(1,012)	(8,012)
At 31 July 2010	-	-	-
<b>Net book value</b>			
At 31 July 2010	-	-	-
At 31 July 2009	1,750	338	2,088
	<b>2010</b>		<b>2009</b>
	<b>£</b>		<b>£</b>
<b>3 Share capital</b>			
<b>Allotted, called up and fully paid</b>			
2 Ordinary shares of £1 each	2		2

## **FRESH BEGINNINGS LIMITED**

3.

### **NOTES TO THE ABBREVIATED ACCOUNTS (Continued)** **FOR THE YEAR ENDED 31 JULY 2010**

#### **4 Transactions with the director**

The company operates a current account with the director, Mrs A L Croft, and the company secretary, P Croft. Movements on this account are as set out below

	£
Balance owed by the company at 1 August 2009	6,538
Amounts paid on behalf of the company	96
Amounts repaid during the year	<u>(1,580)</u>
Balance owed by the company at 31 July 2010	<u><u>5,054</u></u>