



Companies House

— for the record —

Company Name

**THE SOCIETY OF STRESS
MANAGERS**

363s Annual Return

MB
£15
100193

- > Please check the details printed in blue on this statement.
- > If any details are wrong, strike them through and write the correct details in the "Amended details" column.
- > Please use black pen and write in capitals.

Company Type

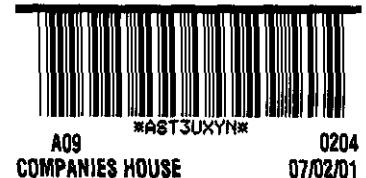
**Private Company Limited By
Guarantee Exempt Under Sect 30**

Company Number

3707691

Information extracted from
Companies House records on
19th January 2001

Section 1: Company details



Ref: 3707691/15/42

Current details

Amended details

- > Registered Office
Address
If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.

**35 Great Peter Street
London
SW1P 3LR**

Address

UK Postcode

- > Register of Members
If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.

Address where the Register is held

At Registered Office

Address

UK Postcode

- > Register of Debenture Holders
If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.

Not Applicable

Address

UK Postcode

- > Principal Business Activities
If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.

SIC Code	Description
8514	Other human health activities
9112	Professional organisations

SIC CODE	Description

- > *Please enter additional principal activity code(s) in "Amended details" column. See notes for guidance for list of activity codes.*

Section 2: Details of Officers of the Company

	Current details	Amended details
> Company Secretary <i>If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.</i> <i>Particulars of a new Company Secretary must be notified on form 288.</i>	Name Peter MATTHEWS Address 10 Wimbourne Avenue Chadderton Oldham OL9 0RN	Name Address UK Postcode _ _ _ _ Date of change _ _ / _ _ / _ _ _ _ Date Peter MATTHEWS ceased to be secretary (if applicable) _ _ / _ _ / _ _ _ _
> Director <i>If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.</i> <i>Particulars of a new Director must be notified on form 288.</i>	Name Beverley Elizabeth BARNSELY Address 1A Willoughby Road Countesthorpe Leicester Leicestershire LE8 5UA Date of birth 02/10/1947 Nationality British Occupation Hypnotherapist	Name Address UK Postcode _ _ _ _ Date of birth _ _ / _ _ / _ _ _ _ Nationality _____ Occupation _____ Date of change _ _ / _ _ / _ _ _ _ Date Beverley Elizabeth BARNSELY ceased to be director (if applicable) _ _ / _ _ / _ _ _ _
> Director <i>If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.</i> <i>Particulars of a new Director must be notified on form 288.</i>	Name Alexander Bernard EVISON Address The Mathom House Slaley Hexham Northumberland NE47 0BQ Date of birth 27/04/1948 Nationality British Occupation Marketing	Name Address UK Postcode _ _ _ _ Date of birth _ _ / _ _ / _ _ _ _ Nationality _____ Occupation _____ Date of change _ _ / _ _ / _ _ _ _ Date Alexander Bernard EVISON ceased to be director (if applicable) _ _ / _ _ / _ _ _ _

	Current details	Amended details
> Director <i>If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	Name Gillian Anne HINES Address Serehai Blakes Hill, North Littleton Evesham Worcestershire WR11 5QN Date of birth 28/04/1944 Nationality British Occupation Stress Manager	Name Address UK Postcode _____ Date of birth ____ / ____ / ____ Nationality _____ Occupation _____ Date of change ____ / ____ / ____ Date Gillian Anne HINES ceased to be director (if applicable) ____ / ____ / ____
<i>Particulars of a new Director must be notified on form 288.</i>		
> Director <i>If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	Name Peter MATTHEWS Address 10 Wimbourne Avenue Chadderton Oldham OL9 0RN Date of birth 07/11/1941 Nationality British Occupation Stress Manager	Name Address UK Postcode _____ Date of birth ____ / ____ / ____ Nationality _____ Occupation _____ Date of change ____ / ____ / ____ Date Peter MATTHEWS ceased to be director (if applicable) ____ / ____ / ____
<i>Particulars of a new Director must be notified on form 288.</i>		
> Director <i>If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	Name Michael Laurence NICHOLAS Address 215 Cambridge Road Hitchin Hertfordshire SG4 0JP Date of birth 10/04/1947 Nationality British Occupation Stress Manager	Name Address UK Postcode _____ Date of birth ____ / ____ / ____ Nationality _____ Occupation _____ Date of change ____ / ____ / ____ Date Michael Laurence NICHOLAS ceased to be director (if applicable) ____ / ____ / ____
<i>Particulars of a new Director must be notified on form 288.</i>		

	Current details	Amended details
> Director <i>If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	Name Elisabeth Robbins SHENTON Address Laurel Bank Court Bredenbury Bromyard Herefordshire HR7 4TF Date of birth 30/04/1944 Nationality British Occupation Stress Manager	Name Address UK Postcode _ _ _ _ _ Date of birth _ _ / _ _ / _ _ _ _ Nationality _____ Occupation _____ Date of change _ _ / _ _ / _ _ _ _ Date Elisabeth Robbins SHENTON ceased to be director (if applicable) _ _ / _ _ / _ _ _ _
<i>Particulars of a new Director must be notified on form 288.</i>		
> Director <i>If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	Name Marilyn Jane Eleanor UPTON Address Lipgate Farm Pulham Dorchester Dorset DT2 7DX Date of birth 02/02/1949 Nationality British Occupation Stress Manager	Name Address UK Postcode _ _ _ _ _ Date of birth _ _ / _ _ / _ _ _ _ Nationality _____ Occupation _____ Date of change _ _ / _ _ / _ _ _ _ Date Marilyn Jane Eleanor UPTON ceased to be director (if applicable) _ _ / _ _ / _ _ _ _
<i>Particulars of a new Director must be notified on form 288.</i>		
> Director <i>If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	Name Susan VARLEY Address 19 Byron Road Earley Reading Berkshire RG6 1EP Date of birth 14/11/1960 Nationality British Occupation Stress Manager	Name Address UK Postcode _ _ _ _ _ Date of birth _ _ / _ _ / _ _ _ _ Nationality _____ Occupation _____ Date of change _ _ / _ _ / _ _ _ _ Date Susan VARLEY ceased to be director (if applicable) _ _ / _ _ / _ _ _ _
<i>Particulars of a new Director must be notified on form 288.</i>		

> Director

If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.

Particulars of a new Director must be notified on form 288.

Current details

Name
Terence Anthony WESTWOOD

Address
1 Linden Grove
Great Linford
Milton Keynes
Buckinghamshire
MK14 5HF

Date of birth 10/03/1951

Nationality British

Occupation Hypnotherapy

Amended details

Name

Address

UK Postcode _ _ _ _ _

Date of birth _ _ / _ _ / _ _ _ _

Nationality _ _ _ _ _

Occupation _ _ _ _ _

Date of change _ _ / _ _ / _ _ _ _

Date Terence Anthony WESTWOOD
ceased to be director (if applicable)

_ _ / _ _ / _ _ _ _



Companies House

— for the record —

363s Annual Return Declaration

- > When you have checked all the sections of this form, please complete this page and sign the declaration below.
- > If you want to change the made up date of this annual return, please complete 2 below.

1. Declaration

- ☒ I confirm that the details in this annual return are correct as at the made-up-date (shown at 2 below). I enclose the filing fee of £15.

Signature

P Matthews
(Director / Secretary)

Date

06 / 02 / 2001

This date must not be earlier than the return date at 2 below

What to do now

Complete this page then send the whole of the Annual Return and the declaration to the address shown at 4 below.

2. Date of this return

- ☐ This AR is made up to
4/2/2001

If you are making this return up to an earlier date, please give the date here

— / — / —

Note: The form must be delivered to CH within 28 days of this date

3. Date of next return

- ☐ If you wish to change your next return to a date earlier than **4th February 2002** please give the new date here:

— / — / —

4. Where to send this form

- ☐ Please return this form to:

Registrar of Companies
Companies House
Crown Way
Cardiff CF14 3UZ

OR

For members of the Hays Document
Exchange service
DX 33050 Cardiff

Have you enclosed the filing fee with the company number written on the reverse of the cheque?

Cheque

☒

Postal Order

☐

Cheque / Postal Order

Number

100193

(Please complete as appropriate)

Contact Address

Please give the name and address of the person who should be contacted if there are any queries about this form.

Contact Name

Peter MATTHEWS

Telephone number inc code

0161 6522284

Address

10 Wimbome Avenue
Charlton
Oldham

DX number if applicable

DX exchange

Postcode

009 0RN