

Registered Number 09992914

CONTRAST HEALTH & FITNESS LIMITED

Dormant Accounts

29 February 2020

Balance Sheet as at 29 February 2020

	2020	2019
	£	£
Called up share capital not paid	10	10
Net assets	10	10
Issued share capital		
10 Ordinary Shares of £ 1 each	10	10
Total Shareholder funds	10	10

STATEMENTS

- For the year ending 29 February 2020 the company was entitled to exemption under section 480 of the Companies Act 2006 relating to dormant companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 20 January 2021

And signed on their behalf by:

Luke Cooke, Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.