# TRIX2THEMAX FITNESS LIMITED DIRECTOR'S REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2005

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COMPANIES HOUSE 19/04/2006

### **COMPANY INFORMATION**

**Director** 

C Johnson

Secretary

K Johnson

Company number

4644410

Registered office

76 Charnwood Road South Norwood

London SE25 6NU

**Accountants** 

Z. Dudhia & Company Limited

Macmillan House

96 Kensington High Street

London W8 4SG

**Business address** 

76 Charnwood Road

South Norwood

London SE25 6NU

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### DIRECTOR'S REPORT FOR THE YEAR ENDED 31 DECEMBER 2005

The director presents his report and financial statements for the year ended 31 December 2005.

#### Principal activities

The principal activity of the company continued to be that of physical wellbeing and other sporting activities.

#### Director

The following director has held office since 1 January 2005:

C Johnson

#### **Director's interests**

The director's interest in the shares of the company was as stated below:

Ordinary Shares of £ 1 each

31 December 2005 1 January 2005

C Johnson

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This report has been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies.

On behalf of the board

C Johnson

Director

10 April 2006

## ACCOUNTANTS' REPORT TO THE DIRECTOR ON THE UNAUDITED ACCOUNTS OF TRIX2THEMAX FITNESS LIMITED

As described on the balance sheet you are responsible for the preparation of the accounts for the year ended 31 December 2005, set out on pages 3 to 7 and you consider that the company is exempt from an audit. In accordance with your instructions, we have compiled these unaudited accounts in order to assist you to fulfil your statutory responsibilities from the accounting records and information and explanations supplied to us.

Z. Dudhia & Company Limited

10 April 2006

**Chartered Tax Advisers & Chartered Accountants** 

Macmillan House 96 Kensington High Street London W8 4SG

### PROFIT AND LOSS ACCOUNT FOR THE YEAR ENDED 31 DECEMBER 2005

|  | Notes | 2005<br>£   | 2004<br>£ |
|--|-------|-------------|-----------|
|  |       | -           |           |
| Turnover   |       | 12,632      | 6,636     |
| Cost of sales  |       | (3,462)     | (332)     |
| Gross profit   |       | 9,170       | 6,304     |
| Administrative expenses                              |       | (8,819)     | (7,680)   |
| Operating profit/(loss)                              | 2 .   | 351         | (1,376)   |
| Other interest receivable and similar income         |       | 3           | -         |
| Interest payable and similar charges                 |       | <u>-</u>    | (40)      |
| Profit/(loss) on ordinary activities before taxation |       | 354         | (1,416)   |
| Tax on profit/(loss) on ordinary activities          | 3     | -           | -         |
|  |       | <del></del> |           |
| Profit/(loss) on ordinary activities after taxation  | 8     | 354         | (1,416)   |

### BALANCE SHEET AS AT 31 DECEMBER 2005

|                                       |       | 200     | 5           | 2004    | 4       |
|---------------------------------------|-------|---------|-------------|---------|---------|
|                                       | Notes | £       | £           | £       | £       |
| Fixed assets                          |       |         |             |         |         |
| Tangible assets                       | 4     |         | -           |         | 250     |
| Current assets                        |       |         |             |         |         |
| Debtors                               | 5     | -       |             | 122     |         |
| Cash at bank and in hand              |       | 3,819   |             | 199     |         |
|                                       |       | 3,819   |             | 321     |         |
| Creditors: amounts falling due within | 1     |         |             |         |         |
| one year                              | 6     | (8,653) |             | (5,760) |         |
| Net current liabilities               |       |         | (4,834)     |         | (5,439) |
| Total assets less current liabilities |       |         | (4,834)     |         | (5,189) |
|                                       |       |         | <del></del> |         |         |
| Capital and reserves                  |       |         |             |         |         |
| Called up share capital               | 7     |         | 1           |         | 1       |
| Profit and loss account               | 8     |         | (4,835)     |         | (5,190) |
| Shareholders' funds                   |       |         | (4,834)     |         | (5,189) |

In preparing these financial statements:

- (a) The director is of the opinion that the company is entitled to the exemption from audit conferred by Section 249A(1) of the Companies Act 1985;
- (b) No notice has been deposited under Section 249B(2) of the Companies Act 1985, and
- (c) The director acknowledges his responsibilities for:
  - (i) ensuring that the company keeps accounting records which comply with Section 221 of the Companies Act 1985, and
  - (ii) preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of Section 226, and which otherwise comply with the requirements of this Act relating to accounts, so far as applicable to the company.

These financial statements have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies and with the Financial Reporting Standard for Smaller Entities (effective June 2002).

The financial statements were approved by the Board on 10 April 2006

C Johnson

Director

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2005

### 1.1 Accounting convention

**Accounting policies** 

The financial statements are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective June 2002).

### 1.2 Compliance with accounting standards

The financial statements are prepared in accordance with applicable accounting standards.

#### 1.3 Turnover

Turnover represents amounts receivable for goods.and services net of VAT and trade discounts.

#### 1.4 Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Plant and machinery

25% per annum straight line method

| 2 | Operating profit/(loss)  | 2005<br>£ | 2004<br>£ |
|---|--|-----------|-----------|
|   | Operating profit/(loss) is stated after charging:  Depreciation of tangible assets | -         | 125       |
| 3 | Taxation   |           |           |
|   | Current tax charge   |           |           |

There is no tax libility for the year due to the losses incurred.

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2005

| 4 | Tangible fixed assets                          |              | Plant and    |
|---|--|--------------|--------------|
|   |  | mach         | ninery etc   |
|   |  |              | £            |
|   | Cost At 1 January 2005                         |              | 500          |
|   | Disposals                                      |              | (500)        |
|   | At 31 December 2005                            |              | _            |
|   | Depreciation                                   |              | 050          |
|   | At 1 January 2005                              |              | 250<br>(250) |
|   | On disposals                                   |              | (250)        |
|   | At 31 December 2005                            |              | _            |
|   | Net book value                                 |              |              |
|   | At 31 December 2005                            |              |              |
|   | At 31 December 2004                            |              | 250          |
|   |  |              | 2004         |
| 5 | Debtors  | 2005<br>£    | 2004<br>£    |
|   | •  |              | -            |
|   | Other debtors                                  | <del>-</del> | 122          |
| 6 | Creditors: amounts falling due within one year | 2005         | 2004         |
|   |  | £            | £            |
|   | Trade creditors                                | 297          | 87           |
|   | Other creditors                                | 8,356        | 5,673        |
|   |  | 8,653        | 5,760        |
|   |  | <del>=</del> |              |

### NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2005

| 7 | Share capital   | 2005<br>£ | 2004<br>£                          |
|---|---|-----------|------------------------------------|
|   | Authorised<br>20,000 Ordinary Shares of £1 each                 | 20,000    | 20,000                             |
|   | Allotted, called up and fully paid 1 Ordinary Shares of £1 each | 1         | 1                                  |
| 8 | Statement of movements on profit and loss account               |           | Profit and<br>loss<br>account<br>£ |
|   | Balance at 1 January 2005 Retained profit for the year          |           | (5,189)<br>354                     |
|   | Balance at 31 December 2005                                     |           | (4,835)                            |

### 9 Related party transactions

Included within other creditors is an amount due to the director of £8,356 (2004: £7,366).