REGISTERED NUMBER: 03777821 (England and Wales)

ABBREVIATED UNAUDITED ACCOUNTS

FOR THE YEAR ENDED 5TH APRIL 2010

FOR

VITALSTATES LIMITED



A16 27/08/2010 COMPANIES HOUSE

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COMPANY INFORMATION FOR THE YEAR ENDED 5TH APRIL 2010

DIRECTOR:

E J Swift

SECRETARY:

Ms S A Bonnot

REGISTERED OFFICE:

14 Ella Street

Hull

East Yorkshire HU5 3AY

REGISTERED NUMBER:

03777821 (England and Wales)

ACCOUNTANTS:

Holdstock Nicholls Train & Co

593 Anlaby Road Kingston Upon Hull East Yorkshire HU3 6ST

ABBREVIATED BALANCE SHEET 5TH APRIL 2010

2009				2010	
£	£		Notes	£	£
		FIXED ASSETS			
	22,298	Tangible assets	2		21,550
		CURRENT ASSETS			
1,950		Cash at bank and in hand		641	
		CREDITORS			
8,325		Amounts falling due within one year		11,930	
	(6,375)	NET CURRENT LIABILITIES			(11,289)
	15,923	TOTAL ASSETS LESS CURRENT			
	,	LIABILITIES			10,261
					
		CAPITAL AND RESERVES			
	100	Called up share capital	3		100
	15,823	Profit and loss account			10,161
	15,923	SHAREHOLDERS' FUNDS			10,261
					

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 5th April 2010

The members have not required the company to obtain an audit of its financial statements for the year ended 5th April 2010 in accordance with Section 476 of the Companies Act 2006

The director acknowledges his responsibilities for

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies

The financial statements were approved by the director on

231d August 2010 and were signed by

The notes form part of these abbreviated accounts

NOTES TO THE ABBREVIATED ACCOUNTS FOR THE YEAR ENDED 5TH APRIL 2010

1 ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

Turnover

Turnover represents net invoiced provision of services and goods, excluding value added tax

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the profit and loss account on a straight line basis over the period of the lease

2 TANGIBLE FIXED ASSETS

	Total £
COST	
At 6th April 2009	25,676
Disposals	(4,126)
At 5th April 2010	21,550
DEPRECIATION	
At 6th April 2009	3,378
Eliminated on disposal	(3,378)
At 5th April 2010	-
NET BOOK VALUE	
	21,550
At 5th April 2010	21,530
A + 5+h A mml 2000	22,298
At 5th April 2009	22,298

3 CALLED UP SHARE CAPITAL

Allotted, iss	ued and fully paid			
Number	Class	Nominal	2010	2009
		value	£	£
100	Ordinary	£1	100	100