



Companies House
— for the record —

AR01 (ef)

Annual Return



X1BT4HRL

Received for filing in Electronic Format on the: **25/06/2012**

Company Name: **WORKPLACE HEALTHCARE & FITNESS LIMITED**

Company Number: **SC219715**

Date of this return: **31/05/2012**

SIC codes: **86900**

Company Type: **Private company limited by shares**

Situation of Registered Office: **37E FORBES STREET
ABERDEEN
ABERDEENSHIRE
AB25 2UG**

Officers of the company

Company Director **1**

Type: **Person**

Full forename(s): **LINDA ANNE**

Surname: **ROSS**

Former names:

Service Address: **37E FORBES STREET
ABERDEEN
ABERDEENSHIRE
AB25 2UG**

Country/State Usually Resident: **SCOTLAND**

Date of Birth: **10/02/1953**

Nationality: **BRITISH**

Occupation: **DIRECTOR**

Statement of Capital (Share Capital)

| | | | |
|------------------------|-----------------|--------------------------------|------------|
| Class of shares | ORDINARY | <i>Number allotted</i> | 100 |
| | | <i>Aggregate nominal value</i> | 100 |
| <i>Currency</i> | GBP | <i>Amount paid per share</i> | 1 |
| | | <i>Amount unpaid per share</i> | 0 |

Prescribed particulars

ORDINARY SHARES WITH FULL VOTING RIGHTS.

Statement of Capital (Totals)

| | | | |
|-----------------|------------|--------------------------------------|------------|
| <i>Currency</i> | GBP | <i>Total number of shares</i> | 100 |
| | | <i>Total aggregate nominal value</i> | 100 |

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 31/05/2012 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **100 ORDINARY shares held as at the date of this return**
Name: **LINDA ROSS**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.