

4001951

# Eden Community Outdoors Annual Report and Accounts 2010-2011

**"Making space for other possibilities"**

ECO works with young people in the community to find ways of improving their own lives on a personal, group and community level and to be part of creating a socially, environmentally and economically sustainable future for all of us

Website [www.edencommunityoutdoors.org.uk](http://www.edencommunityoutdoors.org.uk)



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**Address - Eden Community Outdoors, Centre 67, Chapel Street, Appleby in Westmorland, CUMBRIA, CA16 6QR. Telephone: 017683 51640 Website**  
[www.edencommunityoutdoors.org.uk](http://www.edencommunityoutdoors.org.uk)

ECO a Company Limited by Guarantee, No 04001951 Registered Charity, No 1084785  
 It is governed by Memorandum & Articles of Association

To promote the education and recreation of young people between the ages of 5 and 25 primarily, but not exclusively, in Eden District, to establish affordable, accessible projects which will involve such young persons in promoting the preservation, protection and improvement of the environment

#### Trustees

Chris Turner (Chairman)  
 Caroline Harbot (Treasurer)  
 Cllr Colin Duncan  
 Denise Park  
 Prof Jane Taylor  
 Kathryn Westgarth  
 John Porter  
 Ben Kelly (Young Peoples Rep)

#### ECO Team

Rosie Fleet (Cleaner)  
 Gemma Webb (Development Officer)  
 Debbie Parkin (Finance Officer)  
 Jez Farcombe (LDD Inclusion Officer)  
 Rebecca England (Project Leader - Alston)  
 Dave Thornley (Project Leader – Forest Schools)  
 Dave Corrie (Project Leader – Forest Schools)  
 Toni Spence (Project Leader – Euphoric Circus)  
 Zoe Macintosh (Project Leader – Art & Film)  
 Brian Dodd (MIA – Climbing Advisor)  
 Seph Potter (Project Leader – Climbing)  
 Dani Leslie (Funding Officer)  
 Peter Bradbury (Chief Officer)

Trustees are recruited according to their expertise and professional or personal experience that will benefit the organization, in budget and financial management, legal issues, governance and leadership, as well as knowledge of the services we provide within the community. When recruiting new members, ECO is sensitive to diverse backgrounds, ensuring that the board reflects, and respects, the culture of the community it serves. Staff are recruited and appointed according to ECO's equal opportunities recruitment policy, which complies with company and charity law.

The ECO staff are relevantly qualified and experience to undertake their assigned roles, most staff have relevant professional qualifications (MA, PhD, Degree, PG or HND), in-addition staff undertake continual professional development training courses throughout the year.

<b>Arts</b> Leader - Zoe McIntosh <a href="mailto:zoecoyote@btinternet.com">zoecoyote@btinternet.com</a>	<b>Woodland</b> Leader - Dave Thornley <a href="mailto:forestschool@ecoeden.org.uk">forestschool@ecoeden.org.uk</a>	<b>Alston Scran Shed</b> Leader - Rebecca England <a href="mailto:alstoncafe@ecoeden.org.uk">alstoncafe@ecoeden.org.uk</a>
<b>Aerial Arts</b> Leader - Toni Spence <a href="mailto:entertrain@msn.com">entertrain@msn.com</a>	<b>Euphoric Circus</b> Leader - Toni Spence <a href="mailto:entertrain@msn.com">entertrain@msn.com</a>	<b>Climbing Wall</b> Leader - Seph Potter <a href="mailto:applebyclimbing@live.co.uk">applebyclimbing@live.co.uk</a>
<b>LDD Project</b>	<b>Film Project</b>	<b>Computing</b>

<a href="mailto:jez.farncombe@live.co.uk">jez.farncombe@live.co.uk</a>	<a href="mailto:zoecoyote@btinternet.com">zoecoyote@btinternet.com</a>	<a href="mailto:Peter.bradbury@live.co.uk">Peter.bradbury@live.co.uk</a>
Free Running Leader - Toni Spence <a href="mailto:entertrain@msn.com">entertrain@msn.com</a>	Fire & Light Show Leader - Toni Spence <a href="mailto:entertrain@msn.com">entertrain@msn.com</a>	Finance Officer Debbie Parkin <a href="mailto:Debbie.Parkin@live.co.uk">Debbie.Parkin@live.co.uk</a>
Chair of Trustees Chris Turner	Chief Officer Peter Bradbury <a href="mailto:Peter.bradbury@live.co.uk">Peter.bradbury@live.co.uk</a>	Development Officer Gemma Webb <a href="mailto:creator23@hotmail.co.uk">creator23@hotmail.co.uk</a>
Centre 67 Cleaner Rosie Fleet	Funding Officer Dani Leslie <a href="mailto:Dani.leslie@live.co.uk">Dani.leslie@live.co.uk</a>	Weekend Activities Jez Farncombe <a href="mailto:jez.farncombe@live.co.uk">jez.farncombe@live.co.uk</a>
Young Leaders Leader - Dave Thornley <a href="mailto:forestschooll@ecoeden.org.uk">forestschooll@ecoeden.org.uk</a>	Young Person Rep Ben Kelly <a href="mailto:kenbelly@hotmail.com">kenbelly@hotmail.com</a>	Summer Week Camps Leader - Gemma Webb <a href="mailto:creator23@hotmail.co.uk">creator23@hotmail.co.uk</a>

Over 55 people have given their time and expertise over the year, for which ECO is grateful. Young people have taken part in shows, workshops and events around the district. All have contributed to ECO's success in its field.

#### **Patrons**

Alex Chalmers, Appleby Time Bank  
Sue Fell  
Brian Simpson, MEP

In compiling this report, the Trustees have complied with the duty in section 4 of the 2006 Charities Act to have due regard to guidance published by the Charity Commission. The report has also been prepared in accordance with the small companies' regime.

The Trustees and staff during the past year have continued to build on the positive work that the organisation undertakes with the local community, children and young people. During the past year ECO has worked with over 1600 children & young people throughout Cumbria. 2011 ECO continued the development of its staff team with the introduction of two new key posts that were focused on ensuring all of the ECO projects and services can be accessed by as many children and young people as possible. Centre 67 continues to be the hub from where most of the projects operate and is an integral part of the organisation.

The highlights of the year have been, Euphoric Circus have been busy with a large scale European exchange project that saw young people come from Germany and Austria to perform with young people from ECO. 2010 saw the successful introduction of the ECO 'Summer Weeks', all of the staff team worked extremely hard in providing two full weeks of activities that were based on environmental, educational and most of all outdoor fun for

children from 5 to 13 year olds 2010 was also very busy with the climbing wall (phase 1 and 2) being completed in April and June 10, this has enabled us to offer indoor climbing to the whole community across Eden

Following a pilot during 2011 that was run in partnership with a local church group, ECO has developed a intergenerational project where young and old work together in learning about computing and accessing the internet (Silver Surfing Project) Finally in early 2011 we introduced a very successful learning disability project, which is designed to enable young people with a learning disability to try out all of our projects with a view of integrating into the existing group sessions

On behalf of the trustees we would like to say thank you to all our staff, project leaders, volunteers, young people, funders, and friends in the community for the huge range of support you have given us over the past year and hope you will agree that together so much has been achieved and together we can further develop our potential on a sustainable foundation

***Mr. Chris Turner (Chairman of Trustees)***

During 2010 the 1<sup>st</sup> phase of our climbing wall was installed in our main hall within the centre, this has been designed especially for children and young people to experience climbing in a safe and secure environment August 2010 the wall was extended by a further 4meters (width) and 4 meters (high), this has enabled a further 3 climbing lines to be added, providing 10 routes in total During Jan 2011 we trained a young person up to take a lead role in the climbing wall and he is currently working on his single pitch award (SPA) climbing qualification During March 2011 we started delivering the NICAS qualifications level 1 & 2, to date we have supported 36 young people to achieve the accredited climbing qualification We have worked with a number of groups including schools, brownies, scouts and local clubs to enable there members to have a tasters in climbing We currently have a team of 8 qualified (volunteer) instructors.

We have continued to run a programme of sessions in woodland based activities, with Eden Valley primary schools Informal outdoor education, incl activities such as woodwork, camp-craft, outdoor cookery incl wild foods, willow structures, practical history and rural/craft heritage During 2010/11 we delivered 60 Primary School sessions, average 12 students per session, we reached over 720 participants. We also continued to provide a regular meeting for young people and their parents, to explore woodland crafts/skills and environmental exploration and management 20 meetings, average 10 young people Total of 200 participants used the service

The Summer Weeks project was a two week programme that provides Environmental activities nature walks, river exploration and observation, renewable energy workshops for children aged 5 to 13 yrs A wide range of activities are provided that include, arts, painting, sculpting, performing arts, costume design and manufacture, storytelling, circus, drumming and other music Skills and crafts instrument manufacture, pottery, kite making, green woodwork, shelter building, cookery Outdoor education and sport climbing, zip wires, rope courses, rafting and an off-site overnight expedition for older children This project is inclusive and integrated with young people from all socio-economic backgrounds Special support was provided to allow participation of individuals with special needs, disabilities and behavioral problems Financial accessibility was ensured through the use of a sliding fees scale, with bursaries available for children from low income families and young carers

Over the last year Euphoric Circus has performed and delivered workshops in Liverpool, Workington, Lancaster, Penrith, Milnthorpe, Kendal and throughout the Eden district. The group has worked with organisations such as Eden Carers, Youthtastic and Impact Housing Youth Services, Eden Mind, The Lions Club and Cockermouth and Penrith Chamber of Trade. Our group has also performed at the prestigious Sheffield Greentop Circus. By involving young people in productions and performance we achieve positive outcomes that enable our young people to progress into further education and or a profession within the performing arts. We now have two qualified young leaders who lead in workshops and perform at most events they are on our committee and are an integral part of decision making within the project. We have also supported 8 young people through the ASDAN award in expressive arts.

Young Leaders took part in a residential at Isthmus cottage on the shores of Derwent Water, from the 4<sup>th</sup> to the 6<sup>th</sup> of March 2011. Many of our projects rely on the young leaders volunteering their time to help support others. This programme provides opportunities for young volunteers to understand the expectation on them, understand the leader role, have some fun, to get to know each other better (team building). In addition we aim to continue the development of our youth leadership programme that helps us support and coordinate the volunteers' participation and development.

Centre 67 continues to be at the heart of ECO activities, over the past year we have introduced a number of new activities into the centre that include

- Climbing Wall
- Drop in Area (with tables and air hockey table)
- Computer Area (with 5 internet enabled computers)
- Stage in the main hall
- Meeting room and main hall

The Art project explores a wide range of activities that have included graffiti art, tee shirt design and manufacture, clay, sculpture, junk art, costume and mask making. The art group has been on a number of related trips and throughout the year we have worked with a range of local professional artists who have provided master-classes such as three artists from Manifesto Clothing to work with them helping to develop t-shirt designs which they later printed in a workshop with Andrew Parrini.

After various short-term projects the arts group then moved on to comic strips, developing characters and using collage etc to create effects. Over the year they have created seven short films: 10 Things I hate about Christmas, The Flight of Happiness, Orangiboom, Gazellathon, Lamppost Attack, Super power pass it on, and Guy Ball-a way of life. The young people engaged in every aspect of creating the films, storyboarding, costume and prop design, acting, directing, filming and editing. They have also experimented with stop-motion animation and creating special effects.

ECO has been working with Young Cumbria and Cumbria County Council's children and youth service teams to identify ways that ensure young disabled people experience the same activities as non disabled young people access week in week out, in clubs and youth provision across Eden and South Cumbria. A range of 48 taster activities are being provided free of charge to young disabled people, with the focus on participation and future integration into the existing groups and projects that are currently running. Activities include Art (with Light), Climbing, Circus Skills, Music (Bluejam), Film, Road Safety, Green Woodworking and Computing.

Appleby free runners meet each week at Centre 67 to train and develop their skills and routines. The Appleby parkour (free-running) display team have attended a number of community events during the year, they performed at events including Teen Life Carlisle, Lakes Alive Barrow, Bolton fate, Appleby agricultural show, Skate park (Penrith and Workington) and for the local Rotary club. Monies raised from these events were used to purchase some new training equipment, such as a spring board.

The Scran Shed is a Youth Café on the main street in Alston, the most ruraly isolated town in the region. The project offers young people a place to come, meet friends and take part in events, training, activities and volunteering. The space is open two evenings a week, Tuesday 3.30pm-5.30pm & 6.30pm-8.30pm and Wednesday 6.30pm- 8.30pm. Sessions have often had a focus on an issue such as drugs and alcohol, sexual health, domestic violence in young relationships, housing, community, politics and many more. Alston committee of young people running this project twelve young people are members and took on roles and responsibilities within the project.

We have developed an over 55's (silver surfing) project which was run as a pilot following a meeting with a local older persons group. The training includes computer terminology, how to use a computer and how to safely surf the internet. This training is undertaken over a 6 week period and will run 4/5 times per year during 2011/12 (in term time). This support would also empower the older generation to use computers with young people's support (we have the process supported by a young person to promote and support inter-generational understanding). Through this project our aim is that young people would benefit by working with older people and the older people would understand and be more tolerant of the young generation.

ECO has a full range of aerial arts equipment from trapeze, silks, ropes, and hoops. These specialist sessions have been running weekly with a large core group of attendees. Over the year we have developed the range of skills of the young people, who have demonstrated their skills in a number of public performances that attract around 120 people from the local community. The group continues to be one of the most in demand as it provides young people with the opportunity to undertake this activity that is unique to Cumbria.

The annual Appleby fire and light show was staged by ECO for the 9<sup>th</sup> time on Halloween. The event attracted over 500 people from all over Cumbria, one family came all the way from Yorkshire to watch the spectacle. Prior to the event, team ECO ran a range of workshops (over half term) for young people and their families, from lantern making to stilt making and stilt walking. See our video (2009) on You Tube by following

<http://www.youtube.com/watch?v=mol6BJGigQ8>

Euphoric Circus (an ECO project) and Eden Community Outdoors were awarded commendations for our work with young people within the community, in addition ECO also scooped the 2011 Cumbria award for outstanding work within the community and the positive difference we make within our community. James Carr (founder of the Eden Rivers Trust) commented "the 2011 charity of the year, in my mind could only go to one charity for the positive work ECO undertakes in raising awareness of the natural environment and environmental issues"

"I personally came to this centre when I was in year 8, 2006. I was a very sensitive guy, I had not a lot of friends or no skills or social life outside of school, but now 5 years on I have done a lot in the last 5 years that has literally changed my life, I have met new friends, new skills and know as self-confident as the next guy and I am now happy"

*Ben - Young Person*

"Thank you very much for coming today - The unicyclists were amazing and the performance in the centre of town was excellent - really talented young people! We should be doing the same again next year - so I hope you can come again then. You are doing a wonderful job at Eco - keep up the great work"

*Mark - Sustainable Carlisle*

"The feedback that I have had from a lot of people was that they were really impressed with what you were able to put on - all of that talent in and around Appleby! They said that everyone really gave a great performance and helped make the day a great success despite the weather"

*Clair - Bolton Field Day*

"Thank you so much to all at ECO, our young people loved the session and have not stopped talking about what they learnt on the day"

*Karen - Kendal Riversiders*

"We have all had a weekend and a day in school to calm down and reflect on the workshops on Friday. I was met with lots of beaming smiles from both staff and pupils on going into school on Monday morning. Your workshop was all I wanted it to be having heard of what circus skills can do for children. They learned new skills - and what skills - learned how to persevere and have fun at the same time. When they showed off their skills at the World party they were proud of their achievements and so they should have been. Thanks both to you and to all your team"

*Charlotte - Caldew School, Dalton, Cumbria*

"ECO has embraced the inclusion agenda and has made a big difference, integrating young learning disabled people into their current projects"



***Chris H – Cumbria County Council, Children's Services***

The trustees (who are also directors of Eden Community Outdoors Limited for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently,
- observe the methods and principles in the Charities SORP,
- make judgments and estimates that are reasonable and prudent,
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements,
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 1985. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**Reserves Policy**

The Trustees have examined the requirements for reserves in light of the main risks to the organisation and have agreed a policy whereby that unrestricted funds not committed or invested in tangible fixed assets held by Eden Community Outdoors should be between 3 and 6 months of the annual core expenditure.

**Sue Bennett Memorial Fund**

Monies collected in memory of Sue have been placed in an investment account. It is intended that the interest (currently £25) will be used annually for the benefit of an individual young person who has shown particular skills and/or progress.

EDEN COMMUNITY OUTDOORS LIMITED  
A COMPANY LIMITED BY GUARANTEE  
STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDING 31 MARCH 2011

		UNRESTRICTED FUNDS 2010-11 £	RESTRICTED FUNDS 2010-11 £	TOTAL FUNDS 2010-11 £	TOTAL FUNDS 2009-10 £
	NOTES				
<b>INCOMING RESOURCES</b>					
<b>Incoming resources from generated funds</b>					
Voluntary income Donations and grants	4	20,808	95,236	116,044	168,805
Activities for generating funds					
Investment income	5	100	0	100	122
<b>Incoming resources from charitable activities</b>					
	6	26,908	15,485	42,393	43,417
Other incoming resources	7	5	0	5	4,999
<b>TOTAL INCOMING RESOURCES</b>		<b>47,821</b>	<b>110,721</b>	<b>158,542</b>	<b>217,343</b>
<b>RESOURCES EXPENDED</b>					
<b>Costs of generating funds</b>					
Costs relating to Charitable activities	8	70,341	110,334	180,675	169,155
Governance costs	9	1,101	0	1,101	2,910
Other resources expended	10	0	0	0	5,105
<b>TOTAL RESOURCES EXPENDED</b>		<b>71,442</b>	<b>110,334</b>	<b>181,776</b>	<b>177,170</b>
<b>NET INCOMING/OUTGOING RESOURCES BEFORE TRANSFERS</b>		<b>-23,621</b>	<b>387</b>	<b>-23,234</b>	<b>40,173</b>
<b>TRANSFERS</b>					
Gross transfers between funds	11	37,253	-37,253	0	0
<b>Net incoming/outgoing resources and net income/ expenditure for the year</b>		<b>13,632</b>	<b>-36,866</b>	<b>-23,234</b>	<b>40,173</b>
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward	11	59,347	53,940	113,287	73,114
Total funds carried forward		<b>72,979</b>	<b>17,074</b>	<b>90,053</b>	<b>113,287</b>


**EDEN COMMUNITY OUTDOORS LIMITED**  
**A COMPANY LIMITED BY GUARANTEE**  
**BALANCE SHEET AS AT 31 MARCH 2011**

	NOTES	2010-2011		2009-2010
		£	£	£
<b>FIXED ASSETS</b>				
Tangible assets	12		41,468	35,799
<b>CURRENT ASSETS</b>				
Debtors	13	2,231		13,690
Cash at bank and in hand		<u>103,328</u>		<u>92,532</u>
		105,559		106,222
<b>LIABILITIES</b>				
Creditors amounts falling due within one year	14	<u>(56,974)</u>		<u>(28,734)</u>
			48,585	<u>77,488</u>
			<u>90,053</u>	<u>113,287</u>
<b>THE FUNDS OF THE CHARITY</b>	15			
Restricted income funds				
Funds in deficit.				
Scran Shed		(47)		(261)
Weekend Activities		(280)		
Funds in surplus		<u>17,401</u>		<u>54,201</u>
			17,074	53,940
Unrestricted income funds			<u>72,979</u>	<u>59,347</u>
			<u>90,053</u>	<u>113,287</u>

For the financial year ended 31 March 2011, the charity was entitled to exemption from audit under section 477(1) of the Companies Act 2006, and no notice has been deposited under section 476(1) requesting an audit. The directors acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and preparing accounts which give a true and fair view of the state of affairs of the charity as at the end of the year and of its income and expenditure for the financial year in accordance with the requirements of section 394 and which otherwise comply with the Companies Act 2006, so far as applicable to the charity.

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime under the Companies Act 2006 and with the Financial Reporting Standard for Smaller Entities (effective April 2008)

The financial statements were approved on behalf of the trustees by

 C M TURNER

Dated

13/12/11

**EDEN COMMUNITY OUTDOORS LIMITED  
A COMPANY LIMITED BY GUARANTEE  
INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES  
FOR THE YEAR ENDING 31 MARCH 2011**

I report on the accounts of the charity for the year ended 31 March 2011, which include the Statement of Financial Activities, the Balance Sheet and the related notes.

*Respective responsibilities of trustees and examiner*

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 43(2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 43 of the 1993 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 43(7)(b) of the 1993 Act; and
- to state whether particular matters have come to my attention

*Basis of independent examiner's report*

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and the seeking of explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

*Independent examiner's statement*

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that, in any material respect, the requirements:
  - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
  - to prepare accounts which accord with the accounting records, comply with the accounting requirements of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities (revised 2005)have not been met;

or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



F Armstrong ACA  
Dodd & Co Chartered Accountants  
Fifteen Rosehill  
Montgomery Way  
Rosehill Estate  
CARLISLE  
CA1 2RW

Dated: 10 November 2011

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Unrestricted income funds			<u>72,979</u>	<u>59,347</u>
			<u>90,053</u>	<u>113,287</u>

For the financial year ended 31 March 2011, the charity was entitled to exemption from audit under section 477(1) of the Companies Act 2006; and no notice has been deposited under section 476(1) requesting an audit. The directors acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and preparing accounts which give a true and fair view of the state of affairs of the charity as at the end of the year and of its income and expenditure for the financial year in accordance with the requirements of section 394 and which otherwise comply with the Companies Act 2006, so far as applicable to the charity.

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime under the Companies Act 2006 and with the Financial Reporting Standard for Smaller Entities (effective April 2008)

The financial statements were approved on behalf of the trustees by

P. M. - T. C. M. TURNER

Dated

13/12/11

**EDEN COMMUNITY OUTDOORS LIMITED**  
**A COMPANY LIMITED BY GUARANTEE**  
**NOTES TO THE ACCOUNTS**  
**FOR THE YEAR ENDING 31 MARCH 2011**

**1 ACCOUNTING POLICIES**

**Basis of preparation:** The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice "Accounting and Reporting by Charities" (revised 2005), the Financial Reporting Standard for Smaller Entities (effective January 2007) and the Companies Act 2006

**Incoming resources** are recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability

**Resources expended** are recognised on an accrual basis as a liability is incurred. The Charity is unable to recover its input VAT and so resources expended include irrecoverable VAT

**Charitable** expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them

**Governance** costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity

**Restricted funds** are those which represent funds on which the donor has placed a restriction on how they are spent.

**Unrestricted funds** are those funds where there are no restrictions on their usage, or those funds received for specific services rendered but which any surplus funds can be retained and used for general purposes

**Transfers** between funds are made when a particular fund has incurred expenditure on behalf of another fund or when a fund has provided resources which have been used by another fund

**Assets** costing more than £250 are capitalised. Depreciation on equipment is charged on a 15% reducing balance basis.

**2 MEMBERS LIABILITY**

The charity is a private company limited by guarantee and consequently does not have share capital. Each of the members is liable to contribute an amount not exceeding £10 towards the assets of the charity in the event of liquidation

**3 TAXATION**

The Trust is a registered charity and accordingly is exempt from taxation on its income and gains where they are applied for charitable purposes

**EDEN COMMUNITY OUTDOORS LIMITED**  
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**4 Voluntary income**

	PROJECT	UNRESTRICTED FUNDS 2010-11 £	RESTRICTED FUNDS 2010-11 £	TOTAL FUNDS 2010-11 £	TOTAL FUNDS 2009-10 £
<b>Donations</b>					
	Core	168		168	3,118
	Centre 67	200		200	20
	Art Group	78		78	20
	Euphonic Circus	101		101	62
	Scran Shed				50
	Climbing				
	Halloween	311		311	
	Summer Weeks	450		450	
	<b>Sub totals</b>	<b>1,308</b>	<b>0</b>	<b>1,308</b>	<b>3,270</b>
<b>Grants</b>					
Appleby Town Council	Appleby Café		100	100	
	C67 -				
CCC/YCF and YOF	Refurbishment			0	55,820
	Euphonic Circus -				
	Freerunners			0	3,876
	Art Group		376	376	1,777
Childrens Services-Aiming High	LDD		0	0	
	C67 - Weekend				
Community Cashback	Activities				13,000
Cumbria Community Foundation -					
Holehird Trust	Halloween				500
	Art Group				2,000
Cumbria Community Foundation -					
N2N fund	Core		7,000	7,000	7,000
	Euphonic Circus		7,000	7,000	2,000
Cumbria Constabulary	Halloween		250	250	134
	Core		625	625	
Cumbria County Council	Climbing		1,000	1,000	
	Halloween		300	300	
	Summer Weeks		2,000	2,000	
	LDD		9,000	9,000	
Eden Arts	Halloween				420
Eden Local Area Committee	Centre 67				4,000
	Climbing - Club				533
	Halloween				475
Finn Family Fund	Summer Weeks		3,000	3,000	
Frands C Scott Charitable Trust	Core		8,000	8,000	8,000
	Scran Shed		15,000	15,000	15,000
Future Jobs Fund	Core	6,500		6,500	
	Appleby Café	6,500		6,500	
	Climbing - Wall	6,500		6,500	
Hadfield Trust	Climbing - Wall		2,100	2,100	
Hedley Foundation	Summer Weeks		3,000	3,000	
Lloyds TSB Foundation	LDD		2,127	2,127	
Lottery	Centre 67		8,048	8,048	
Northern Rock Foundation	Weekend activities		3,810	3,810	
Strengthening Rural Communities	Appleby Café				1,000
The Rank Foundation	Woodland				20,000
Thomas Gane	Summer Weeks		1,000	1,000	
Trusthouse Charitable Foundation	Summer Weeks		4,000	4,000	
Tudor Trust	Core		17,500	17,500	30,000
	<b>Sub totals</b>	<b>19,500</b>	<b>95,236</b>	<b>114,736</b>	<b>165,535</b>
	<b>Totals</b>	<b>20,808</b>	<b>95,236</b>	<b>116,044</b>	<b>168,805</b>



**EDEN COMMUNITY OUTDOORS LIMITED**  
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**5 Investment income - cash**

	PROJECT	UNRESTRICTED FUNDS 2010-11 £	RESTRICTED FUNDS 2010-11 £	TOTAL FUNDS 2010-11 £	TOTAL FUNDS 2009-2010 £
Interest from Triodos Bank	Core	96		96	118
Cumberland Building Society	Core	4		4	4
<b>Totals</b>		<b>100</b>	<b>0</b>	<b>100</b>	<b>122</b>

**6 Incoming resources from charitable activities**

	PROJECT	UNRESTRICTED FUNDS 2010-11 £	RESTRICTED FUNDS 2010-11 £	TOTAL FUNDS 2010-11 £	TOTAL FUNDS 2009-10 £
Admin Fees	Core				1,075
Café sales	Appleby café	954		954	2,669
Connexions/Young Cumbria	Art Group		7,628	7,628	7,628
	Kirkby Circus		7,628	7,628	7,628
Cumbria Youth Alliance/Skills for Working Futures	Core				1,560
Hire of equipment	Euphoric Circus				82
	Woodland & Yurt	380		380	592
Hire of facilities	Centre 67	3,451		3,451	3,513
Mencap	LDD		220	220	
Member contributions	Art Group				60
	Climbing	915		915	405
Workshops	Art Group				75
	Euphoric Circus	4,840		4,840	4,965
	Woodland & Yurt	9,324		9,324	11,734
	Outdoor Network				805
	Silver Surfers	182		182	
	Kirkby Circus	12	9	21	
	Summer Weeks	6,800		6,800	
	Music Project	50		50	
Young Cumbria - Keyfund	Art Group				626
<b>Totals</b>		<b>26,908</b>	<b>15,485</b>	<b>42,393</b>	<b>43,417</b>

**7 Other incoming resources**

	PROJECT	UNRESTRICTED FUNDS 2010-11 £	RESTRICTED FUNDS 2010-11 £	TOTAL FUNDS 2010-11 £	TOTAL FUNDS 2009-10 £
Sundry income	Core	5		5	305
Close Pension a/c	Core			0	4,694
<b>Totals</b>		<b>5</b>	<b>0</b>	<b>5</b>	<b>4,999</b>

**EDEN COMMUNITY OUTDOORS LIMITED**  
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**8 Costs relating to Charitable activities**

	PROJECT	UNRESTRICTED FUNDS 2010-11 £	RESTRICTED FUNDS 2010-11 £	TOTAL FUNDS 2010-11 £	TOTAL FUNDS 2009-10 £
<b>Support Costs</b>					
Administrator/Bursar net wage	Core/Centre 67	6,199	4,055	10,254	8,829
Cleaner wage	Core/Centre 67	1,116		1,116	1,253
Chief officer (salary/travel)	Core/Centre 67	1,380	18,990	20,370	18,591
Development officer (salary/travel)	Core/Centre 67		6,016	6,016	
PAYE to Inland Revenue	Core/Centre 67	248	11,856	12,104	6,521
Pensions to external a/c	Core/Centre 67		1,634	1,634	1,644
Training and Recruitment costs	Core/Centre 67	518	328	846	606
Office costs ('phone, postage, printing, stationery, equipment, maintenance)	Core/Centre 67	2,799	576 92	3,376	3,188
Insurance - public/employers liab	Core/Centre 67	685 34		685	626
Insurance - contents (2 months)	Core/Centre 67			0	106
Insurance - building incl Contents	Core/Centre 67	2625 86		2,626	2,880
Rent and Service Charge to CCC	Core/Centre 67	15,500	0	15,500	15,500
Building maintenance/Fire safety	Core/Centre 67	92		92	832
Gas, electric, water	Core/Centre 67	2,826		2,826	3,411
Minor equipment repairs and consumables	Core/Centre 67	-176	2,637	2,461	436
Depreciation	Core/Centre 67	6,638		6,638	
Office Costs	Art Group		13	13	44
Office Costs/recruitment	Euphoric Circus		0	0	74
Office Costs/recruitment	Halloween	94		94	
Office costs	Summer Weeks		15	15	0
Office costs/ rent of premises	Scran Shed		1,321	1,321	1,318
Office costs	Woodland	8		8	83
<b>Subtotal</b>		<b>40,553</b>	<b>47,442</b>	<b>87,995</b>	<b>65,942</b>
<b>Charitable Activities</b>					
Vol costs - SfWF/V-Vol scheme	Core/Centre 67	101	100	201	1,950
Roomhire	Core/Centre 67		54	54	0
Refurbishment/training on wall	Core/Centre 67			0	13,740
Weekend Activities	Core/Centre 67		1,322	1,322	6,214
Artist/leader fees	Art Group - SLA		3,275	3,275	4,261
Line management	Art Group - SLA		499	499	172
Volunteer expenses	Art Group - SLA		162	162	0
Activity costs travel, training, materials/equipment	Art Group - SLA	96	1,464	1,560	3,131
Completion of project	Art Group - Keyfund		409	409	377
Staff costs	Appleby Café	8,890		8,890	7,710
Consumables/ingredients	Appleby Café	858		858	1,929
Equipment/furnishings/ refurbishment	Appleby Café	10		10	2,447
Depreciation	Appleby Café	139		139	132
Circus workshops/shows etc.	Euphoric Circus	4,028	315	4,343	2,989
Freerunning sessions	Euphoric Circus		721	721	1,880
Equipment, storage etc	Euphoric Circus	908		908	1,621
Coordinator fee	Euphoric Circus	161	3,152	3,313	4,255
Equipment/materials/promotion/ volunteer costs	Halloween		550	550	1,544
Specialist/leader fees	Kirkby Circus - SLA		4083	4,083	4,042
Line management	Kirkby Circus - SLA		211	211	172
Activity costs travel, training, materials/equipment, premises	Kirkby Circus - SLA		1,562	1,562	806
Outdoor workshops/activities	Climbing - Club	6,350	669	7,019	1,108
Outdoor workshops/activities	Outdoor Network			0	602
Staff costs (fees/training)	Summer Weeks		10,223	10,223	0
Activity costs	Summer Weeks	1,369	1,050	2,419	0
Staff costs	Scran Shed		11,815	11,815	11,613
Line management	Scran Shed			0	457
Activity costs	Scran Shed			0	386
Staff costs (wage/training)	Woodland & Yurt	5,124	17,053	22,177	18,812
Activity costs	Woodland & Yurt	724	2,468	3,192	9,704
Maintenance	Woodland & Yurt	1,030		1,030	71
Peer Youth Worker wage	PYW-Connexions			0	448
Youth Worker costs	Drop-In			0	640
Roomhire	LDD		184	184	
Staff costs	LDD		1,377	1,377	
Materials	LDD		174	174	
<b>Subtotals</b>		<b>29,788</b>	<b>62,892</b>	<b>92,680</b>	<b>103,213</b>
<b>Total</b>		<b>70,341</b>	<b>110,334</b>	<b>180,675</b>	<b>169,155</b>

**EDEN COMMUNITY OUTDOORS LIMITED**  
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**9 Governance costs**

	PROJECT	UNRESTRICTED FUNDS 2010-11 £	RESTRICTED FUNDS 2010-11 £	TOTAL FUNDS 2010-11 £	TOTAL FUNDS 2009-10 £
Consultant fee - Action Plan	Core			0	1711
Affiliation/hospitality	Core	140		140	389
Costs of external scrutiny	Core	961		961	750
AGM costs	Core			0	60
<b>Total</b>		<b>1,101</b>	<b>0</b>	<b>1,101</b>	<b>2,910</b>

**10 Other resources expended**

	PROJECT	UNRESTRICTED FUNDS 2010-11 £	RESTRICTED FUNDS 2010-11 £	TOTAL FUNDS 2010-11 £	TOTAL FUNDS 2009-10 £
Sundry expenses				0	411
Pension payments to individuals				0	4,694
<b>Totals</b>		<b>0</b>	<b>0</b>	<b>0</b>	<b>5,105</b>

**11 Gross transfers between funds**

RESTRICTED FUNDS	B/F	INCOME	EXPENDITURE	TRANSFERS	C/F
Core	13,589	33,125	-43,006	4,167	7,875
C67 - Lottery	0	8,048	-2,899	-5,149	0
C67 - Refurbishment	8,359		-643	-7716	0
C67 - Weekend Activities	0	3,810	-1,021	-3,069	-280
Art Group - SLA	597	7,628	-5,413	-2,787	25
Art Group - Keyfund	33	376	-409		0
Appleby Café	2,839	100		-2,939	0
Euphoric Circus - n2n	837	7,000	-3,152	-4,685	0
Euphoric Circus - YOF/YCF	1,415		-1,036	-379	0
Halloween	0	550	-550		0
Kirkby Circus	1,923	7,637	-5,856	-2,628	1,076
Scran Shed (formerly Topp)	-261	15,000	-13,136	-1,650	-47
Woodland & Yurt	24,119		-19,521	-366	4,232
Summer Weeks	0	13,000	-11,288	-1,712	0
Climbing - Wall	490	3,100	-669	-1000	1,921
LDD	0	11,347	-1735 33	-7339 67	2,272
<b>Total Restricted Funds</b>	<b>53,940</b>	<b>110,721</b>	<b>-110,334</b>	<b>-37,253</b>	<b>17,074</b>
<b>UNRESTRICTED FUNDS Total</b>	<b>59,347</b>	<b>47,821</b>	<b>-71,442</b>	<b>37,253</b>	<b>72,979</b>
<b>TOTALS</b>	<b>113,287</b>	<b>158,542</b>	<b>-181,776</b>	<b>0</b>	<b>90,053</b>

## **Purposes of Restricted Funds**

**Core:** Grants which cover the salaries of management, admin and cleaning staff, volunteer expenses and other running costs

**C67 - Lottery:** Grant for a computer suite

**C67 - Refurbishment:** a grant to make improvements to the building, including building a climbing wall

**C67 - Weekend Activities:** a grant to enable opening of the facility at weekends

**Art Group - SLA:** youth work commissioned by Cumbria County Council for Appleby area

**Art Group - Keyfund:** funding for a specific activity

**Appleby Café:** grants to cover the setting up of the Café, including refurbishment and equipping of kitchen and foyer area and wages of staff

**Euphoric Circus - n2n:** a grant to provide for a Coordinator to develop and expand the circus activities

**Euphoric Circus - Freerunners:** a grant to enable workshops and training sessions

**Halloween:** grants towards the Festival of Fire and Light held in October

**Kirkby Circus:** youth work commissioned by Cumbria County Council for Kirkby Stephen area

**Climbing - Wall:** Grant for participants to obtain NICAS qualification

**Scran Shed (formerly Topp):** grant towards the development of youth activities in Alston

**Woodland:** grants to cover the Leader's salary, the piloting of forest school activities in schools, and the purchase of equipment

**Summer Weeks:** Grants to enable outdoor activity camps

**LDD:** Grants to enable people with learning difficulties to participate in main stream youth activities

**EDEN COMMUNITY OUTDOORS LIMITED**  
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**12 Fixed assets**

	Fixtures, fittings and equipment £
<b>Cost</b>	
b/f	37,248
Additions	12,865
At 31.3.11	<u>50,113</u>
<b>Depreciation</b>	
b/f	1,449
Charge for year	7,196
At 31 3 11	<u>8,645</u>
<b>Net Book Value</b>	
At 31.3 11	41,468
At 31 3.10	<u>35,799</u>

**13 Debtors**

	2010-11 £	2009-10 £
Debtors control	2,231	
Prepayments and accrued income	0	13,690
	<u>2,231</u>	<u>13,690</u>

**14 Creditors**

	2010-11 £	2009-10 £
Accruals and deferred income	54,081	28,734
Creditors control	2,893	
	<u>56,974</u>	<u>28,734</u>

**15 Funds**

	UNRESTRICTED FUNDS 2010-11 £	RESTRICTED FUNDS 2010-11 £	TOTAL FUNDS 2010-11 £	TOTAL FUNDS 2009-10
Tangible assets	41,468		41,468	35,799
Current assets	36,174	69,385	105,559	106,222
Creditors amounts falling due within one year	(4,663)	(52,311)	(56,974)	(28,734)
	<u>72,979</u>	<u>17,074</u>	<u>90,053</u>	<u>113,287</u>

**EDEN COMMUNITY OUTDOORS LIMITED**  
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**16 Staff Remuneration**

	<b>GROSS PAY</b>	<b>EMPLOYER'S N.I.</b>	<b>EMPLOYER'S PENSION CONTRIBUTION</b>	<b>TOTAL 2010-11</b>
Contracted staff	78,151	5,031	1,890	
Self-employed	37,542	0	0	
Volunteer expenses	737	0	0	
<b>Total remuneration 2010-11</b>	<b>116,430</b>	<b>5,031</b>	<b>1,890</b>	<b>123,351</b>
<b>Total 2009-10</b>	<b>101,345</b>	<b>4,337</b>	<b>2,734</b>	<b>108,416</b>

The average number of contracted staff during the year was 10

Some self-employed artistes are employed on a regular basis for many of the activities - others are employed as the demand dictates 82 individuals have been employed on this basis during the year

**Trustees Remuneration**

**17**

No trustee has received any remuneration or expenses from the Charity