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**Eden Community Outdoors  
Annual Report and Accounts 2009-2010**

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10/11/2010

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COMPANIES HOUSE

**"Making space for other possibilities"**

**ECO works with young people in the community to find ways of improving their own lives on a personal, group and community level and to be part of creating a socially, environmentally and economically sustainable future for all of us**

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### *Address*

**Eden Community Outdoors, Centre 67, Chapel Street,  
Appleby in Westmorland, CUMBRIA. CA16 6QR  
Telephone 017683 51640  
Website [www.ecoeden.org.uk](http://www.ecoeden.org.uk)**

### *Charitable Status*

Eden Community Outdoors is a Company Limited by Guarantee, No 04001951  
Registered Charity, No: 1084785 It is governed by Memorandum & Articles of Association.

### *Charitable Objectives*

To promote the education and recreation of young people between the ages of 5 and 25 primarily, but not exclusively, in the borough of Eden District Council, .. to establish affordable, accessible projects which will involve such young persons in promoting the preservation, protection and improvement of the environment

### *Who Are We?*

<b><u>Trustees</u></b>	Chris Turner (Chairman)	<b><u>Staff</u></b>	Peter Bradbury (Chief Officer)
	Caroline Harbot (Treasurer)		Gemma Webb (Development Officer)
	Colin Duncan		Debbie Parkin (Finance Officer)
	Denise Park		Luke Evans (Youth Work Apprentice)
	Prof Jane Taylor		Rebecca England (Project Leader)
	Kathryn Westgarth		Dave Thornley (Project Leader)
	John Porter		Toni Spence (Project Leader)
	Luke Evans (Young Peoples Rep)		Zoe Macintosh (Project Leader)
			Anne Perry (Finance Support)
			Di Markham (Cleaner)

Barbara Hope also served as Trustees during the period under review. Trustees are recruited according to their expertise and professional or personal experience that will benefit the organisation (in budget and financial management, legal issues, governance and leadership, as well as knowledge of the services we provide within the community). When recruiting new members, ECO is sensitive to diverse backgrounds, ensuring that the board reflects, and respects, the culture of the community it serves. Trustees are recruited and appointed according to ECO Trustee Declaration and recruitment policy, which complies with company and charity law.

### *Key E-mail Contacts for Project Leaders/staff*

Arts project – Zoe McIntosh – [zoecoyote@btinternet.com](mailto:zoecoyote@btinternet.com)  
Woodland Project – Dave Thornley – [forestschoo1@ecoeden.org.uk](mailto:forestschoo1@ecoeden.org.uk)  
Euphoric Circus – Toni Spence – [entertrain@msn.com](mailto:entertrain@msn.com)  
Alston Café – Rebecca England – [alstoncafe@ecoeden.org.uk](mailto:alstoncafe@ecoeden.org.uk)  
Centre 67 Café – Zoe McIntosh – [zoecoyote@btinternet.com](mailto:zoecoyote@btinternet.com)  
Film project – Zoe McIntosh – [zoecoyote@btinternet.com](mailto:zoecoyote@btinternet.com)  
Appleby free runners – Toni Spence – [entertrain@msn.com](mailto:entertrain@msn.com)  
Development Officer – Gemma Webb – [creator23@hotmail.co.uk](mailto:creator23@hotmail.co.uk)  
Finance Officer – Debbie Parkin – [Finance@ecoeden.org.uk](mailto:Finance@ecoeden.org.uk)  
Admin – Anne Perry – [admin@ecoeden.org.uk](mailto:admin@ecoeden.org.uk)  
Youth Worker (Apprentice) – Luke Evans (*young person trustee rep*)  
Climbing Club/Wall – Elliott Linnen [appleby.climbing@live.co.uk](mailto:appleby.climbing@live.co.uk)  
Computer Training - *Vacant*  
Chief Officer – Peter Bradbury – [Peter.bradbury@live.co.uk](mailto:Peter.bradbury@live.co.uk)  
Chair of Trustees – Chris Turner

### *Volunteers (Young and Old)*

Many people have given their time and expertise over the year, for which ECO is grateful. Young people have taken part in shows, workshops and events around the district. All have contributed to ECO's success in its field.

#### **Patrons**

Alex Chalmers, Appleby Time Bank  
Sue Fell  
Brian Simpson, MEP

In compiling this report, the Trustees have complied with the duty in section 4 of the 2006 Charities Act to have due regard to guidance published by the Charity Commission. The report has also been prepared in accordance with the small companies' regime.

### *Chairman's Report*

This year has seen the Trustees and staff focus on the need for financial short and medium term sustainability for both core costs and projects. This is centered on the need to reduce reliance on increasingly competitive grant applications and further develop income from service provision. 2009 ECO restructure its staffing team and introduced a number of key roles to take the organisation forward and meet the demands of the new 3 year strategic business plan, these roles included new Chief Officer, Finance Officer and Development Officer, ECO has also taken on a young person on a Youth Worker apprenticeship.

Centre 67 was given a substantial makeover with the benefit of the Youth Capital and Opportunities Fund from Cumbria Youth Support Services, including new offices (downstairs), meeting room, art and multi-media studio and a new climbing wall in the main hall. The climbing wall has been a great success, it brings in new groups to the centre and widens ECO's community reach.

The highlights of the year have been, Euphoric Circus have been busy with events including the end of year show in June, a circus training session for Blue Peter presenter Helen Skelton, and the Fire and Light display which had over 500 people in attendance. Young people and staff attended SHOWZAM in Blackpool during February this is an Arts Council funded opportunity to meet other young people engaged in circus skills

The Art Group had a trip to the Banksy Exhibition in Bristol during August this enabled the group to explore urban and graffiti art. Various events have also been supported by the Twisted Fork Cafe which has been open on a part-time basis this year. The 'Scran Shed' cafe in Alston has been assisted this year by British Gas who replaced the heating for free in the autumn which given that they still have snow at the end of May has been very welcome!

The woodland project has continued to develop its work range with schools and has started a Sunday 'in the woods' project near Cliburn for young people to develop woodcrafts, cooking and fun!

ECO took the decision not to run the summer weeks in 2009 given the sheer volume of development with the projects and Centre 67, however will be running 2 weeks in 2010 with funding assistance from a number of supportive funders.

Finally our thanks go to all our staff, project leaders, volunteers, young people, funders, and friends in the community for the huge range of support you have given us over the past year and hope you will agree that together so much has been achieved and together we can further develop our potential on a sustainable foundation.

*View from the Chief Officer – Peter Bradbury*

In early March 2009 I was offered the position of Chief Officer and took up the post from June 1<sup>st</sup> 2009. I was initially hesitant about the post as ECO had only just managed to financially survive, I wasn't entirely sure that I was the right man for the job, as I worked within the learning disability field for over 15 years and did not have an extensive experience of the youth sector. Over the past year the transition into the youth sector, the unique way ECO approaches its work, the knowledgeable staff, volunteers and trustees have ensured that my own personal development and learning has been both enriched and enhanced.

During 2009/10 ECO has continued to grow and develop its range of services that it offers to children and young people, the most recent developments include the first climbing wall in Appleby, new computers including free Wi-Fi facilities and a range of improved facilities make ECO an exciting place to be.

The aim for 2010/11 we will continue to grow and develop our range of services that we offer, build stronger partnerships and deliver our grassroots provision in line with our core values that are set out in our new 3 year business plan (2009-11).

*Woodland Project –Leaders Dave Thornley & Dave Corrie*

**Number of participants or membership no over the year (5-13 yrs) is 660 and 13-25 yrs is 60. Total number supported by the project is 720.**

*(Dave Corrie)*

*(Dave Thornley)*

### **Project Overview**

*School based forest school programmes* – The project has worked with seven local primary schools across the Eden District, Dave and Dave deliver outdoor informal education in the form of green woodwork, bush-craft and conservation work. The project has also delivered several one off sessions with other educational establishments, such as Samuel King's School (Alston) and supported Duke of Edinburgh students, and the Hawes End LEA centre. In addition the project runs (on selected weekends) a 'forest club' which is open for parents to attend with their children.

### **For 2010/11**

We will continue to build on our successful schools programme, supporting our existing schools and we aim to develop links with new schools who wish to work with our project. We are also aiming to establish a 'young leaders' programme for young people who are keen to develop their skills further, possibly leading to qualifications and work experience. Our weekend programme will continue to develop and we hope to offer a range of new activities and focus on improving the woodland site that we currently use.

*Euphoric Circus –Leader Toni Spence*

**Number of participants over the year (5-13 yrs) is 66 and 13-25 yrs is 443. Total number supported by the project is 509.**

*(Toni & Chris from Euphoric Circus)*

*(Working with the BBC'S Blue Peter Presenters on Circus Skills)*

## **Project Overview (Euphoric Circus)**

Euphoric Circus is based from Centre 67 in Appleby, the project was established by a young person who was interested in circus skills and magic. The project enables children and young people to develop a wide range of skills that include performance, circus specific skills (juggling, unicycle, trapeze, a range of aerial arts) confidence building and most of all having fun. The project youth led that also trains young leaders who want to both lead and perform in public shows and community events, these events are held across Cumbria throughout the year.

The project also runs an outreach program facilitating workshops to visit youth groups and events around Cumbria. As part of the project objectives events are produced at centre 67, these include an end of term cabaret and the annual festival of fire and light (see the 2009 event at [www.youtube.com/results?search\\_query=appleby+fire+and+light+show&aq=f](http://www.youtube.com/results?search_query=appleby+fire+and+light+show&aq=f)) We are members of the national youth circus association and meet once a year to train and network with other youth circus groups (2009 London, 2010 Blackpool & 2011 Sheffield).

## **For 2010/2011**

The project will continue delivering workshops and performances in circus skills throughout Cumbria in 2010 and will continue to deliver quality workshops and encouraging a healthy lifestyle. We will continue to support the harder to reach young people (including NEET's) to prepare to move on to further employment/education within and outside of ECO

## **Session times**

Tuesday 5.30pm to 7.30pm for circus skills @ centre 67 (Appleby)

Tuesday 7 30pm to 9 00pm for Free-running @ centre 67 (Appleby).

Wednesday 5 00pm to 7.00pm aerial arts skills @ centre 67 (Appleby).

Thursday 5.00pm to 7.00pm Circus and specialist skills @ Kirkby Stephen Grammar school

*Appleby Free-runners –Leader Toni Spence*

**Number of participants over the year (5-13 yrs) is 12  
and 13-25 yrs is 12. Total number supported by the  
project is 24.**

### **Project Overview (Appleby Free-runners/Parkour)**

Appleby free runners meet each week at Centre 67 to train and develop their skills and routines. The Appleby parkour (free-running) display team have attended a number of community events during the year, they performed at events including Teen Life Carlisle, Lakes Alive Barrow, Bolton Fair, Appleby agricultural show, Skate park (Penrith and Workington) and for the local Rotary club. Monies raised from these events was used to purchase some new training equipment, such as a spring board.

*Art Project –Leader Zoe McIntosh*

**Number of participants over the year (5-13 yrs) is 18 and 13-25 yrs is 24. Total number supported by the project is 42.**

### **Project Overview (Art)**

The Art project explores a wide range of activities that have included, graffiti art, tee shirt design and manufacture, clay, sculpture, junk art, costume and mask making. The art group has been on a number of related trips that include a trip to Bristol to see the Banksy exhibition at Bristol Museum. Throughout the year we have worked with a range of local professional artists who have provided master-classes such as three artists from Manifesto Clothing to work with them helping to develop t-shirt designs which they later printed in a workshop with Andrew Parrini.

*Film Project –Leader Zoe McIntosh*

**Number of participants over the year (5-13 yrs) is 4 and 13-25 yrs is 15. Total number supported by the project is 19.**

### **Project Overview (Film)**

After various short-term projects the arts group then moved on to comic strips, developing characters and using collage etc to create effects. Over the year they have created seven short films: 10 Things I hate about Christmas, The Flight of Happiness, Orangiboom, Gazellathon, Lampost Attack, Super power pass it on, and Guy Ball-a way of life. The young people engaged



in every aspect of creating the films, storyboarding, costume and prop design, acting, directing, filming and editing. They have also experimented with stop-motion animation and creating special effects

The group also went to Glasgow to participate in the Glasgow Youth Film Festival; they attended the event for three days, watching films made by and for Young People. The group were inspired by the event and held a screening of their own films shortly after returning. They hope to be able to put on regular screenings of their own films and those of other groups throughout the year.

*Scran Shed (Alston Community Café & Youth With Altitude) –  
Leader Rebecca England*

**Number of participants over the  
year (5-13 yrs) is 19 and 13-25 yrs is  
33. Total number supported by the  
project is 52.**

### **Project Overview (Scran Shed – Alston)**

The Scran Shed is a Youth Café on the main street in Alston, the most rurally isolated town in the region. The project offers young people a place to come, meet friends and take part in events, training, activities and volunteering. The space is open two evenings a week, Tuesday 3.30pm-5.30pm & 6.30pm-8.30pm and Wednesday 6.30pm- 8.30pm. Sessions have often had a focus on an issue such as drug and alcohol, sexual health, domestic violence in young relationships, housing, community, politics and many more. From this base in Alston the project has been able to provide a number of 'one off' initiatives, such as a sailing expedition that enabled ten young people the opportunity to spend seven days and nights sailing, sleeping, cooking and navigating around Arran and Bute with OYT Scotland. From the café in Alston we also run the youth group, 'Youth With Altitude' (the Alston committee of young people running this project) held the first AGM in January where twelve young people became members and took on roles and responsibilities within the project.

### **For 2010/2011**

The project has identified a number of key areas that it wants to improve during 2010/11 these include:

- Complete refurbishment of basement and open as a games room. Re-paint entire space by end of June 2010.
- Offer an exam and revision support service during May, June and July.
- Extend opening times to include a session for under 12's at least every two weeks beginning with a trial in April 2010.
- Youth With Altitude (the Alston Committee) to employ two young people as coordinators for 3 months May – August and offer them training.
- Find funding for two more -coordinators September – December 2010.
- Café open and begin to generate an income by September 2010.
- Take part in the National Play Day event locally (August).
- Encourage local people to volunteer with the project (register with V involved).

## *Climbing Club/Wall Project Leader- Dave Thornley (temp)*

*(Construction Feb 2010)*

### **Project Overview (Climbing)**

During July and August 2009, the climbing club made 8 day trips to outdoor climbing venues in the Lake District. During February 2010 the construction of our latest project started, this is a resource that has captured the communities' imagination and attracted 48 new members within the first 2 months of opening. The second phase of the wall is due to be built in late July 2010 and will extend the climbing surface from 6 ropes to 8 ropes. It is envisaged that formal climbing training qualifications will be available from summer 2010. The climbing club has invested in training a further 6 (site specific) instructors, all have come from the local community and local school.

## *Centre 67 Community Centre - Leader Gemma Webb*

The Centre continues to be at the heart of many ECO activities and in late 2009 we were awarded a grant of £56,000 from Cumbria Youth Support Services that enabled us to provide the centre with a much needed makeover. With full consultation with our young people we have moved a number of rooms around and created a new meeting room from our old Art store. This year we have been able to introduce a number of new activities into the centre that include:

- New Indoor Climbing Wall
- New Meeting Room/project room
- New Drop in Area (with new two new pool tables and air hockey table)
- New Computer Area (with 5 new internet enabled computers)
- New Stage in the main hall
- New Storage facilities
- New Art room (including for the first time a sink and running water)

*Show in the main hall*

*ECO Open day poster*

*New drop in facilities*

During late Oct 09 we secured funding from the 'Community Cash-back' fund that enabled us to provide the local community (young people and families) with the opportunity to undertake a wide range of free workshops that included

- Samba Drumming
- Music and DJ workshops
- Stilt making and stilt walking
- Costume design and making
- Circus skills tasters
- Climbing
- Fire show/circus skills training

**Number of participants over the year (5-13 yrs) is 112 and 13-25 yrs is 233. Total number supported by the project is 345.**

- Tee shirt design and printing/making
- Art tasters
- Film making and editing
- Extended drop in

The events ran for each Saturday and Sunday from October 2009 to the end of March 2010 and culminated in an open day that was attended by the Mayor and Lady Mayor of Appleby

### *Twisted Fork Community Café (Appleby)*

The project's aims are to offer temporary employment to local young people, increase healthy eating, and promote and sell real food made from raw ingredients. The project is looking to increase sustainability and increase the healthy eating prospects of the café. The Foyer and café have been recently decorated by volunteers and is the venue for the Community Café that opened officially in January 09. The latest edition to the café has been the introduction of a computer area that enables the café to become an internet café (the first in Appleby)

*Computer area for internet access, learning and homework*

### **Our funders and supporters during 2009/10**

Rank Foundation  
 Hadfield Trust  
 Adventure Capital Fund  
 Cumbria County Council - Eden Neighborhood Forum  
 Cumbria Community Foundation  
 Eden Arts  
 Cumbria County Council – Children, Youth Support Services (Youth Opportunity & Capital Funds)  
 National Lottery – Awards for All  
 Tudor Trust  
 Francis C Scott Trust  
 Freda Scott Trust  
 Community Cash Back Fund  
 Cumbria Police  
 Mrs Hannah Kennington Trust

## **FINANCIAL INFORMATION**

The trustees (who are also directors of Eden Community Outdoors Limited for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently,
- observe the methods and principles in the Charities SORP;
- make judgments and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements,
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 1985. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

### **Reserves Policy**

The Trustees have examined the requirements for reserves in light of the main risks to the organisation and have agreed a policy whereby that unrestricted funds not committed or invested in tangible fixed assets held by Eden Community Outdoors should be between 3 and 6 months of the annual core expenditure.

### **Sue Bennett Memorial Fund**

Monies collected in memory of Sue have been placed in an investment account. It is intended that the interest (currently £25) will be used annually for the benefit of an individual young person who has shown particular skills and/or progress

# STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDING 31 MARCH 2010

	UNRESTRICTED FUNDS 2009-10 £	RESTRICTED FUNDS 2009-10 £	TOTAL FUNDS 2009-10 £	TOTAL FUNDS 2008-09 £
<b>INCOMING RESOURCES</b>				
<b>Incoming resources from generated funds</b>				
Voluntary income:				
Donations and grants	3,270	165,535	168,805	118,845
Activities for generating funds				
Investment income	122	0	122	1,757
<b>Incoming resources from charitable activities</b>	25,975	17,442	43,417	45,122
<b>Other incoming resources</b>	4,999	0	4,999	1,077
<b>TOTAL INCOMING RESOURCES</b>	<b>34,366</b>	<b>182,977</b>	<b>217,343</b>	<b>166,801</b>
<b>RESOURCES EXPENDED</b>				
<b>Costs of generating funds</b>				
Costs relating to				
Charitable activities	36,095	133,060	169,155	167,517
Governance costs	1,199	1,711	2,910	2,319
<b>Other resources expended</b>	5,105	0	5,105	3,156
<b>TOTAL RESOURCES EXPENDED</b>	<b>42,399</b>	<b>134,771</b>	<b>177,170</b>	<b>172,992</b>
<b>NET INCOMING/OUTGOING RESOURCES BEFORE TRANSFERS</b>	<b>-8,033</b>	<b>48,206</b>	<b>40,173</b>	<b>-6,191</b>
<b>TRANSFERS</b>				
Gross transfers between funds	52,399	-52,399	0	0
<b>Net incoming/outgoing resources and net income/ expenditure for the year</b>	<b>44,366</b>	<b>-4,193</b>	<b>40,173</b>	<b>-6,191</b>
<b>RECONCILIATION OF FUNDS</b>				
Total funds brought forward	14,981	58,133	73,114	79,305
Total funds carried forward	<b>59,347</b>	<b>53,940</b>	<b>113,287</b>	<b>73,114</b>

# **BALANCE SHEET AS AT 31 MARCH 2010**

	NOTES	2009-2010 £	2008-2009 £
<b>FIXED ASSETS</b>			
Tangible assets		35,799	883
<b>CURRENT ASSETS</b>			
Debtors		13,690	4,374
Cash at bank and in hand		<u>92,532</u>	<u>74,842</u>
		106,222	79,216
<b>LIABILITIES</b>			
Creditors: amounts falling due within one year		<u>(28,734)</u>	<u>(6,985)</u>
		77,488	72,231
		<u>113,287</u>	<u>73,114</u>

## **THE FUNDS OF THE CHARITY**

Restricted income funds			
Funds in deficit:			
Topp		(261)	(537)
Funds in surplus		<u>54,201</u>	<u>58,670</u>
		53,940	58,133
Unrestricted income funds			
		<u>59,347</u>	<u>14,981</u>
		<u>113,287</u>	<u>73,114</u>

For the financial year ended 31 March 2010, the charity was entitled to exemption from audit under section 477(1) of the Companies Act 2006, and no notice has been deposited under section 476(1) requesting an audit. The directors acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and preparing accounts which give a true and fair view of the state of affairs of the charity as at the end of the year and of its income and expenditure for the financial year in accordance with the requirements of section 394 and which otherwise comply with the Companies Act 2006, so far as applicable to the charity.

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime under the Companies Act 2006 and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

The financial statements were approved on behalf of the trustees by

C. M. Turner (Chairman) 21/10/2010 Date  
C. M. TURNER