

**Be Free And Fresh Limited Filleted
Accounts Cover**

Be Free And Fresh Limited

Company No. 09124329

Unaudited Accounts

30 June 2020

Be Free And Fresh Limited Directors**Report Registrar**

The Director presents her report and accounts for the year ended 30 June 2020.

Principal activities

The principal activity of the company during the year under review was food and drink services.

Director

The Director who served during the year was as follows:

E. Maresova

The above report has been prepared in accordance with the provisions applicable to companies subject to the small companies regime as set out in Part 15 of the Companies Act 2006.

Signed on behalf of the board

.....
E. Maresova

Director

01 December 2020

**Be Free And Fresh Limited Balance
Sheet Registrar
at 30 June 2020
Company No. 09124329**

	2020	2019
	£	£
Fixed assets	2,823	1,123
Current assets	16,118	20,505
Prepayments and accrued income	112	-
Creditors: Amounts falling due within one year	(74,537)	(84,733)
Net current liabilities	(58,307)	(64,228)
Total assets less current liabilities	(55,484)	(63,105)
Accruals and deferred income	(2,580)	(2,166)
	(58,064)	(65,271)
Capital and reserves	(58,064)	(65,271)

NOTES TO THE ACCOUNTS

1 Basis of preparation

These accounts have been prepared in accordance with the micro-entity provisions of the Companies Act 2006 and FRS 105 - The Financial Reporting Standard applicable to the Micro-entities Regime (March 2018).

2 Employees

	2020	2019
	Number	Number
The average monthly number of employees (including directors) during the year was:	2 ₃	4 ₅

3 General information

Its registered number is: 09124329

Its registered office is:

Rmu3

Fulham Broadway Shopping Cen

London

SW6 1BW

For the year ended 30 June 2020 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The functional and presentational currency of the company is Sterling. The accounts are rounded to the nearest pound.

These annual accounts have been delivered to the Registrar in accordance with the special provisions applicable to the companies subject to the small companies regime.

The accounts were approved by the board of directors on 01 December 2020 and signed on its behalf by:

E. Maresova - Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.