



*Companies House*  
— for the record —

**AR01** (ef)

**Annual Return**



XG1GQGTT

Received for filing in Electronic Format on the: **20/01/2010**

---

*Company Name:* **FF TRAINING LIMITED**

*Company Number:* **06784141**

*Date of this return:* **06/01/2010**

*SIC codes:* **9133**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **67 BLACKWELL ROAD  
WORTHY DOWN  
WINCHESTER  
HAMPSHIRE  
ENGLAND  
SO21 2QX**

**Officers of the company**

*Company Secretary* **I**

*Type:* **Person**

*Full forename(s):* **MR NEIL WAYNE**

*Surname:* **WICKS**

*Former names:*

*Service Address:* **67 BLACKWELL ROAD  
WORTHY DOWN  
WINCHESTER  
HAMPSHIRE  
SO21 2QX**

---

*Company Director* **1**

*Type:* **Person**

*Full forename(s):* **MR NEIL WAYNE**

*Surname:* **WICKS**

*Former names:*

*Service Address:* **67 BLACKWELL ROAD  
WORTHY DOWN  
WINCHESTER  
HAMPSHIRE  
SO21 2QX**

*Country/State Usually Resident:* **UNITED KINGDOM**

*Date of Birth:* **21/12/1981** *Nationality:* **BRITISH**

*Occupation:* **FITNESS INSTRUCTOR**

## Statement of Capital (Share Capital)

---

|                               |                 |                                |          |
|-------------------------------|-----------------|--------------------------------|----------|
| <b>Class of shares</b>        | <b>ORDINARY</b> | <i>Number allotted</i>         | <b>1</b> |
|                               | <b>GBP</b>      | <i>Aggregate nominal value</i> | <b>1</b> |
| <i>Currency</i>               |                 | <i>Amount paid</i>             | <b>0</b> |
|                               |                 | <i>Amount unpaid</i>           | <b>0</b> |
| <i>Prescribed particulars</i> | <b>NONE</b>     |                                |          |

---

## Statement of Capital (Totals)

---

|                 |            |                                      |          |
|-----------------|------------|--------------------------------------|----------|
| <i>Currency</i> | <b>GBP</b> | <i>Total number of shares</i>        | <b>1</b> |
|                 |            | <i>Total aggregate nominal value</i> | <b>1</b> |

---

### *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 06/01/2010 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for a private or non-traded public company are shown below*

*Shareholding 1:*

**1 ORDINARY Shares held as at 06/01/2010**

*Name:* **NEIL WICKS**

*Address:*

## *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.