



Companies House

**AR01** (ef)

**Annual Return**



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*Company Name:* **EK MARTIAL ARTS & FITNESS LIMITED**

*Company Number:* **SC356893**

*Date of this return:* **19/03/2014**

*SIC codes:* **93199**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **33 KITTOCH STREET  
EAST KILBRIDE  
GLASGOW  
SCOTLAND  
G74 4JW**

**Officers of the company**

*Company Director*    ***I***

*Type:*                                **Person**

*Full forename(s):*                **MR JOHN DUNWOODIE**

*Surname:*                            **CRAIG**

*Former names:*

*Service Address:*                **123 TEAL CRESCENT  
GREENHILLS  
EAST KILBRIDE  
LANARKSHIRE  
G75 8UT**

*Country/State Usually Resident:*    **SCOTLAND**

*Date of Birth:*    **09/01/1966**                                *Nationality:*    **BRITISH**

*Occupation:*    **MARTIAL ARTS INSTRUCTOR**

*Company Director* 2

*Type:* **Person**  
*Full forename(s):* **ROBERT**

*Surname:* **THOMSON**

*Former names:*

*Service Address:* **106 BRIARCROFT ROAD  
ROBROYSTON  
GLASGOW  
G33 1**

*Country/State Usually Resident:* **SCOTLAND**

*Date of Birth:* **23/08/1969** *Nationality:* **BRITISH**  
*Occupation:* **FITNESS INSTRUCTOR**

## Statement of Capital (Share Capital)

<b>Class of shares</b>	<b>OTHER</b>	<i>Number allotted</i>	<b>2</b>
		<i>Aggregate nominal value</i>	<b>2</b>
<i>Currency</i>	<b>GBP</b>	<i>Amount paid per share</i>	<b>1</b>
		<i>Amount unpaid per share</i>	<b>0</b>
<i>Prescribed particulars</i>			
<b>FULL VOTING &amp; DIVIDEND RIGHTS</b>			

## Statement of Capital (Totals)

<i>Currency</i>	<b>GBP</b>	<i>Total number of shares</i>	<b>2</b>
		<i>Total aggregate nominal value</i>	<b>2</b>

### *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 19/03/2014 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for the company are shown below*

*Shareholding 1* : **1 OTHER shares held as at the date of this return**  
*Name:* **JOHN DUNWOODIE CRAIG**

*Shareholding 2* : **1 OTHER shares held as at the date of this return**  
*Name:* **ROBERT THOMSON**

### *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.