

Registered Number 09339240

HEALTHY OPTIONS FOR YOU LIMITED

Dormant Accounts

31 December 2019

Balance Sheet as at 31 December 2019

	2019	2018
	£	£
Current assets		
Cash at bank and in hand	100	100
Net assets	100	100
Issued share capital		
100 Ordinary Shares of £ 1 each	100	100
Total Shareholder funds	100	100

STATEMENTS

- For the year ending 31 December 2019 the company was entitled to exemption under section 480 of the Companies Act 2006 relating to dormant companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 28 September 2020

And signed on their behalf by:

Anthony Goulding, Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.